

RAMI BLECKT, PH.D.



There are very few people nowadays who are able to make contact with their inner self, to build a harmonious relationship with their family and with nature. If you meet such a person, you'll see that he or she is successful, healthy and very happy. Long ago it was noticed that the people who were most successful and have made distinguished careers were those who were able to establish good relations and negotiate with others.

Over many millennia throughout human history there have been civilizations that flourished in all respects, many of which have left us such masterpieces of architecture that we are not able to repeat, that we can hardly even understand how they came to be created.

The Pyramids of Egypt, ancient cities of Latin America, the Southern Urals, and India, and many more examples, are only a tiny part of the vast achievements of our predecessors on this planet. These civilizations were based on certain knowledge in their perception of the world, given from above, and lived in harmony with nature.

This knowledge was clearly developed and recorded in the ancient Aryan civilization; their influence can also be seen among the Jews, the Greeks and in ancient Arabic books. If we live in accordance with this knowledge, the stars will be on our side, the Universe will become our best friend, and each new day will give us health, good luck and happiness.

This book will teach you how to apply these principles, how to find one's place in this world and collaborate with the Universe.

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Rami is a trained psychologist, yoga teacher, Ayurvedic teacher and astrologer, who brings to this study much experience and knowledge. His is not just an academic presentation but the result of many years of personal practice, teaching and counseling.

We must thank Rami for his service and can only wish that he continues with additional contributions to the cause of the greater well-being for all.

Dr. David Frawley  
Professor, author of more than twenty world wide best sellers

RAMI BLECKT, PH.D. HOW TO MAKE A DEAL WITH UNIVERSE

# HOW TO MAKE A DEAL WITH THE UNIVERSE OR THE PLANETS' INFLUENCE ON OUR FATE AND HEALTH

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OR

THE PLANETS' INFLUENCE ON OUR  
FATE AND HEALTH



2011



**Rami Bleckt, Ph.D.**

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## PREFACE

The introduction below is taken from my first book published in English – «10 steps to Happiness» – and actually it is suitable here as almost the same team was working on it and major publishing house in Russia started to publish it in 2011. I would like to mention that after this book (about Planets) was published in Russia we received lots of very positive feedbacks, and, what I like the most, also from people who are not related to the Vedic astrology and psychology , but it was helpful and interesting to everybody.

I am sure that it will be very useful for you as well.

I want to thank with all my heart Sergey Medvedev, Julia Shell, Olga Shiriaeva, Utkina Maria, Anna Skorobogatova, Natalia Agranat, Alexandra Laguteeva, Yulia Degerli, Angela Arhipova and everybody who helped me with this book. Without their strong desire and great efforts this book wouldn't have been published. Especially I am grateful to professor David Frawley, thanks to him I understood how it is important for a person to understand the influences of planets.

## An Appeal to English-Speaking Readers

I am delighted that this book is being published in English and am indebted to those who have helped make this a reality, through their enthusiasm and determination. Those who have assisted were inspired after reading the Russian edition of the book. These people are of various religions, ages and nationalities: Christians, Jews, Sufis (Islamic religious movement), Hindus and yogis, as well as people who are not strict adherents of any religion, yet who just want to be happy, healthy and successful.

English-speaking people have managed to create many of the prosperous states throughout the world where people of various



nationalities and religions are welcome to live. Now I am living in Canada and feel comfortable here because I myself have a mixture of different bloods: Russian, Jewish, Ukrainian, English and even Finnish (from my great-great-grandmother). I grew up in Central Asia and have had lots of Muslim and Buddhist friends since childhood. I have always wanted to find laws and principles that may allow all people, irrespective of their age, nationality or religion, to quickly achieve personal fulfillment.

After this book was published in Russian, I received numerous responses from readers showing their appreciation for the ideas I had tried to convey. I was informed by the Russian publishing house that the second edition of the book was a best-seller in August 2009.

Although I don't use Jewish canons in this book, the English translation was edited by a Rabbi who believes that this book will be useful for everyone and that it must appear in the English language.

I sincerely hope that this book will be interesting and helpful for you, too!



# INTRODUCTION

In the spring of 1995 I gave an astrological consultation for the first time in my life, and despite of an initial distrust in the mood of the consulted person, the consultation was very successful. At present I have examined about ten thousand charts, but working with the first few hundred charts was the most exciting and memorable. The reason was not only «novice syndrome» inside myself, I could not believe that it really worked, and that the distant planets had a very real influence on our lives.

From childhood I had always been quite a practical man and seldom anything took on trust unless I had seen evidence to back it up. In 2001 I began teaching astrology in Israel and later in Kazakhstan and Moscow, and my faith only strengthened. Most of my students were people with higher education - doctors, teachers, accountants, financiers, successful businessmen, programmers, managers of medical clinics... They, as well as me, were not sentimental or credulous idealists.

My system of training is based on concrete examples, on real cases (including studying of students' charts themselves). There was an influential banker among my students, a member of management in one of the biggest Russian banks, as a result he successfully applied his acquired knowledge to business also. Not all of my students became practicing astrologers, but almost all of them significantly improved their fate and health once they learned to live in harmony with the planets. In general, the purpose of this book is to give people the basic practical knowledge necessary for successful, healthy and happy life in this world.

Everyone knows about the rough influence of the planets, many scientific articles are written about sun storms, we can find literature on the influence of the moon on the living world in any bookstore. Yet we know almost nothing about the subtle influence of the planets. We have the same situation with our body, many people have studied anatomy and physiology intensely, but quite few know

of the subtle energy channels (nadi) that penetrate a body, about the energy centers (chakras), on whose harmonious functioning depend our physical and mental health, and indeed our destiny. This information may invite skepticism, but anyone who has been treated by a master of acupuncture can confirm its effectiveness, irrespective of his belief in the existence of a subtle body.

Not long ago in Moscow I received an ayurvedic massage from such a master, who had studied marma therapy in India for many years. (The Marmas are biologically active points, placed at vents of energy channels to the skin. The subtle body connects to the physical one at these points.) He stimulated certain points for a mere ten minutes, and as a result I felt a burst of energy and the state of sickness passed.

The main planets similarly influence on the subtle level and determine our fate, regardless of our belief in their effect. It is not the main purpose of astrology to predict, but rather it is necessary to help us choose auspicious periods for one action or another. Its task is to help us to take the various planetary rhythms into account in our life. The future depends on God, and to some extent on our thoughts and actions in the present. Initially astrology was oriented to bring the human race closer to the Divine, in order to make our life more harmonious, healthy and happy.

In modern Russia some prejudice exists against astrology, partly due to the fact that many modern astrologers regularly publish nearly apocalyptic predictions in the press that never come true. Some people give advice on TV, mixing together magic, astrology and various superstitions (although apparently they need psychological or even psychiatric help themselves), and every newspaper publishes so-called horoscopes for a day, a week or a month that have nothing to do with reality.

The biggest problem is that modern astrology has strayed very far from its roots, Vedic astrology, and what is taught in the modern astrological schools is instead a collection of various speculative ideas and rules, which are absolutely unscientific, are not confirmed

by practical experience and do not contribute to mind purification and person's approaching to Divine. The Vedic astrology was given to enlightened sages in meditation; its effectiveness has been proven over the course of millennia, and each year ever more scientific evidence of its principles appears.

Initially, the Slavs, as well as other representatives of the ancient Aryan culture, built their lives based on this knowledge. If you've heard about the Old Slavonic city Arkaim found in the Urals, which is amazing in its exceptionally high cultural level in all aspects, then you probably would know that it was built on the basis of Jyotish (Vedic astrology). Several such cities have been found. They are dated at more than 10,000 years.

It is said that learning music brings good over the course of a number of years, but in the case of the Vedic astrology and Ayurveda it is possible to derive great benefit from the very beginning of the study. Of course, anyone wishing to become a professional astrologer needs to study for many years, take special courses, order manuals... One book cannot present all the fullness of Vedic knowledge, but the structure of this book is designed in such a way that you can easily find all the necessary information to become happy, healthy and successful.





# Our Body is a Universe in Microcosm

The Vedas, like other God-given revelations, assert that we are parts of God, created in His image and likeness. On the spiritual level we are small portions of Brahman (the Supreme Spirit, the Absolute Truth) and on the material level our body is also a Universe in miniature. Just as any organ will be satisfied and get all the necessary components for its vital functions only if it properly serves the entire body, so any living creature can be happy only if on the spiritual level one is living God's love, devoting oneself to the service of God and all living beings (seeing them as an extension of Him), and on the physical level living in laws of the physical Universe, close to nature, eating and resting according to the routine established by nature, using only healthy, natural food and clean water, taking into account various natural rhythms, especially lunar ones. All civilizations until modern times used to live in accordance with the moon calendar. Even modern scientists have proved that our body is tuned to the moon cycle and that it is much more useful and natural for us to live according to the lunar calendar than the artificial solar calendar, conventionally accepted and used by most people.

## Our Relationship with the Planets

Most people underestimate the influence of planets on our life, and many do not believe in it at all, although they know about magnetic storms, the solar activity days when the number of accidents increases and heart troubles escalate. This shows how distant we have become from nature.

Modern science considers time not as some vacuous continuum, a mere external setting of events. It is a force field that depends on the gravitational force of objects within it, of which the main one for us, people living on Earth, is the Sun along with the other planets, which have strong magnetic fields.

Planets are luminous nodes of a vast energy grid, consisting of thin power lines connecting the entire solar system in a single organism. Despite the fact that the planets seem very far away, their energy fields reach the Earth and affect the structure of life on earth, including also our bodies and souls, as while moving in their orbits, each planet absorbs and emits energy. They all transmit energy with a certain wavelength needed to maintain order in the solar system. Radiation from the planets creates constantly changing energy structures, from which life and all creation are interwoven.

From the theosophical point of view the Creator creates by means of the planets. The planets reflect a cosmic intelligence that rules all existence through the power of time.

Being masters of time, the planets are also the agents of karma (destiny). They indicate the cosmic energies we may develop in the course of our life and the level at which this development takes place. They are forces that influence us, but can also harm us.

We all live in the ocean of cosmic influences which are transmitted by the planets. Not having true knowledge, we do not even realize their existence, and at any time we run the risk of fate dealing us a blow, which could have otherwise been avoided. Coming up against such negative cosmic energy may manifest itself in our lives through various tragedies and accidents: diseases, conflicts, deaths. On the communal level they take the form of wars, epidemics and natural disasters. However, a spiritually developed person has the ability to avoid most of these troubles. Ancient Indian astrology helps us develop an inner vision, which enables us to safely navigate our ship through the stormy sea of life.

One of the important rules we need to understand is that every one of our actions and even thoughts falls under the «jurisdiction» of one of the planets. Depending on its nature and action, it can improve the effect of this planet, bringing good luck and happiness in those areas of our life for which the planet is responsible, or on the contrary may make it worse.

The enlightened sages teach that nine planets have an influence on us. Seven of them have physical mass, and two are shadow planets. Despite the fact that we cannot observe them through a telescope, in many cases their influence is even stronger than the influence of the visible planets.

There are seven major energy centers (chakras) in our body, and each of our thoughts and actions either causes some of the chakras to work more harmoniously, which makes us healthier and happier, or conversely disrupts the harmony, which eventually leads to severe emotional states and produces diseases. The seven visible planets are energy centers, whose operations are the basis of all processes occurring in the Universe or in human life. They are conductors of the law of karma. Each of our actions and thoughts can increase their positive influence on us or vice versa.

If a planet influences some area of our life strongly and positively - this area will flourish, giving us a lot of happiness with a minimum of effort on our part. On the other hand, if a planet influences us strongly and negatively, then whatever we do to improve the situation will yield insignificant results at best.

I have seen many times how it happens: for example, a certain couple may have no children, although doctors say that everything is normal and from the medical point of view there is nothing to prevent it. Until the couple eliminates the unfavorable planets' influence (or in rare cases, they wait for a more positive planetary period), children cannot be born.

In the early nineties I was in a small Indian town and I was impressed by the life and work of one of the great astrologers who lived there. He did not build person's horoscope at all, he just examined the person's aura, and he drew a chart based on it with the precise location of planets, and then could tell anything the consultant wanted to know. It is interesting that everything he said was true. Moreover, people who made charts manually stated that their charts coincided with what the master had seen.

## Energies and the Planets

In this book I would like to examine the subject of the planets in terms of the three basic energies of the Universe. Such an approach may seem slightly unusual, but it is very practical, and the information submitted in this way is much easier to learn.

There are three gunas of material nature, three basic energies in the material world that create, maintain and destroy the Universe: passion (Rajas), goodness (Sattva) and ignorance (Tamas). Guna is a Sanskrit term that literally means «strand», but this is a superficial translation. There is a more accurate and profound translation, given in the “Yoga Sutras”, which are the basis of Eastern psychology: gunas are «that which underlies all qualities.» Gunas penetrate through everything: thoughts, words, deeds, actions... Everything in this world is under their influence.

The planets can also influence us through one of the gunas or through a combination of them. We are always free to choose which of the three gunas should influence us, and our karma is decided as a result of that choice.

If a person acts, thinks, or communicates with others in ignorance or passion, there is a dramatic deterioration in karma. If a person draws forth the quality of goodness as it relates to a specific planet and lives in harmony with its principles, the influence of this planet will begin to grow more beneficial and bring health, happiness and success, even if the planet was weak at his or her birth.

In accordance with the psychology of yoga, gunas determine the inherent, essential structure of all things. We can say therefore that the qualities of each substance are dependent on the gunas.

From the natal chart it is impossible to determine exactly what guna a planet is in, because it depends on many premises, in particular a person himself by his behavior chooses the guna in which a planet is, or more precisely, in what guna a planet influences him. It is this behavior that can show how favorable or unfavorable the influence of the certain planet will be. The position of the

planet in the gunas can be determined only approximately. If the planet is weak, affected, then it is usually in Ignorance, the person is already born with the ignorant influence of this planet over him. If the planet is located well and strongly, then it is initially at least in the Passionate guna.

If a person has a planet completely in the guna of Ignorance, it is important to raise it at least to Passion, to develop the qualities of that planet in Passion, and then little by little to cultivate Sattva.

Sometimes strong planets, especially harmful ones, can do much damage to their horoscope owner and through him to others. Therefore, it is recommended not to overly strengthen the unfavorable planets in the kendras (corner houses of the natal chart), as they will surely be manifested in a person's character. For example, Hitler had a strong cold Saturn and a powerful fiery Mars and Sun, which coupled with the affected and oppressed Venus and Moon caused him enormous rigidity.

Initially the Sun, the Moon and Jupiter are in Goodness, Mercury and Venus in Passion, Mars, Saturn, Rahu and Ketu in Ignorance. It is desirable to temper those planets in Ignorance and Passion, especially if they are in a strong position in the chart, while heightening and maintaining the Goodness planets in their state of Sattva.

It is also very important to remember that one planet in the person's chart may be in one particular guna and another planet in another guna. Moreover, the effect of the planets is usually mixed. It can change even over the course of one day, depending on our thoughts, behavior, environment, etc.

The more we are under the Sattvic influence of this planet, the more harmonious, healthy and happy we can become. If even one planet dominates with the ignorant influence then this planet can seriously ruin our lives, bring much illness and suffering in its sphere of influence.

## Healing at a Karmic Level

Ayurveda and the enlightened teachers and healers assert that the causes of diseases can be found at three levels:

- **Karma.** The consequences of activities and ways of thinking that the person had in this life and in previous lives. The planets show this level.
- **Overbalance of Rajas (Passionate energy) and Tamas (Ignorant energy)** in the mind, and as a result in human life in general.
- **Doshas imbalance.** As a rule, the cause is that a person is not living according to his or her constitution type and/or external factors. (Details are described in my book: «Three Energies. Forgotten Canons of Health and Harmony.»)

The karmic level is the main one. If we do not work at this level, then sooner or later the disease will come as a result of our past thoughts and actions. Vice versa, if the karmic level is pure then no illness or hereditary characteristics will affect us.

Medicine attaches enormous importance to heredity and research of the human genetic code, as it enables us to find out what diseases can be inherited. One must receive special education to read and understand this code. But modern medicine does not go beyond the bodily conception, and it knows nothing about the karmic code that shows the soul's program for the current as well as the next incarnations. For example, I have a brother and we are very different in many respects: different fates, different diseases, and so on. This is due to differences in the karmic code, which is determined by the subconscious programs (samskara). First of all, this code is written in the astrological language – this is a natal chart, the most important document in our life. It is rather complicated and can only be read by an expert in ancient Indian astrology. Other astrology professionals either cannot read it at all or can see very little from it. Vedic horoscope is a karmic code, and in contrast to the genetic code, which shows only human potential, it specifies also when some particular event is most likely to happen.

Every one of our thoughts and actions either increases the favorable effect of a planet or decreases it.

This is a very extensive and profound topic. Below I am giving its key points that will help any reader to sort it out and improve one's karmic level and the karmic code.





# The Influence of the Sun

## General Information about the Sun, Classic Description

The Sun is not only the central luminary of the Solar System, but the particular embodiment of the cosmic universal light. In Vedic astrology the position of the Sun indicates a person's spiritual level, the causative body, that being which evolves from one incarnation into the next, which controls our fate by its will.

In the material world, the Sun is an embodiment of Divine radiance, of Brahman. In Islam God is described as the Supreme light. The Kabbala also says that we can comprehend the Creator only as a source of Divine light. Many people who have experienced clinical death say that they were in the presence of an unusually beautiful light, which seemed to consist of Love.

In the natal chart the Sun shows the level of a person's soul, to what extent one is able to shine, literally and figuratively. What is an aura? It is the light of our soul passed through our consciousness. The purer and higher our consciousness is, the lighter and brighter our aura is. They say that the heads of the saints are surrounded by a golden nimbus that can be seen even with the naked eye. According to our aura's color you can determine how healthy we are mentally, and consequently physically. In Ayurveda, it is considered that these two things are interrelated. The darker our aura is, the more illnesses and problems we have in our fate. But what causes our aura to darken? Where does this astral dirt come from? From our grievances, dejection, dirty thoughts, wishing bad to others, lies, fear etc.

Thought is material, as well as actions. No actions made by us ever disappear; they are connected with us every second. If we have done something bad, we think it stays in the past forever – but no, everything stays in our mind. It can be imagined as a big glass box,

where all our past thoughts, impressions and actions in this life as well as in previous ones are placed. We look at the world through it, and the degree of its transparence depends on the purity of our motivations. If they are not clean, then the whole world seems to be dirty and we cannot feel happy. However, the goal of all people is to become happy, and the task of Ayurveda is to help us achieve this. Nevertheless, the energy of happiness emanates from the Sun, and if we want to gain access to this source of happiness, we must live in such a way that our thoughts and actions should intensify the favorable influence of The Sun on us. This becomes possible when we begin building our relations with this world correctly.

If we honestly say: “I want to live for everybody, to bring happiness to others, and I am ready to do my duties towards everyone!”, then at this moment the energy of the Sun starts coming into us and fills us with the power of happiness. But as soon as we decide to live only for our profit, the Sun energy immediately goes away and the feeling of happiness disappears. Who is happier – people like mother Theresa or the so-called “new Russians”? According to the statistics, more than 70% of “new Russians” suffer from a variety of psychological disorders, from depression etc.

Therefore, the purpose of the Sun is to melt the false ego and revive the true one. True ego is the nature of the soul itself, which is that the soul wants to live for others, not for itself. We are miserable precisely because our thoughts and actions are in contradiction with our nature.

Purity of mind also depends on the Sun because both the Sun and mind have a fiery nature. Harmonious perception of the male active energy of the Sun makes the mind strong, whereas the Moon is the embodiment of female energy and is responsible for psycho-emotional condition of a person, it gives us possibility to feel calm and enjoy the present moment. The mind of a person who has weak contact with the Sun works inertly, it is difficult for him to think.

## The Sun in Ignorance

Externally the Sun in Ignorance appears as a hostile attitude towards the world, complaints, laziness, inability and reluctance to work for others, because it is precisely the Sun that gives us joy of creation, the ability to feel pleasure from activity. A person with a strong Sun always does everything with joy, as he understands that with his work he provides benefit for somebody.

If you feel bad and gloom is in your soul, try doing something for others, and you will feel joy, because the effect of Sun will soon rise to the mode of Goodness. Radost (“joy” in Russian) is an old Slavic word (the old Slavic culture is a Vedic culture), which means “Ra-dost” – that is, to give out the energy of Ra, Ra being the Sun. When you give light and happiness to others, you yourself become happier. Is it possible to imagine a person who is sincerely and selflessly doing something for others, yet is unhappy? Solar energy pours out of these people, and everything around them is filled with light.

It’s not only some kind of charity that can bring happiness, but even normal daily work, as long as it is unselfish and whole-hearted. For example, if you, sell something, you should not just try to sell as much as possible, but establish individual, personal and “with a soul” approach to each customer. Be attentive to them, advise which product is better, explain why, and then the energy of the Sun will flow through you.

To make life a joy, light, and happiness, we must want to give, because the Sun shines for all unselfishly. However, when a person has the Sun in Ignorance, he does not want to give.

If at night you eat foods that contain a lot of Sun (these include fruit, bread, grains, which are not digested at night), and stay awake at night, it also adversely affects the reception of solar energy. Waking up early, on the contrary, quickly raises the energy of Sun in Goodness. The Sun is the energy of life and activity. One who has the Sun in Ignorance finds it hard to get out of bed in the morning.



A person with the Sun in Ignorance is characterized by irresponsibility and constant lies. Such a person always blames others for everything, and if he does some activities, their aim is often to bring others suffering. For example, he can derive pleasure from seeing a neighbor in trouble, he is truly and genuinely glad when others feel bad, and gets very angry when forced to work for others.

Such people are very conceited, or, on the contrary, are too unsure of themselves, experiencing a painful dependence on opinions of others, unwilling or afraid to act. Often, the Sun in Ignorance causes an exaggerated desire for power, specifically power through violence – Ignorance implies violence. (Partly this is also a quality of Mars in Ignorance. Sun and Mars are very similar in their energy – these are masculine, fiery, daytime planets.)

A person whose perception of solar energy is under the influence of Ignorance, almost never smiles, may become angry for long periods of time, and is very arrogant although he may not have any special or exceptional qualities – or, conversely, he may suffer from an inferiority complex. He refers to others with extreme disrespect – especially to his father, his boss and the government, his life is completely meaningless. In order to achieve high position and honor such people can cause others pain and suffering.

## **The Sun in Passion**

Primarily, it causes excessive pride, a huge false ego, arrogance. A person can be affected even if he is not necessarily superior in any way, even a proud poor lazy good-for-nothing can become proud of himself. The Sun in Passion also causes one to become dependent on flattery, an insatiable desire for power and the desire to manipulate others.

Modern psychology is mainly influenced by the mode of Passion, its main goal is to teach a person to control others, to be proud of their shortcomings, to set up selfish goals and achieve them by any



means possible, to feel good when others feel bad, to work only for one's own profit.

It is interesting that the Sun in Passion enables a person to see only what he wants to see, whatever fits in with his wishes. He becomes very impulsive, selfish desires literally flood him. Usually such people are extremely active and mobile, always busy with something – but not for long enough, because after a while the Passion dissipates and is replaced with Ignorance (once a task is accomplished, the impulse is to celebrate). The main objective of a person acting under the influence of Passion is to achieve a prestigious position, a high rank, to ensure that others respect and honor him.

The man with the Sun in Passion is dependent on the opinions of others, he thinks that he is the centre of the Universe, that the whole world looks at him. People will forget about him in a day, maybe even earlier, but he will remember well, who said something to him and how, who gave him a look, and he will dwell upon it for a long time – because the ego is only interested in itself. Such people can smile to everyone, but will do it artificially, on the external level. Extravagance, the desire to stand out from the crowd, to “light up” (not a random word!) – are also most striking manifestations of the Sun in Passion.

The Sun in Passion is also manifest when a person is readily accepts responsibility, gives his word without thinking. As it is in the joke: “I am the master of my word: if I want, I give my word, and if I want – I take it back.” One of the main reasons of failed relationships is not keeping one's promises. If you want to have good relationships with your nearest and dearest, you have to be very careful about your words and write down the promises you make in order not to forget.

In contrast to the person with the Sun in Ignorance, who usually does not work too much, and if he does is angry with everyone, a person with the Sun in Passion is very active and energetic; he always strives for greater achievements. Such people are often quite

determined, but they have their own selfish goals and desires. If the horoscope of such person is strong, his ego may spread throughout the country, as, for example, Hitler, who had the Sun close to the degree of the highest point of exaltation.

These people are willing to accept responsibility only if it is profitable and promises to bring glory, their speech is full of self-praise. They show respect and good manners to their fathers and to various authorities only if they have something to be respected for, or if they may prove somehow useful. Such people may also have an obsessive desire to “save” everyone – regardless of whether the people want to be “saved.” Such a person feels happy when he is in the spotlight; he does everything in order to achieve prestigious status, fame, and practically does not care at all about what other people may feel.

If the influence of the Sun is in the lower gunas, a person may have the following health problems: poor vision, problems with blood circulation, heart disease, high blood pressure, weak bones, epilepsy and headaches. Such people are characterized by low vitality, increased irritability and inflammation of appendicitis in severe form.

External appearance of a person with weak contact with the Sun:

- frail composition;
- poor bone system;
- stooping;
- light, but not yellow, sparse hair;
- small eyes.

## The Sun in Goodness

The Sun in Goodness manifests itself in a desire to do something for others, to bring light for them. When such a person comes into a new team, a couple of days later he is already loved by everyone and called “sunshine” – everyone can immediately sense how he

genuinely wants to bring benefit to others, he understands that “happiness” is to be a part of God, that “joy” is when you give to others “Ra,” that is light and warmth.

The Sun can very easily be brought to Sattva, as long as a person has a strong desire to do something for others. The Sun in Goodness is manifested in the fact that people are always satisfied with life, their inner happiness increases day by day.

Such a person has very small amount of selfishness and virtually no pride – we can make others happy only if they are truly interesting to us, whereas the more we focus on ourselves, the less we are able to understand other people, their needs and concerns.

If a man lives in Ignorance, he is definitely heading for physical pain and setbacks – as he is already mentally ill and cannot have good relations with other people.

A person in Passion tends to be attached to the results of his work. However, even having achieved those results, he is unhappy because he does not know how to enjoy the actual process of work, focusing only on its result, and he always wants more and more. He eventually becomes let down in life, being tired of endlessly running after an illusion, and may even become seriously ill. Others often say about such a person: “He was burnt out at work” (this happens most often when the Sun in one’s chart is strong).

Under the influence of the Passionate guna, a man first gets the nectar – anticipation or pleasure on the external level, and then the poison – the grave consequences of the wrong outlook and behavior. For example, if one overeats at night it may be at first very tasty and enjoyable (nectar), but then comes the feeling of heaviness, nightmares, hangover (poison).

In Goodness it is the other way around – first the poison, then the nectar. For example, at first it may be difficult to force oneself to do something (for example, to wash the porch or respond with love to rudeness), but ultimately one gets used to it, and life becomes a nectar.





The main condition for the Sun in Goodness is that one must sincerely desire to live and to shine for others.

Another important quality of the Sun in Goodness is the ability to enjoy life, because it is the Sun that is responsible for vitality and vigor. The Sun in Ignorance causes dejection. Sattva Man is optimistic, enthusiastic, has great willpower and self-confidence. Such a person is always doing something to benefit others; he follows through with his intentions and does not change his decision in favor of circumstances, and clearly sets his goal and persistently advances towards it.

In addition, one of the main qualities of the Sun in Goodness is generosity. Such people always have a chivalrous spirit. Noble people are giving. A truly honorable man would never allow a woman to pay for her meal in the restaurant. He could never hit a woman. Violence usually does not even enter his thoughts.

Theoretically, all women should strive to find precisely such a man. Every woman wants to be married well, so do not spoil the men: if a woman comes with a man into a cafe and she pays for herself, they both lower themselves. With such a man, she cannot have good children, because there is no Sun energy in his aura. A man must be noble, he has to be giving, true to his word, keep promises, and be able to take responsibility – particularly for women, for children, for those under his care. Men should develop these qualities first of all.

People with the Sun in Sattva, being extremely disciplined, do not shrink from changes, they are not afraid to choose new, uncharted areas of work, to be leaders and innovators. Many eminent scientists and discoverers have very strong Sun in their chart. If the Sun is in Goodness, then man can think clearly and grasp the essence. Such a person is very agile, tenacious, his active, quick mind seizes on the fly.

The Sun in Goodness gives people the ability to make their own decisions quickly and independently. If such a person does not see a solution right away, he simply says: “Let me be with it for



awhile.” If he is incompetent in some area, he may want to consult with a specialist – but ultimately, after weighing all the pros and cons, he makes a decision himself without shifting responsibility to anybody else. It is very important to cultivate this quality for a man. Women are governed by the Lunar and Venusian energies, so it is permissible for them to be more emotional and somewhat inconsistent. However, for a man such behavior will cause him to lose the respect of his own wife and children.

The man with the Sun in Sattva always tries to get up early. Early rising is one of the basic conditions of a healthy and harmonious life. No wonder that there is a saying: “The early bird catches the worm.” In my experience people who cannot get up early often have upper back pain, begin wearing glasses early and have a number of other signs of weakened Sun energy. The Sun is the planet responsible for happiness, and the energy of happiness can be obtained from approximately four to seven o’clock in the morning. The Solar energy enters a person at dawn, providing happiness, as long as he is not sleeping then.

A person with the Sun in Goodness has a natural desire for leadership positions, but he does not go over people’s heads. Power for such a person is not the ultimate goal, but merely a way to bring more benefit to civilization. One of the main indicators of the Sun in Goodness is full acceptance of responsibility for our own lives and the lives of our associates. If a person has the Sun in Goodness, you will never hear that he blames someone or something else for his own problems. By the way, this is one of the indicators of good management, when a person understands that everything that happens with him and his staff is a reflection of his thinking and behavior.

There are so many problems in the modern world simply due to the fact that there are not enough conscientious leaders who are willing to take responsibility. It is quite hard to be responsible for other people, but one with the Sun in Goodness does so not for his own sake, but for the sake of serving others, and he never blames or passes judgment on anyone. The desire to blame others



for everything, constant complaints about life, dissatisfaction with oneself and with others – these are the signs of a failure.

Wherever a man with the Sun in Goodness comes, after a while everyone starts to respect him and trust him, even though he does not seek it and does not brag about his achievements. Respect for all living beings can also be genuinely sensed emanating from him. Such a person sincerely wishes everyone happiness, just as the sun shines for everyone, whether for people who behave rudely or for those at a very high level of development.

Strong Sun can appear in all three gunas (material energies). It is very dangerous to have the strong Sun in Ignorance. A person with the Sun in Ignorance has been initially given a lot to serve for the benefit of others, he has some power, but if he, for example, wants to be lazy or to do something evil, it can bring a lot of suffering (for example, Hitler and Lenin – and conversely, the strong Sun but in Goodness, was possessed by Buddha).

If the Sun in the chart is weakened, a person must learn to take responsibility and to serve the one whose leadership qualities are manifested stronger. This is also not so easy. Among the problems of the modern world is the fact that besides the lack of real leaders, those in power do not have loyal servants or honest helpers, which is no less important, as however strong a leader may be, he can achieve nothing alone. In politics and business it is very important what the team of the leader is like. The man with the Sun in Goodness can easily go along with the superior leaders, but still maintains his own sense of dignity.

Therefore, if a woman wants to have the Sun in Sattva, primarily she must serve her father, then her husband, because then the favorable energy of the Sun will start to pass through her too. It is almost impossible to find a woman with a long and happy married life that does not respect her father or that has a bad relationship with him. We should respect our father in any case, as he is the representative of the male aspect of the Divine.



We must learn and know our culture – in fact, to be harmonious; we should use the force of our family, our nation, our culture, and utilize the best from it to serve our nation and our culture. A person with the Sun in Sattva realizes that he or she was not born into a certain family and country simply by coincidence. Perhaps in his next life he will have to belong to another nation, another religion, other communal activities, but now he must take responsibility for himself, for his family, for his people. We need to devote time not only to our loved ones and ourselves, but to our nation too, and do something useful for it.

A person need not be excessively concerned what others will say about him. One single person is quite capable of changing the course of history. Solar energy in Goodness is manifested in the fact that people take responsibility, not worrying about the reactions of others. That is the quality that can make one person stand out from the pack. The Sun in Sattva is manifested in becoming free of the influence of the crowd.

The Sun represents self-identification. Therefore, even modern psychologists have concluded that a person cannot be sane if he does not identify himself. You have to understand that you are an individual personality. Do not be another person in the gray crowd. You do not have to do what everyone else is doing. The majority of people in our era may bring themselves down, but the man with the Sun in Sattva will never jump into a well together with everyone, as he knows: “They are them, and I am me”. On one hand, he realizes that all men are manifestations of God, but on the other hand, he clearly identifies himself by staying distinct from others. Therefore, such a person is never ashamed of his lifestyle, thoughts, food, etc. The crowd always tries to bring all to the same level, to pull everyone into the melting pot, so there should not be any distinct personalities.

To obtain the Sun in Sattva, it is necessary to become an absolutely unselfish individual, an individual who serves to others. Great is the one who serves. The Sun in Passion is when people show off, they

want to look great and important (“I am the Big Boss”). The Sun in Passion leads to destruction, such people you will never see happy.

The man with the Sun in Goodness is gracious, generous, is acutely aware of his own worth, but is not inclined toward self-aggrandizement. He is human, purposeful, resolute, and prone to self-discipline. He can lead people while using a minimum of punishments. He is cheerful, respects himself and others, has a loud commanding voice, and does not depend on the opinions of others, yet pays careful attention to all advice. He typically wakes up early as a rule and accordingly has an early bedtime. Such a person is filled with enthusiasm at all times, make others happy comes easily to him and he enjoys it greatly. Such a person always feels a sense of gratitude to everyone and everything. The mind of such a person works well and he quickly grasps the essence.

External appearance of a person who experienced influence of the Sun in Goodness in past lives:

- a round face;
- a large figure;
- a broad, high forehead;
- a strong skeletal system;
- golden or dark hair;
- large eyes, usually gray or brown;
- swarthy complexion.

## Summary

**The influence of the Sun in Ignorance** is characterized by the following traits of character and typical models of behavior: an inability to wake up at early hours and to go to sleep early, laziness, vanity, indolence of mind, a huge ego, painful dependence on the opinions of others, complete irresponsibility, inability and unwillingness to keep one’s promise, a desire to enjoy watching others suffer, a hostile attitude towards the world, incessant complaints to

others, long-lasting rage, huge arrogance (or, conversely, total self-doubt), extreme disrespect to everyone, especially towards one's father and the government, a completely aimless life, readiness and willingness to cause others pain and suffering for the sake of achieving a high position or fame.

**The Sun in Passion:** A strong desire to be in the spotlight, artificial smiles, pride, impulsiveness, great craving for power, desire to manipulate and exploit others, dependence on the opinions of others, increased activity in pursuit of one's own selfish goals, taking responsibility only if one can benefit from it and it promises to bring glory, self-glorification; respect and a good attitude towards father and other authority can be only if they "have something for which to earn respect" or if they may be useful; an obsessive desire to save all. Such a person feels happy when he gets to be in the spotlight, when he gets a prestigious position, fame and glory. He does not care how the others feel about it.

**The Sun in Goodness:** A great sense of responsibility – for oneself, one's generation, one's nation and all living beings, nobility, magnanimity, generosity, pleasure in activity, a great sense of one's worth, humanity, commitment, determination, self-discipline, great willpower, leadership with minimal use of punishment, cheerfulness, originality, a respectful attitude both to oneself and to others, a lack of pride and conceit, a loud commanding voice, independence from the views of surrounding people but careful attention to all advice, sincerity, regular early rising and early bedtime, constant enthusiasm, a great sense of gratitude to everyone and everything; such a person can easily make others happy, and he derives great pleasure out of it; the ability to think clearly and quickly grasp the essence of things.



## How to Enhance the Beneficial Effects of the Sun

As it follows from the above, we cannot make spiritual progress, being sober-minded and healthy, if we have bad contact with the Sun energy. The quality of our reception of the energy of this planet primarily depends on the location of the Sun at the time of our birth, and this location is programmed by our past deeds. However, not everything is predetermined. By our actions we can either significantly improve the effect of the Sun on us, or vice versa.

The strongest impact occurs on the spiritual level, when we worship God; purify our mind, trying to live in the pursuit of spirituality. Then, as stated in Bhagavad-Gita, “even a small step forward on this path can protect one from the greatest troubles.”

We need to wish happiness upon all living beings, to cultivate everything associated with joy and desire to give it to others. It is also useful to make donations for spiritual people and for religious foundations (especially on Sundays, the days of the Sun) and to cultivate the following character traits inherent in solar people:

- Responsibility;
- Determination, optimism, commitment;
- Firmness, willpower, sincerity, generosity, self-discipline, graciousness, humanity, heartiness, job satisfaction, a sense of self-worth, originality.

We need to get rid of the negative character traits, obtained by us as a result of our neglect of the solar energy, such as pride, arrogance, impulsiveness, sarcasm, hostility, haughtiness, disrespect, selfishness, long-lasting anger.

A disrespectful attitude towards men, especially to one's father, disrupts the solar energy in a particularly strong way, so does such an attitude from a woman towards her husband. The Divine energy is divided on some level into male and female one, and the Sun represents the Divine masculine. A disrespectful and condescending attitude towards men is a manifestation of aggression to all masculine, and ultimately to God. (It also includes a disrespectful



attitude to the head of state, whoever he is). Any aggression in the Universe is quite severely punished. Solar power is enhanced if we live according to the solar schedule, when we get up before sunrise, and have the main meal at noon when the sun reaches its maximum strength. In this case a person will not use up his life force in the digestion of food. Modern scientists have come to the same conclusion. It is also important to live in Goodness, because Goodness is the solar power, which warms us up both figuratively and literally.

In order to enhance the influence of the Sun on the physical level, the following is recommended:

- Daily sunbathing (at least twenty minutes, but not between the hours of 12 and 4 p.m.);
- Spending a lot of time outdoors in the open air;
- Regular exercising of the Yoga complex “Sun Salutation” (Surya Namaskar) at sunrise

In food, the Sun is signified by fruits, nuts, lavender, anise, rosemary, nutmeg, saffron, aloe.

In conclusion, I would like to say that all of the above is particularly important for those who live in sunny countries, because there the degree of contact with the Solar energy is very high, and people usually either have a fast spiritual uplift, that increases the desire for “light,” or conversely they become selfish, and their consciousness becomes materialistic.

In India to propitiate the Sun it is advised to feed the cows with flour products on Sunday.

In ancient India, every physician who has been working in the tradition of Ayurveda was as a rule fairly well familiar with Vedic astrology. Similarly, any Vedic astrologer was familiar with all the Upai methods (neutralization of the negative factors in the horoscope) and was well educated in Ayurveda, as it was considered that one cannot cure the disease without knowing its karmic reasons. The Vedic astrologer, when seeing the karma (destiny) of a



person, had a natural desire (inherent in all lofty souls) to help him, and used for that the elaborately detailed system of Upai, which includes changing the mindset of a person, wearing of certain stones, mantra chanting, as well as Ayurvedic remedy.

For improving the reception of the Sun's energy it is very favorable to chant the following mantras:

Om Namō Bhagavate Ramachandrayya, Om Surya Namah.

## From the Training Course

The day of the Sun is **Sunday**.

The Sun is a **Royal Planet**.

Occupations: **Kings, administrators, leaders, politicians, doctors.**

Responsible for the **vocal cords, brain, heart, strength of bones, upper spine, vision, right eye in males and left eye in females.**

It symbolizes **the masculine Divine aspect.**

Requires **respect for one's father.** If there is no respect for the father the solar aspect of life closes (the same applies to one's stepfather, one's boss, the government).

The Sun's energy is **tough but noble.**

The direction of the Sun is **East.**

It is very beneficial to have **large windows and the entrance to the house on the Eastern side.**

Zodiac sign is **Leo. It is exalted in Aries, and is in the fall in Libra.**

Metals of the Sun are **gold and copper.**

Its colors are **orange and light brown.**

The stone of the Sun is **Ruby.**

The Sun gives a person **the vitality and awareness of one's inner self.** It also gives strength and ability to make decisions quickly.

The Sun is **atma karaka** (the indicator of the soul).

Any planet located within 8 degrees of the Sun, somewhat **weakens, loses its energy, “burns out”, although for various planets this degree is different.**

The best position for the Sun is in **the 10th House (the zenith).**

Its number in numerology is **1.**

**Anyone who was born on the 1st, 10th, 19th, 28th of the month is under the strong influence of the Sun,** and for them it is especially important to live in harmony with this planet.

**The Sun along with the Moon is responsible for the 6th Chakra (Ajna).** This chakra is located in the centre of the forehead; near the “third eye” (the North America shamans call it the first eye).

The Sun is responsible for the vision, and, if a person develops spiritually, he acquires the ability to see subtle reality. The Sun in its highest manifestation gives transcendental vision.

## Case Studies

Just yesterday, I gave a consultation to a woman from Asia over the phone. She is a top manager at a large firm that installs oil and gas pipelines. Her husband works in the same company, but a few steps down the career ladder.

Ironically, in her chart, she has the weakened Sun in a poor House and it is in the fall, with virtually no neutralization. One might think that a person is not able to be a leader if he has a horoscope with the weak Sun. However, this is not always the case. Mars and Saturn in the chart of this woman are very strong. She also has a very strong Moon, which gives perfect intuition. Saturn and Mars brought her huge success in construction and in everything connected with it (the mechanics, machinery), as both those planets are associated with technical issues, and Saturn is connected with Rahu in some degree, which is related to oil and gas.



The weakness of the Sun manifested itself in the form of migraine headaches, which started several years ago and gradually intensified. She has had the energy block in the area of the back of her head and spine, and she confirmed that for many years she has been feeling pain in those areas. She also has a serious guilt complex because she believes that she is unworthy to hold office duties. She said: “Once given some task I perform it at 50-60%, but earn at 90%”. She believes that she does not deserve what she gets. She believes that a man’s position should be higher than a woman’s, although in reality her position is higher. It says, on the emotional level she also has a problem of the weak Sun – dissatisfaction with oneself, the arrogance with a minus sign: “I don’t deserve this position, this money.”

I gave her several pieces of advice. The most important thing for a person in such cases is to change one’s mindset and learn to become comfortable with accepting money and one’s deserved high position. I drew her attention to how important it is to serve her husband in every way and to show that she really respected him, no matter what career heights he had reached.

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One more example. Five years ago, I gave consultation to the person from one Russian city. He had very weak Sun, associated with the House of partners, and it used to give great difficulties with relationships. He had no personal respect for himself, and attracted the same attitude towards him from others; all his women and friends were putting pressure on him and treated him with disrespect. We worked with him for quite some time. I explained to him in detail how dangerous it was to have disrespect for oneself and/or other people, and what an inferiority complex was, and told him what to do to strengthen the Sun on all levels.

**On the physical level it is very important to be an early riser** (by the way, I have noticed long time ago that people who have strong Sun influence get up early easily, and those with the weak Sun often become night owls. If a person with the strong Sun gets used to



being a night owl, the effect of the Sun on him quickly becomes unfavorable). Also the special yoga exercise “Surya Namaskar” in the morning helps strengthen the Sun on the physical level.

**On the social level I explained to him that it was necessary to be able to take responsibility,** told him about how important it was to communicate with other people, and emphasized that he had to mend his relationship with his father and to serve him. I selected physical exercises for him, as well as the proper nutrition, colors and stones for intensifying the Sun, told him what he had to do to strengthen the digestive fire (the weak Sun in his horoscope was associated with the House of digestion, which caused additional problems in that area). I explained to him that he had to learn to earn money and what kind of mindset should he have while doing that, and I gave him advice about where he should work and in what occupation.

**Intellectual and spiritual levels he had already known well, since the day before the consultation he visited our training lectures, where we discussed in detail the importance of properly setting a goal and the skills needed to reach it.** He had already realized that the achievement of the state of Divine love was the only correct ultimate goal in life, that the essence of all spiritual practices is a way to learn how to attain unconditional love and live in the present moment, here and now.

He visited me twice, and then we met after that (which is an exception – usually one, maximum two consultations are quite enough). As a result, his situation began improving, but since this problem has been dragging through three incarnations, a significant improvement in this case was only possible after 2-3 years of work on self-development in the right direction. The Sun caused him many problems from his childhood, especially in relationships. It was very hard for him, he wanted to be in a normal relationship and have a family, because he was already over 30, but until he neutralized the adverse effects of the Sun his personal life did not improve, although the rest of his horoscope was good and he was a talented man.



# The Influence of the Moon

Jyotish (translated as “light” from Sanskrit; the name for Vedic Astrology in India) is also called Lunar astrology, as it considers the position of a sign in Moon and Nakshatra to be the most important factors in a person’s horoscope. It is by the position of the Moon that the past karma is defined and stunningly precise prognoses for the future can be made. Should you ask anybody in India, “What is your sign?” in reply you would be given the name of the sign that the Moon was in at the moment of that person’s birth. In the West the reply would be as to the position of the Sun. The western astrologists nowadays take the role of the Moon on a person’s map more seriously; and this is quite understandable, for the Moon stays in each sign for about two days, whereas the Sun is there for a month.

## General Information on the Moon, Classical Description

The primary name of the Moon in Sanskrit is Chandra. It is the master of rhythm, which reigns over such great natural cycles as the flowing and ebbing tides. As we have already mentioned, the Sun stands for the male Divine aspect, and the Moon for the female. Together they symbolize the great initial couple: male and female energy, activity and passivity, day and night, mind and feelings. The Sun governs the fire, and the Moon the water. If the Sun is the Ego, the Moon is the Mind. Furthermore, the term for ‘mind’ in Sanskrit, manas, actually has a much wider meaning. Manas includes emotions as well, it should be regarded as the mental and emotional sphere as a whole, as the totality of aptitude and consciousness that reflects upon the objects. Often “Manas” is used to determine all mental activities, including not only thought, attention and reasoning, but also contemplative meditations, dreams and fantasies.

The Moon shows our capacity to accept gifts and love. It is the most vulnerable planet of all, and by its position in the horoscope



one can tell how vulnerable, sensitive, suspicious and irritable a person is.

The strong Moon stands for emotional sensitivity, receptivity, attention to one's associates, and inclination to assist others. It provides emotional maturity, a developed sense of responsibility and ability to have a positive effect on society.

The Moon embodies female maternal energy, is responsible for childhood, procreation, inner happiness, intuition, comfort, wellbeing, inner calm, for the water, and all fluids in general – in the body and on Earth. The Moon governs memory and common sense.

The Moon is a female planet and it is responsible for emotions; that is why women are more emotional. The influence of the Moon becomes more harmonious when we live with awareness and keep track of our emotions and feelings. When a person is not aware of his emotions, he destroys the Moon.

The Moon, like the Sun, is a spiritual planet. It indicates such qualities as faith, love, openness, humility and the ability to feel happiness. Through the Moon a person is granted with the benevolence of the female Divine aspect. When its position in an individual's chart is strong and favorable, it awakens him to act for the good of other people and to obey the Divine laws. People susceptible to the spiritual influence of the Moon are benevolent, humane and are indeed as patient as angels. They are easygoing; they never criticize anyone and tend to see the good side of everything.

In human health, the Moon is responsible for the quality of blood, chest, stomach, lymph, lungs, left eye in a man and right eye in a woman, intestines, menstrual cycle, womb, nervous system, esophagus, glands, and saliva.

## **The Moon in Ignorance**

The Moon in Ignorance makes one's psyche extremely unstable, produces numerous fears and is responsible for various phobias.



Fears, phobias, hatred and towards any aspect of the maternal aspect as a whole – to one's own mother, wet-nurse, mother-in-law, motherland, nature, cow, to a Guru's wife (in classic Vedantism) or to a governor's spouse nowadays, to Mother Earth. For a woman her husband's mother represents the Moon, and to some extent so does his mother-in-law for a man too. According to the karmic laws, when a woman gets married, her mother-in-law becomes her mother. For a person to have a harmonious Moon and healthy descendants, he has to ensure a good relationship with his mother. But this does not always mean one has to live next to his mother as an adult.

A man with Ignorant Moon does not love children, and may even feel sick in their presence. A woman with Ignorant Moon does not want to become pregnant and give birth. If a person has a good harmonious Moon, he loves children and they love him back.

A woman's Moon is much intensified after childbirth. If she has had a harmonious period of pregnancy, labor and breastfeeding, her female energy is harmonized, and even her appearance grows more attractive. That is why it sometimes occurs that a single woman gives birth to a child, and soon she has an endless train of admirers, some even with serious intentions, because her female energy has grown stronger.

It is so arranged in our culture that the Moon is drawn towards Ignorance. For instance, in the USA and Canada teachers encourage 14-16 year old youths to have casual sex. They say, "If you give birth to a child too early on, you will not reach success in your lives." As homework the children are given a robot doll for three days, which starts to scream every couple of hours, even at night, as if asking for food, and they are to feed and take care of it as of a real baby. Three days later they are asked if they now realize how problematic it is to have a child and if they liked it. The answer is more than predictable. That is why they are advised to use condoms and have their babies aborted without a second thought. And then doctors are surprised when more than 50% of western women have problems with procreation.



At the next stage, modern western culture teaches that after birth no particular attention should be paid to a child. And so three months pass (and only in Sweden 1 year) and a mother takes lactation suppression drugs and goes back to work. In fact a child needs to be breastfed as long as possible (one year at least). Nowadays even modern doctors, who previously claimed that milk formulas were much better balanced and rich in vitamins than breast milk, are aware of this. Together with breast milk a mother conveys the Moon energy to her child, which helps to build up his immunity and makes him stronger. No milk formula or factory-made cereal full of artificial minerals and vitamins can compete with a mother's milk.

The Moon is suppressed in the modern culture, among other things, through the wrong attitude to conception, labor and pregnancy. If you look at the process of labor, how pregnant women are treated, especially in Russia, you will see how extremely unnatural it all is. A child is sent to the nursery practically from babyhood. Generally speaking, it is essential that children should stay at home at least until they are 3 years old, or even better, until 5 (especially girls), because during this period they need to take maximum advantage of their parents' (primarily their mother's) love and support. It is during this time that a person's character is formed, and the degree of his future trust in the world and self-assurance is defined.

The modern world lacks the necessary respect for the woman and maternity. In our culture a woman is only interesting to others while she still has her sex appeal. That is why a lot of young women aim for career in fashion, but the standards of appearance set for this profession deny healthy femininity. The "ideal female body image" popular nowadays (34-24-34 in) destroys the Moon. The healthy Moon in a woman's chart provides her with a slim waist and wide hips, which favors the woman's health and gives her the opportunity to give birth without complications. Healthy breasts to be able to feed children are also very important.

The modern culture is devoid of all this; a woman is generally not considered a mother at all. She is mainly treated as a sexual object, and this stands for Venus in Passion and Ignorance.

Television, discos, clubs, and bars are all open at night, though the night is meant for sleeping. The period from 10pm till 1am is the only time when our nervous system can fully rest. If you are not sleeping at this time, your Moon cannot be healthy nor your Rahu harmonious. Nevertheless modern culture claims that it is at night that life begins. Such a lifestyle unsettles our mind. Our mind is also badly influenced by what is shown on TV and reported in the news programs.

I was consulting a young woman, who was a news anchorwoman on one of the main Russian TV channels. She told me they were not allowed to show positive news, only negativism was popular, would attract the attention of the audience, and would be discussed and stick in the memory; for instance, a piece about a drowning ship, mass riots, a plane crash, etc. It was additionally crucial for this bad news to include video tracks or at least a photo.

Imagine how all this affects the psyche, especially that of a child or teenager. You are fed with such energies on a daily basis. What do you need it for? All this has a harmful effect on our mind, that is why nowadays the Moon sinks lower and lower into Tamas – the guna of Ignorance – causing everything connected with it to become worse, especially water. The rivers of the modern cities swarm with chemical waste, it is already dangerous to swim in them for fear of contamination. The number of natural disasters related to water is steadily increasing: long-lasting showers that lead to floods, or hard droughts. The shortage of fresh water has become an obvious problem.

According to the World Health Organization, around 60% of Westerners have serious psychological problems, and the quantity of people with similar problems is increasing.

Why are there so many problems with maternity? Why do about 75% of American children have difficulties with concentrating and



keeping calm? The answer is: the Moon in modern civilization is more and more immersed in the Tamas, the guna of Ignorance. In our culture it all began when men began giving up caring for women and protecting them. Women stopped enjoying the proper experience of maternity; people have acquired a constantly restless mind. Such a civilization immediately becomes cursed on some level. In the Bhagavad-Gita – the quintessence of all Vedic wisdom and the source of many religious and philosophic schools – it is said that the deterioration of society begins when women and their level of consciousness are no longer taken care of and protected. What happiness can we talk about when modern kids are taken up with porn sites, or spend their time at night discos at best?

On one of his visits to the USA journalists asked the Dalai Lama, “What would be your main message?” And everybody was shaken by his answer, many of them even did not quite understand what he meant: “Women, breastfeed your children!”

Eastern culture teaches that we must practice meditation. There are quite a number of different meditation types. For instance, one may simply spend a few minutes sitting in silence, calm down – and then his energy would get recharged.

In principle, meditation is contemplation. It helps to soothe one’s mind and provides incredible power. So please try to practice at least some light forms of meditation. If you are Christian, take a prayer to Jesus and repeat it for ten minutes – it is the strongest meditation. Mantras addressed to planets read 5-10 minutes a day also calm the mind and harmonize the reception of cosmic energies. Even if you spend 10 minutes in the morning just simply sitting with your back straight calming down and filling yourself with love, everything changes, unexpected events occur, and your day passes differently.

Modern people are “pressed for time”. Tell a modern man, “Meditate ten minutes a day”, and he will retort, “You won’t believe it, but my daily schedule is so tight and busy that I can hardly find any time for meditation!” There are so many objects around us that simply steal our energy: radio, TV, empty phone conversations...



Just do one simple thing – meditate at least ten minutes a day, and you have no idea how amazingly you will get tuned in for the day. This should become your regular practice. On the way to a meeting, you should not have to prepare for it by writing points down in spurts. Just sit down and meditate, and you will see that what and how you should say will take clear shape in your mind, especially if you want to do accomplish something unselfishly, for the good of other people, to help somebody.

In Eisenstein's horoscope Mercury was in a weak position, he had problems with logic and he was generally behind at school; nevertheless he became a great scientist that made invaluable contributions to world science. He received all his discoveries in his sleep, through intuition. You see there is no need to think a lot, all that it takes is a calm mind.

People with Ignorant Moon are often hysterical and tend to fall into lingering depression. If a person once in a while has purposeful hysterics – this is the Moon in Passion/Rajas. If a person is in the dumps for a long time – this is the Moon in Ignorance, and it has to be raised up to Passion at least. But one should not confuse despondency and the long face caused by Ignorant Moon with imperturbable seriousness peculiar to people with auspicious Saturn.

A person with Ignorant Moon is scared of everything. If one watches horror films or thrillers before bedtime, the Moon becomes much weaker. As nowadays in the modern culture the Moon is more immersed in Ignorance, people tend to watch these very films.

I have recently carried out a study on what was shown within 10 minutes on 20 channels. It turned out that it was either black magic, or criminal news, or horror films, or cartoons with some freaks as main characters. "Nu pogodi" cartoon was the best that was being shown on Russian TV (similar to "Tom and Jerry"). Almost all American cartoons are full of aggression; kids should not watch them at all. Please keep in mind that our psyche is very sensitive

to the guna of Ignorance (Tamas), so one should avoid factors and qualities that might affect it in a negative way.

Men with Ignorant Moon are prone to deep depressions, hysterics, grudges against the world and various phobias. Such a person does not even love his own children, spares them very little of his time and attention, is cold towards them and can even be abusive. If you want to bring your Moon up to Passion or Goodness, you should play more with your children and spend time with them.

The famous poet Yesenin often had Ignorant Moon; he would go on a drinking bout every now and then and behave hysterically. Finally he committed suicide. But to many people he was and still is a star, and by enjoying his marvelous lyrics people imbibe his energy of ignorance as well.

Consumption of alcohol (including beer) and black coffee is also a display of Ignorant Moon.

Ignorant Moon also provides very weak memory, huge hypochondria, complete inability to control one's emotions, or else a tendency to fully suppress them. Notwithstanding any circumstances, a person with such Moon is prone to be deeply discontent with life. Such a person does not want to and cannot take care of his family, hates his mother, does not want to have children. People with such Moon easily agree to abortions. By the way, doctors who carry out abortions quickly pull their Moon down to Ignorance. One with Ignorant Moon as a rule drinks little water, often substitutes it with alcohol, beer, huge amounts of coffee and cannot stand milk. Such a person strongly dislikes dairy products and may even promote the idea that they are harmful. He may possibly have sex with his mother or children and abuse children.

## **The Moon in Passion**

People with Passionate Moon have an incredibly restless mind, "Oh wait, I forgot to ask about this, wait here is another question,

oh wait I won't have time to write..." Their thoughts are constantly rushing about, mostly due to strong uncontrollable emotions.

Such people have enormous claims upon the world and deep attachments, especially to their children, whereas they are totally indifferent to others.

I know some women with highly developed spirituality who adore their children, but should somebody else's child come to visit them, they will fondle and feed him as if he were their own. They may adopt a child and treat him as their own. But the stronger a person's false Ego, the more he is attached to his own kids and proud of them, while being cold at best towards other children.

Nowadays many women give birth whenever they want, without considering auspicious periods and lunar rhythms. Abortions drop the Moon down into Ignorance, and it is very important to pray for forgiveness for them, otherwise a woman may receive very hard blows in her fate. One should sincerely ask for forgiveness from God and the souls that were unable to be born and make an appropriate donation to a charitable institution.

People with Passionate Moon are prone to sentimentality, unstable emotionality and hysteria. Their mind is very passionate and agitated; they are constantly overwhelmed with emotions. You might likely feel very uncomfortable in the presence of such a person, as he always radiates emotional activity and tension. Such people should play in the theater where they could pour out their emotions and convey the whole gamut of feelings to the audience or take up some other activity that requires Passion, where keeping emotions tense is essential.

Passion and emotions are necessary. In particular they are very useful for ethical extroverts (in the Socionics, a modification of Jung's personality type theory) so that they can turn on the audience and keep passions up. This quality is also necessary for lecturers, preachers, missionaries, and lawyers, but they have to keep a conscious control of their emotions and not fall under their influence.

When bringing up children, one with Passionate Moon will make sure they get the most prestigious education, whereas developing their morality and positive character traits comes second, if at all. On the whole such a person is more involved with his sexual life and his career than bringing up his children. Such a person has a selfish attitude towards his mother and can be overly dependent on her. Their sense of happiness is fickle and depends on their emotional attitude to external circumstances. The basic emotion on which such a person builds his life is fear.

## **Negative Influence of the Moon in Ignorance and Passion on Human Health**

Illnesses caused by weak or damaged Moon: womb diseases, problems with menstruation, fever, general weakness, jaundice, asthma, colic, lung diseases, susceptibility to cough and cold, tuberculosis, pleurisy, especially in a child.

The main symptoms of weak Moon: emotional instability, poor emotionality, fear of intimate relationships, lack of friendliness, exaggerated sense of danger, anxiety, frequent depression and weak memory. Such a person often feels discontent, and finds it hard to deal with stress and tension related to communication. He is prone to dejection, pessimism, neuroses and mental disorders. His thoughts are messed up; he is somber and constantly restless.

Physical signs of weak Moon (apart from those mentioned above): anemia, lack of liquid in the tissues or, vice versa, its congestion, dry skin, constipation, weak lungs. Such a person can hardly tolerate dry and hot weather. Women, aside from menstrual disorders, can also suffer from infertility.

## **The Moon in Goodness**

The Moon in Goodness provides a calm mind and a sense of inner content. On the outside such a person can lead a very active

life but still be content with it, no external circumstances will upset his mental equilibrium; his attitude to hardships is “If something happens, that is the way it should be”. And nevertheless on an external level he will do his best to avoid negative events and their consequences.

In the East there are a lot of parables depicting the Moon in Goodness, which is what we are to aim for. Here is one of them.

Not far from a certain village there lived a Brahman. He spent all his days meditating. One of the village girls got pregnant from a neighbor’s son and, fearing her parents’ anger, laid the blame on Brahman, that he had seduced her when she had come for his advice. The child was born, and the girl’s angry parents brought him to Brahman, claiming that as it was his fault he was to bring up the child. Brahman was surprised, yet saying “God has given...” accepted the child and began to rear and educate him. The boy grew up; his mother felt ashamed and told her parents the truth. They came to Brahman and demanded the boy back. Brahman looked at them and said, “God gives, God takes. For everything there is God’s will.” That is calmness of mind.

What behavior is unacceptable for a woman according to eastern psychology? When she argues with her husband, criticizes him, compares him with other men. By this she blocks the contact with the Solar energy (and to some extent also with Mars and Jupiter energies) for herself, her husband and her children.

A wise woman is very gentle. The woman’s strength is in her modesty and flexibility.

A woman with the Moon in Goodness is tranquil, her mind is calm. A man should be socially active (displaying the Solar energy), so quite naturally when he comes home he wants to receive calm lunar energy instead of having to face a hysterical argumentative woman that one may well wish to abandon.

Even if a person with the Moon in Goodness has a strong Mars on the chart, he is still very tranquil, calm and harmonious; and





when you enter his aura everything somehow settles down, and the mind calms down.

It is this Sattvic Moon quality that an astrologist or psychoanalyst should possess; he in no way should give way to Passion or Ignorance that emanates from his client, he should not allow his Moon to get unsettled, because on the mental level such energies can become transmitted very quickly. One should always react calmly to everything, without losing one's spiritual balance.

Sattvic Moon provides friendliness to all living creatures (it is the Lunar inner friendliness, not the external Solar one) as well as a sense of happiness and freedom from external circumstances, including on the emotional level.

The Sattvic Moon person is very well aware that true happiness always lies within, and all pleasure is in the mind. Here is a classic example: buy whatever you like, sit down to eat, and think your problems over at the same time. You will fall out of reality right away and as a result will not feel the taste of your food. So your pleasure is where your mind is. That is why if a person cannot live in the here and now, he cannot get any pleasure out of life.

According to the Vedas, a person can have four goals in his life, one of which is Kama, or pleasure. In order to reach it one should learn to focus on whatever he is engaged in. This will lead to your success in all aspects of life and to huge inner satisfaction, because all the happiness lies within. Many saints say that the human soul contains so much happiness that the body can hardly bear even a tenth of it, and this happiness is constantly growing and there is no need to search anywhere outside for it. It is enough to just calm one's mind, and the intuition and deep contentment will come to the surface. And then even an ordinary chess game, meals or other daily occupations will bring you much pleasure.

When I was consulting one woman she confessed that she had been leading a very strict life since the last couple of years, keeping to all the rules she had set for herself, cruelly restricting her diet. However she felt no content inside; she actually had killed the



woman inside herself by mercilessly drilling herself. No wonder men had ceased to take an interest in her.

Woman is feelings and emotions. Once in a while she should eat what she wants and allow herself some foibles, otherwise her emotional sphere, her Moon becomes disharmonious. It is not the following of rules but love which is essential, though of course without morality, virtue and keeping to the principles of harmony it is almost impossible to reach a state of love. A woman's strength is in intuition, in inspiring emotions. She should share the Lunar energy with her husband, children, the world around her, she should radiate a sense of calm.

What is schizophrenia? It is the Moon in Tamas, when there is a lot of Ignorance both in a person's consciousness and subconsciousness (obsessive ideas, voices in the head). For instance, a person with the Sun and the Moon in Ignorance, having an astute vision or some kind of mystic abilities, may claim to be a Messiah. Should such a person manage to bring his energy up to the level of Passion, he usually begins actively establishing various cults and sects.

A person with the Moon in Goodness feels great respect and love for his mother regardless of her level of development; he loves dairy products, can fully control his emotions (though they might be overwhelming), and be aware of them. In child rearing the most important for such a person is to convey the feeling of unconditional love to them, and this allows him to bring up harmonious children blessed with lofty traits of character. Such a person is very serious about conception, birth and rearing of children.

## Summary

The influence of the Ignorant Moon is characterized by the following traits and models of behavior: frequent hysteria, deep depression, huge fears, very poor memory, huge hypochondria, and inability to control emotions, or conversely full suppression of emotions. It also shows as huge personal discontent with life and

inability and unwillingness to take care of one's family. It is hatred towards mother and children, unwillingness to have children; abortions. One with Ignorant Moon as a rule drinks little water, often substituting it with alcohol, beer, or huge amounts of coffee, and cannot stand milk. Such a person strongly dislikes dairy products and may even promote the idea that they are harmful. He may possibly have sex with his mother or children and abuse children.

The Moon in Passion: extremely restless mind, sentimentality, strong and constantly changing emotions, extreme affection towards one's own children while being indifferent towards others'. Selfish attitude towards one's mother, huge dependence on her. His sense of happiness is very unsteady, and depends on his emotional perception of outer circumstances. The basic emotion such a person builds his living on is fear.

The Moon in Goodness: friendliness towards all living beings, willingness and ability to take care of others, huge sense of inner happiness regardless of outer circumstances, complete calm, huge thankfulness towards everything one comes into contact with, respect and love for one's mother regardless of her level of development. Love of dairy products. Full control of one's emotions, being conscious of one's emotions, even if they are very strong. Serious approach to conception, birth and bringing up of children. Exceptionally strong intuition.

## **How to Reinforce the Positive Influence of the Moon**

A bit of luck, abundance and good memory as well as the other positive effects described above would do no harm to anybody.

70% of our bodies consist of water, and any unfavorable influence of Moon may cause various problems and diseases, because it is responsible for water. For instance, a lunar month is about 29 days. It practically lasts as long as a woman's menstrual cycle, and the

negative influence of the Moon can cause its failure, though in all fairness one should note that a simultaneous defeat of Venus and Mars can do equally serious harm in this area.

Once I was consulting a woman who had a defeated Moon and very strong Mars on her map. She confirmed my assumption; she actually hadn't experienced menstruation for a few years.

But the worst problems caused by the Moon are those of the mind. As mentioned above, the Sun empowers the mind, and the Moon – calmness and pleasure. All Eastern religions and philosophic schools point out that if the mind is not calm, it is impossible to reach spiritual enlightenment (liberation) or success and happiness in material life.

One of the main goals of Buddhism is simply to achieve peace of mind. Numerous gurus that represent various branches of the Vedic philosophy agree with the Bhagavad-Gita's assertion, "Yoga (= self-realization) is difficult work for one whose mind is unbridled. But he whose mind is controlled and who strives by appropriate means is assured of success." (6.36)

It is hard to imagine a healthy person whose mind is restless. Even modern people have noticed long ago that the nerves are the source of all diseases; those who cannot overcome anxiety die young, etc. The main human goal is happiness. But the sense of happiness is an inner condition; it practically has no relation with external circumstances. Can a person who falls into depression at any juncture be happy?

The Moon symbolizes mind, consciousness on the whole (manas) and our ability to perceive senses in all meanings of the word. The main task of the Moon is peace and receptiveness of the mind. In order to achieve those, one has to bow internally before the Higher will, that is, to discover true humility, which only comes together with the awareness that whatever happens is for the better; all material values are temporary; nothing is accidental, and not even a single blade of grass moves without God's will; the true happiness lies within, etc.



An atmosphere of devotion and loving care intensifies the Moon energy. It is desirable that a person should receive a mother's care when a child and have support among his family and friends, so that afterwards he should naturally want to take care of others and help them unselfishly.

The Moon energy is also reinforced by spiritual worship, especially if appealing directly to the Mother of God. For instance, this is Lakshmi, Parvati, Guanyin, Tara, Isida, in the Eastern religions, and the Virgin Mary in Christianity. But for each person his own mother is a direct personification of the Divine female energy. So nothing can destroy the energy of the Moon as much as disrespect to one's mother in thought, speech or action. The Vedas say that apart from one's biological mother, this is also personified by a wet-nurse, stepmother, mother-in-law, a spiritual leader's wife, any woman who acts towards someone as if she were his mother, Mother Earth, and a cow.

The last two require some explanation. "From dust we come and unto dust we return". Our biological mother is our mother in this incarnation only; in the next one we shall have another mother. But the Earth becomes our wet nurse and shelter for several incarnations on, because our bodies are made of earthly elements. Therefore by creating ecological problems, like cutting down the forests, contaminating the soil, not allowing the soil to rest after agricultural seasons, etc., we (modern civilization) are utterly weakening the auspicious influence of the Moon on all humanity and thus destroying our own mental health. Each year more and more children are born with various mental abnormalities; more and more people suffer from stress and depression. Memory becomes weaker. There are fewer women able to give birth and fewer men able to conceive a healthy child. According to the karmic laws the cow is considered our mother, because we consume its milk. Therefore disrespect towards cows and their murder is one of the gravest sins. The cow is one of the personifications of the Moon.

The lunar energy is intensified by: meditation, development of optimism, control over one's speech (one should speak as little as



possible and speak thoughtfully), attention to one's actions and words in order not to disturb others, hydrotherapeutic procedures (a cool refreshing shower in the morning and a warm relaxing shower in the evening after work), visiting the sea, lake or river (anyone can notice that even 15 minutes of watching the sea will calm down our mind).

Auspicious from the Lunar point of view are the following soothing and toning herbs: marshmallow, *Ulmus Fulva*, the root of *Symphytum officinale*, *Dictamnus albus*, *Asparagus racemosus*, *Rehmannia glutinosa*. The aromatic oils of white flowers (jasmine, lotus, lily and gardenia) as well as sandal oil carry the auspicious soothing energy of the Moon. It is desirable that one should apply them to the area of the 3rd eye.

In order to propitiate the power of the Moon Vedic astrologists recommend:

- to feed the cows with dough on Mondays;
- to give rice to the paupers;
- to feed sugared boiled rice to the crows;
- most importantly – to serve one's mother.

It is also beneficial to repeat “I wish everybody love and peace!” ten minutes a day. This enables us to serve as conduits of Lunar energy. Let there be love and peace for you!

Mantra for the Moon: Om Namō Bhagavate Vasudevaya, Om Chandraya Namah.

## From the Training Course

The day of the Moon is **Monday**. Energy of the Moon is **cold, humid, soft, phlegmatic**.

Nature of the Moon – **auspicious, generous**. Direction – **Northwest** (in the house it is the best place for bathroom, shower room, guest bedroom and nursery).



**Stones – pearl, moonstone, all white opaque stones.**

Ablution – 2 times a day minimum – greatly harmonizes the Moon: preferably with cool water in the morning, and in the evening no later than 2 hours before sleep, and washing the feet right before sleep.

**Colours: white, pale colours, silver.**

**Sign – Cancer.**

Moon is **exalted in Taurus, and descends in Scorpio**. But if a person can rid himself of inner tension, resentment, hypochondria, the Moon in Scorpio provides him with immense inner power, intuition and deep insight.

Best position – 4<sup>th</sup> House, opposite to the zenith, this house answers for underlying emotions.

For the Moon it is important not to be alone, but to be surrounded by planets. The Moon absorbs the energy of the surrounding planets, like a sponge.

The smaller the Moon, the weaker it is. During the waning moon phase and especially at the new moon, one should not make any new starts; physical and psychological loads are harmful. It is the time of completion. The full moon in the Vedic tradition is an auspicious time that intensifies intuition, abilities, yet increases emotionality.

The 11<sup>th</sup> Lunar day– is Ekadashi, time of fasting. It is desirable not to consume grains and legumes or to fast completely which is even better. During this day meat is even more harmful than usual.

It is desirable to purchase a Vedic lunar calendar and live accordingly, thus life will immediately become simpler, more



harmonious and successful. All the past civilizations lived in accordance with the lunar calendar. For instance, if you have your hair cut in the ascending moon your hair will grow very fast, and if at the same time the Moon is in Leo, it will also grow very thick; when cut in the descending moon (especially when in Capricorn) it will grow slowly and will be thinner.

There are some days when the probability of a successful surgery is increased by ten times. Both the Moon and the Sun answer for the 6th Chakra (Ajna), which is located in the “third eye” area.

The Moon number is **2**.

Those born on **the 2nd, 11th, 20th, and 29th** of any month have 2 as their soul number and are under the influence of the Moon. Number 2 usually adds a bit of emotionality, and with planets under auspicious influence of the Moon gives conciliation and prosperity. For instance, it is good to have a maternity hospital with the number 2, where natural birth is taking place. Those who live in an apartment or house number 2 should live in concord with the Moon, otherwise there will be emotional shocks, problems with children, mother, and water.

## Case Studies

In terms of the Moon people often turn to me as to an Eastern psychologist. As I have already mentioned, the main “lunar” problem is a huge inner emotional tension (though a person may look calm externally).

For instance, once a young woman visited me, whose Moon – hostess of the House of parental family and money – was in descent, in the house of diseases and enemies, and had a bad combination with the House of mother.



There were also money problems, fear to become a mother, inability to build up close personal relationships, fear of such relationships and great emotional tension. She confirmed what I said; her mother left her at the age of 2-3 years old and she was very well brought up by her grandparents. She hardly ever saw her mother until the age of 16.

I told her she had a big grudge against her mother, and that she had to get over this grudge – that was her karmic task. The woman started working on it. Then she had fear of remaining penniless – it is a sort of avarice; we worked on this too, and finally she graduated from very good courses and got a promising job. She also had some illnesses due to the Moon.

At that time I had gathered up a new group for the course in astrology (I was teaching in Israel at the time), and the course had already begun. She joined the group (which I normally do not allow, but with her I did) and then studied quite successfully for two years in our Centre. In the group she was notable for her strong emotional tension. On her example we could see how a weak Moon is manifest. She worked hard at self-improvement, though she was only partly successful, because she had a descending Moon in Scorpio.

On the other hand, despite all the “side effects” such a position of the Moon can be considered a blessing, as when such a person starts working with his psycho-emotional conditions, he can achieve whatever he wants. Due to this woman’s unfavorable position of the Moon, she had not wanted to have children at all and even hated them (this aspect was described in detail in the article dedicated to the Moon).

Thanks to the serious work on self-improvement, she managed to forgive her mother. They cried together, sorted out their relationship, she started taking care of her mother, attending to her, and finally they set up a very positive warm emotional contact. In addition her financial situation got better and she found a soul mate.

The last time I went to lecture in Israel, I found out she had had a wonderful baby boy that she was happy and she had worked out

80% of her lunar problems. The material problems were solved, as well as the health problems, and what is most important, her fears vanished.

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Here is another example of an unfortunate – to put it mildly – position of the Moon. Recently I have studied the chart of Goering – a man (though it is not easy for me to name him so) who stood behind the murders of a huge number of people and who was involved in the filthiest deeds of the fascist Germany.

In his early years his mother did not rear him, he was not breastfed. He grew up in a very severe environment. His moon is also descending, connected to the House of mother, without serious neutralization – that is why he grew up to be cruel and callous, he hated people, especially women and children, and was fanatically devoted to Hitler. He simply filled the emptiness where other people have love for mother and others with this devotion





# The Influence of Mars

## General Information about Mars, Classical Description

Mars's nature is masculine, fiery, warlike and dry. Mars determines our ability for resolute and powerful actions; it provides us with aggression, courage, force.

It is largely similar in its qualities to the Sun. It gives us self-reliance, strength of will and energy for achievement of goals. But in contrast to the self-luminous, self-sufficient Sun, Mars needs some fuel. It is very important that the fuel for its fire should be a desire for finding God's love, an aspiration to help others and protect the weak, and not the wish to satisfy one's feelings and follow in whichever direction they may lead, to obtain something at the expense of others and similar desires. Unfortunately, especially in modern times, Mars due to its aggressiveness causes conflicts, rivalry, wars, cruelty, and generates a desire to achieve one's aim at any price.

The Sun and the Moon represent Yin and Yang in terms of paternity and maternity. Mars and Venus symbolize Yin and Yang in terms of sexual partners.

Mars is a planet of explorations too, but usually it implies technological scientific progress, because Mars manages weapons, instruments of labor and machines. But modern culture's main aim is achievement of material prosperity with the help of technological progress, which results in the desire to solve all issues by force and to create more and more powerful weapons. Our civilization becomes tougher, more warlike, whereas the people have less love.

If a man is seriously engaged in spiritual practice, Mars gives him the ability to be disciplined, ascetic, the talent of a researcher, practicality, and good leadership qualities.

## Mars in Ignorance

Mars in Tamas gives a man continuously rising aggression and blood lust. Such people love watching fights without any rules. A bullfight is a clear manifestation of Ignorance; one should not even watch it, because the bull is considered an embodiment of Dharma and goodness.

Mars by nature initially leans towards Tamas-Rajas, so it is difficult to describe Mars in pure Sattva.

Mars in Ignorance gives a desire to destroy everything, and also, curiously enough, laziness. As Mars is in charge of practical execution of tasks, if a man has Mars in full Ignorance, he does not want to do anything at all.

It is also related to sexual perversion, sadism, sadomasochism, brutality, cruelty, all forms of violence (because Mars is in charge of force), including sexual violence. In addition, should such a man have also an Ignorant Moon, it will give him sexual violence towards children.

A rough manner and rude words are products of Ignorance. Mars in Tamas is also manifest when one repays Goodness with aggression. Such people, even children, radiate an energy of hate and irritation.

Where does a young child's aggression come from? There are two possibilities: either it comes from a person's past life (that is usually the basic cause), or while a child was in its mother's belly, his parents were quarrelling with each other, or when he was quite a little baby there had been an atmosphere of Mars in Ignorance in the house where he had been growing, for instance, his father used to beat his mother. However, as a rule, to be born in such a family there would already be definite problems with Mars remaining from one's past life, which are carried over into one's subconsciousness.

One of my patients had a strong Mars connected with the House of Partners and the House of Food. In her childhood, she was always fighting and at war with everybody, played football with boys, and

what is the most interesting, she loved raw meat from a young age. While cooking meat dishes she could not wait until she had finished preparing the food, but tasted it raw. This is very strong Mars in Passion and in Ignorance. If you feed even a kind dog with only raw meat for a week, it will change into an angry dog attacking everyone. Meat, especially raw meat, this is Mars in Ignorance, it increases aggression – so, as a rule, vegetarians are calmer for the most part than meat eaters are. If in India you enter a village where meat-eaters live, you immediately feel the difference: the people are different there, more aggressive and warlike

In ancient times kshatris (warriors) were sometimes allowed to eat meat (game or fish), they were only prohibited from eating pigs and cows. They also were allowed to have a several wives and concubines and drink wine. Nevertheless, when enemies attacked, they took their swords and were able to die calmly if it was necessary, because warriors had to protect their citizens at the cost of their lives. A warrior must have Passion to be strong and successful in battle – for this, it is necessary to have powerful Martian force.

Destruction of any building is Mars in Ignorance too. For example, if you live next to a site where people are demolishing a house, then the symptoms of Mars in Ignorance in some way, to some degree, manifest themselves in your life. If next to your house there is a building under construction, it means Mars in Passion.

Such a man can be very lazy and cowardly, although he outwardly tries to appear very brave. He experiences aggression towards everybody, even to those who have helped him in the past. He eats a lot of meat; other kinds of food he does not even consider as such, and is ready to drink any kind of alcohol in any amount.

## Mars in Passion

Mars is considered a passionate, hot and active planet. Mars itself is an embodiment of male beauty, and the saying goes that if a woman would see a handsome man with Martian appearance,



she wouldn't be able to avert her gaze. A well located strong Mars can give you an unusual attractiveness and beauty. For this reason passion is typical for the manifestations of this planet.

Mars in Passion is all kinds of gambling, not only cards, but any fights, competitions, and tournaments too. Passionate Mars gives the desire for rivalry, competition, and stimulates a man to do something active, to manufacture something.

Modern sports are Mars in Passion. Any kinds of sports which are higher than the 2nd class are unhealthy. Sportsmen who obtained high results are already, as a rule, sick people, who have worn-out bodies. After leaving sports, they usually come under the influence of the guna of Ignorance.

Sports fans are also demonstrations of Mars in Passion and Ignorance. Strong sexual lust is Mars in Passion (and partially in Ignorance).

For men having such Mars sexual hyperactivity is typical. Modern psychologists have already concluded that the more sexually active a man is, the more active he is in his social life. So all the nations under strong Mars influence (primarily Caucasians, and to a lesser extent Latin Americans) are very active, passionate and energetic.

“Martians” love debating, provoking an interlocutor, they have inside them a very strong spirit of challenge, a feeling of rivalry. For passionate people it is necessary to actively achieve something, to prove, to win, to constantly assert themselves. This is not bad. Such is Mars's nature, because Mars is the planet that provides will, the ability to realize one's energy potential.

Mars in the guna of Passion is in charge of all extreme kinds of sports, extreme entertainments, the tingling of one's nerves on the thin edge between animal horror and euphoria (and in Sattva Mars gives the absence of fear, when you need to take risks in order to help someone, or climb a high mountain peak, when it is necessary).

Mars in Passion causes a desire and aspiration to resolve all the issues by brute force. Vulgar speech with sexual overtones and dirty jokes are also Mars in Passion, often together with Venus.



Fitness clubs where people work out are under Mars influence. The fact that it is necessarily good for their health does not bother them; the key thing is that it gives them sexual attractiveness. Artificial exercise gives outer beauty, but it takes energy away on the subtle level. Teenagers go on a workout not to be fit, but to attract girls' attention.

Women bodybuilders experience hormonal changes in their bodies: the energy of the Moon and Venus is being replaced with the energy of Mars in passion. They therefore often have problems with childbearing and menstruation. Such women may become attracted to their own sex, because their Mars increases, causing them to feel male energies within. Power sports intensify Mars too, and for this reason the girls should not be carried away by them.

Shows that stimulate the nerves and create large emotional tension are also Mars in Passion. However, the shows in the Roman Empire were in Ignorance, because they killed the gladiators and animals there. Any shows involving murder, violence, and blood are considered Mars in Tamas.

On the other hand, many of the Eastern Martial Arts are Mars in Goodness (aikido, taekwondo etc.). Before getting down to the immediate study of these techniques, people learned Eastern philosophy and psychology for many years. To go in for such Martial Arts it is first of all necessary to have a proper worldview. Most of the Martial Arts teachers were also famous philosophers and spiritual guides.

If you want to intensify your Mars, become more decisive, start doing sensory physical exercises. They are especially useful for men. Besides yoga, they should regularly run, swim, do press-ups, train their bodies by giving them regular physical loads. Swimming is considered the most beneficial kind of sport; it is the closest to the guna of Goodness. In the Vedas, they say that swimming, fast walking and (for men) wrestling are the most advantageous types of sports.



Mars in Passion is when one returns aggression for aggression. Mars in Sattva is when one answers to aggression with love. As a rule, such a person will not even attract such a situation into his life that anyone should show aggression towards him. He radiates such energy that he would never attract any violence.

Remember: what we give out into this world is what we receive. If aggression exudes from someone, it means he will often run into aggression towards himself, disharmony in Mars attracts aggressors. People who are literally beaten by destiny (for example, their loved ones hit them) usually have huge disharmony in Mars.

## Mars and Health

In our body, Mars controls the reproductive organs, blood, muscles, face, left ear, sense of taste and bone marrow.

Illnesses resulting from broken or weakened Mars are the following: fever, epilepsy, piles (especially if it is connected with Rahu), tumors, high blood pressure, furunculosis, illnesses of the lungs and throat, deformities of the body, trauma due to violence, fire or war. Mars in a broken position is the reason for burns, cuts, injuries. Mars is responsible for male sexual potency, and therefore those who have trouble with the reception of Mars energy can experience problems in this area – a man may suffer from a shortage of sexual energy, and a woman may suffer because of her weak-willed spouse or love partner.

On a physical level, typical signs of weak Mars are the following: weakness of the immune system, bad appetite and problems with digestion, loss of weight, weakness of liver muscles and small intestine. Also typical are inclination to bleedings and traumas, slow healing of wounds and ulcers, possibly anemia.

On the psychological level, the main indications of weak Mars are lack of energy and motivation, inability to consistent and hard work. Such a man finds it difficult to carry his point through and protect his rights. He is timid and inclined to obey somebody else's

will or, alternatively, is excessively reckless and hasty, seeking to have people around him at his feet. In addition, he cannot express his anger and dissatisfaction adequately, and is not able to understand that he is being manipulated. He is excessively passive and easily controllable, and may quickly fall a victim to hard treatment and physical violence, or he may himself resort to physical violence without thinking.

The esoteric understanding of the psychological meaning of Mars is that this planet symbolizes a need of energy in self-transformation. Any kind of energy strives to realize itself. Any form of life needs an objective and a direction in which to move. The task of Mars is to direct the energy towards real transformation, to purification of our consciousness. From a philosophical viewpoint it doesn't make any sense to spend our energy on temporary objectives, yet that is exactly what we do, pursuing superficial goals and striving for satisfaction of our feelings, wealth and high position in society. In truth however true transformation depends on our ability to carry away our consciousness into the Kingdom of Spirit and unconditional love, and not on attaining some temporary and limited objective.

## **Mars in Goodness**

Mars in Sattva (Goodness) makes it possible to accumulate sexual energy and transform it. It causes enthusiasm, great practicality, managerial abilities (in conjunction with Saturn), the desire to make something by hand, to repair, to fix. A man with such Mars can implement any idea into life, and if its realization is impossible, he can at least understand it and explain about it in a calm way. As a rule, such people prefer practical clothes.

Very often people with Mars in Goodness are sensory people; they are able to make something by hand very well. These are not only craftsmen, they could be intellectuals, who are able to implement their ideas into life – great sculptors, designers, engineers,

constructors and even, curiously enough, astrologists, because the embodied Mars causes good logic and clear vision.

Mars in Goodness also enables one to answer with love to aggression, provides an absence of fear in front of danger, and steady following after one's highest aim. People with such Mars have a positive view on healthy competition, but they understand that there is never any winner in an argument, and that there is enough place under the Sun for all.

Nowadays, parents encourage their children from the cradle: "You have to be the best in anything and everything". However, people with Mars in Sattva say: "Let us all win together." If they are managers, they could say the following: "If our department gets out on the new level of sales, we all go on holiday." They do not divide people into winners and losers, because the key thing for them is a team spirit, when everyone helps each other. They have good collective thinking. In sports and physical activity the important things for them are health and the chance to widen their possibilities. In such sports, there are no losers.

Mars in Sattva creates noble warriors, liberators, but not conquerors; they never attack, using their strength for protection purposes only. Incidentally, all the Eastern schools of combat taught this, without fail: young warriors took such an oath, and it was as revered as the Hippocratic Oath is with doctors. That is why such schools of martial arts have existed for thousands of years. Whatever is not under the influence of the guna of Goodness does not exist that long. Rajas is a bright, fast-burning flare, and Sattva is an eternal fire, which can burn for thousands of years.

A person with Mars in Goodness is a protector. There are four levels of Mars development. On the last Sattva level the man has no need to fight: either an infuriated man comes to him and suddenly calms down by himself, or a rival simply loses the strength to fight.

In order to win you need to believe in your forces, in your good luck, you need to live with this energy. Mahabharata and Ramayana say a lot about such people. An example of a man with Mars in

Sattva is Ramachandra, who lived on Earth thousands of years ago and is referred to as “Lord of Self-Control.” When it was necessary he fought, but whenever possible he tried to avoid violence.

Every man, following this example, understands perfectly that fists do not solve a problem, although there are cases when you need to use them for protection. Early great warriors did not even need weapons: they merely read certain mantras and could hit many targets with one arrow.

Man with Mars in Sattva is an obliging person, protects the weak, all without feeling any pride about it. If a warrior boasts about his victories and achievements, well, then he is under Passion influence. Mars in Goodness protects out of a sense of duty, as Sattva implies precisely this quality.

The will in Goodness is illustrated as constant resolve. A person in Ignorance does not have willpower; he cannot force himself to do anything for the sake of his health, for example, to jog in the morning. Man in Passion may begin jogging and keep up with it for a few days, and often he make take on large quantities at once, but later on is unable to carry it through for long. Goodness gives a great and steady force of will. In the first place it is manifest in a person’s resolution to serve God and those devoted to Him, to develop love to God no matter what happens, even if the whole world is against it.

This energy of Mars, this force and resolution are very important for spiritual life. In Mahabharata and Srimad Bhagavatam there are stories about people who reached perfection, especially the warriors (kshatriyas) with strong Mars. Their motto is “Do what you have to do, and whatever will be will be”. Their lives were permeated with a noble spirit.

Everybody who wants to reach progress in his spiritual life must develop in himself the qualities of Mars in Goodness. If our resolve is steadfast, we search every day what else we can do for our spiritual progress, for the welfare of all living creatures and most

importantly for the development of our love to God. The Sattvic Mars it what makes it possible to achieve success on this path.

Strong will, persistence, and resolve enable a person to be engaged in the self-perfecting process for many years and to reach amazingly high levels. Should you perform physical exercise or yoga regularly for a five to ten year period, it transfers the influence of Mars energy on a person into Goodness. Many top military leaders and high-ranking officers have had Mars in Goodness.

People having strong Mars are of fine complexion, tall and athletic. Strong Mars also gives courage, self-confidence, independence, endurance, inclination to take risks and perform heroic acts, a warlike character, a sharp mind, the ability to meditate, enjoying arguments, leadership, good organizational skills and the ability to achieve practical implementation of different ideas.

## Summary

The influence of **Mars in Ignorance** is manifested in the following qualities of character and behavioral models: high level of aggression towards everybody, sexual violence, perversion, sadism, sadomasochism, brutality, cruelty, maniacal conduct. Speech is full of anger, rudeness and obscene swearing. Laziness. Cowardice. Ingratitude. Preferred food is meat, unlimited consumption of alcohol.

**Mars in Passion:** intensive physical activities, strong sexual desire (especially if coupled with Venus), sexual dissoluteness, physical strength, the attachment to various competitions, tournaments, gambling. Vulgar humor, a cruel character. Preferred food is meat and alcohol, including beer.

**Mars in Goodness:** fearlessness, great strength of will, enthusiasm, practicality, resolve, ongoing commitment and devotion to a higher goal, a serious attitude to sexual energy, an ability to save it and go for a long while without sex. Strong, clear logical thinking. It is

an ability to practically implement almost any ideas, even rather revolutionary. Desire and ability to protect the weak.

## **How to Intensify the Favorable Influence of Mars**

I want to say straight off that Mars is somewhat different from other planets in this respect. Many other planets can be intensified by way of performing some certain rituals (for example, above you can find the description of how to intensify the Moon, which causes relief from some illnesses, provides mental and emotional calmness, and changes one's destiny for the better), but with Mars it is not so clear-cut.

To be sure, people with broken Mars that have the issues described above should intensify their Mars, but it's very important not to overdo it, because a strong Mars could cause even more problems if a person is not well-developed spiritually. For example, somebody comes to the martial arts school, he finds himself in a severely brutal male team, and there they immediately teach him how to pack a punch, strengthen his muscles, tell him that only the strongest wins in a fight. A few years pass and he turns into a strong and cruel man, accustomed to solve everything by brute force, which gives him enormous conscious and subconscious aggression. And any aggression in the Universe is severely punished with deteriorating health and fortune and rapid shortening of life expectancy.

Statistics say that one of the qualities every long-lived person has is enormous kindness... In the Eastern monasteries, where people study different kinds of martial arts, they teach that you can use force only for the purpose of protection, and in the first years students are taught a philosophical approach to life, inner calmness in any situation and what is most important, love and serene detachment. Such a high spiritual level allows one to utilize Martian energy in full, without any "side effects", but simple strengthening of Mars (without development of one's inner good nature and altruism) can prove very dangerous.

To sum up: Martian energy is intensified by the following factors: physical exercise, studying different kinds of martial arts, strengthening of organism, developing of physical strength. On the psychological level, one should try to be energetic, brave, active and vigorous. It is necessary to have discipline on all levels: physical, emotional and spiritual. However, this discipline is supposed to be reasonable and flexible, but not cruel.

It is possible to intensify Mars with the help of herbs and spices, mostly spices of the Sun such as cinnamon, saffron, turmeric, red and black pepper. However, in this case, it is advisable to combine them with refreshing remedies, such as ginseng and astragalus. Should Mars be very strong, it is necessary to “cool” it down with herbs like aloe, gentian, and coneflower.

Recently I have read an article by a famous doctor, who recovered from brain cancer and devoted many years to studying reasons and ways to treat this horrible illness. He wrote that turmeric resolves tumors, including malignant ones.

The color for amplifying Martian energy is red, and in general all of the “fiery” colors. Many Martian people are partial to khaki. However, one should take into account that even people supposed to wear “Martian colors” (about 20% of people) aren’t recommended to wear them constantly, because it strengthens Mars too much. By the way, according to statistics, “reckless” drivers prefer cars of red color.

In summing up I would like to add the following, what one should always keep in mind: Mars is considered the most unfavorable planet, the big destroyer. Mars got these “titles” because it manages aggression and anger. As it was noticed long ago, “five minutes of anger can break ten years of friendship”; likewise fire can turn a big house, which took several years to build, into ash within minutes. Anger and aggression are the main obstacles in spiritual life. “Lust, anger and greed are three basic vices, leading to hell”, – Bhagavad-Gita says. However, simple authoritarian control of anger does not bring any good either, because in this way aggression is being

driven inside into the subconscious, and inside it is essential to have calmness, love and acceptance of everything.

So “letting off steam” can sometimes be very useful. To achieve this effect, for example, once a week you can find a place to stay alone and hit a pillow or a stump with all your power, imagining them to be your offenders.

People who are supposed to sometimes display severity and aggression in their line of work (managers, educators, employees of power structures), should learn how to use them without falling under their influence. For instance, you, the manager, are reprimanding your negligent subordinate in a loud voice. Suddenly there’s a phone call. If when answering it you continue talking in the same voice, that means you are in the power of the baser energies. However, if you speak calmly, that means you manage the situation, yourself and your feelings.

There are four levels of progress as per Mars:

- A man responds with aggression and ingratitude to Goodness, perceives and transmits only rude kinds of energies and is quite unable to manage them, being a puppet of those energies. On this level, a man resembles a grown child, who has not adequately matured. People can deal with him only by using rude shouts and threats. On this level, the self-expression comes only via physical action, brute force. Satisfaction is being provided through physical work that does not require delicate coordination of movement, and through elementary fights or strength competitions.
- A person returns aggression with aggression. On this level, one can already partially manage his emotions. Here he reacts not only to a strong direct conflict but also to a hidden hostility. For this level, the typical feeling is that the only reliable means of controlling any situation is direct authority, secured by the use of force.



In love, the basic affirmative feeling is the power over loved one, or conversely full submission.

- On the next level, a man can restrain strong fits of anger and aggression by sheer willpower. Ultimately however this can lead to neurosis, a feeling of dissatisfaction, and the idea forms that you can change yourself and the world only for a short time. On this level, a person may react peacefully to aggression and transform enemies into friends.
- A man responds with love and Goodness to aggression, works on high spiritual energies, and on this level, Mars no longer radiates any aggression. If such a person comes across an attempt of direct energy conflict, he becomes transparent for it (for example, he answers very quietly and politely), and the aggressor is immediately deprived of his energy – he feels an unaccustomed to awareness of respect, a gleam of conscience and the wish to apologize. As a rule, such a man does not even attract into his life any aggressive people and circumstances.

In this way everyone should strive to cleanse his consciousness, learn to constantly maintain one's inner good nature, and on an external level to devote all his energy into changing his situation (if the circumstances demand it), keeping in mind that laziness is the mother of all vices.

Contemporary Indian astrologers give the following advice for the harmonization of Mars:

- In the mornings, chant the Hanuman Chalisa (Vedic devotional poem).
- Be grateful and polite to those who serve us. In modern understanding this includes not only servants that work in our house, but also those who work in the service industry.

This Mantra to Mars has a very strong protective effect:  
**Om Namō Bhagavate Narasimhadevaya.**

## From the Training Course

Mars Day is **Tuesday**. Mars manages **land property, ambitions, brothers and sisters, men's sexual potency**.

Mars is a protector of **a wife and land property**. Mars is a celestial "Commander in Chief". Mars is personified as a strong male personality in martial vestments, seated on a ram (an animal that is famous for its martial nature).

In English, the word "martial" itself originates from the name of the planet Mars and its qualities: clear awareness of a goal, duty, order and discipline.

Mars is also famous for such qualities as courage, boldness, patience, self-confidence. One of the Sanskrit words describing Mars is "Lohitang," alluding to its bright red color that you can see with your naked eye in the night sky.

Strong Mars gives a person **large stature, athletic body, warlike attitude, independence, capacity for heroic deeds, a sharp mind, intellectual energy, ability for practical implementation of ideas**.

The direction of Mars is **South**. The further south, the stronger the nation is influenced by Mars. It is good to have **a kitchen or a fireplace** in a southern part of a house.

Weak Mars is **sexual dissoluteness, rudeness, inclination to drug addiction, alcoholism, recklessness**.

Professions: **military men, police officers, builders, mechanics, designers, cooks**. A good cook always has strong Mars in his chart.

Its color is **scarlet, red** – these are the colors of aggression and activity. Stones – **red coral, ruby**, all kinds of red stones.

Metal – **iron**.

Signs – **Aries, Scorpio**. It is exalted in Capricorn and falls in Cancer.

Its nature is **male, dry, and fiery**. Physical exercises, **especially**

**martial arts and sports, reinforce volitional senses**, which in turn strengthens Mars greatly.

The best House for Mars is **10 (Zenith)**. Mars provides also good results in houses 3, 6, 11. These are the houses of fortune (growth). To have a harmful planet in those houses is a blessing from a previous life.

**All kinds of aggression, violence and anger block the Mars energy.** Conversely, if violence is not applied by those who are supposed to protect against an aggressor, a terrorist etc., the beneficial effect of Mars is terminated.

Mars is responsible for the 3rd chakra, Manipura-chakra (the energy centre of will)

**Mars number is 9.**

Anyone born on the **9th, 18th, 27th of the month are under Mars influence**, and it is very important for them to live in harmony with its energies.

**Number 9 is connected with the primary sound, mantra AUM.**

All creation is an esoteric confluence of two energies, graphically depicted as a triangle with its peak pointed upwards, and a triangle with its peak pointed downwards. This vibration is considered the basis of all the sounds and vibrations of the Universe.

“Nine” plays an enormous role in individual mystical experience. Powerful and [regenerative](#) number 9, resulting from a thrice-repeated triad, brings destruction into the life of a man, signifying by itself renewal of eternity of [existence](#).

The hexagonal David’s Star was taken from the Old Indian Yantras (graphic pictures). Forming part of the Israeli flag, it empowers this State with the warlike spirit of the Martians, bringing in its history many wars, in most of which Israel is going to win. In addition, Mars encourages people of this country to have interest in Kabbalah and ancient eastern culture.

## Case Studies

If women have Mars in a fall, it is not so bad for them, as women should not always have strong Mars, especially if they have strong Sun. I gave a consultation to one woman, who had in her chart very strong Sun and Venus. She is beautiful, charismatic, successfully conducting seminars and courses. However, she has weak Mars under the aspect of Jupiter in a fall, which gives an inner cruelty to her character.

She was in charge of some public event, and one of the participating women began dancing with her husband, flirting with him. This woman brought her out and beat her up. This is a striking example of the influence of weak Mars, which provokes temper, rejection, use of superfluous physical force (practically any violence from women makes the Martian influence worse, especially when a woman hits), the fear of a strong partner and neglecting the weak. Although she outwardly appeared very kind, I was astonished by her tough judgment of people. She idolized a few people, the rest were despised, condemned and ridiculed (but this is an influence of Jupiter in fall added).

I consulted her on how to intensify and harmonize Mars on all levels. People with such Mars usually have weak muscular tonus; the bodies of such people become swollen and distorted at an early stage. A similar fate occurred with that woman, although she took care of her health very much. Therefore, I advised her to do physical exercises in addition to everything: if she practices yoga, it should be power yoga, with additional push-ups. As a rule, people with weak Mars suffer laziness, shrinking from accepting a physical burden. But thanks to the fact that the level of this woman's soul development was high enough, she accepted my advice and began progressing in many aspects.

Once in Moscow I gave consultation to a 12-year-old girl with very strong Mars. More exactly, I spoke with her mother, as her daughter was away studying at school in London.

I said to her mother: “Your daughter is supposed to become a leader of some international corporation.” Her mother confirmed: “Yes, she has controlled all the people around her since her childhood.” She has a very powerful Mars, in exaltation in the House of Personality; this House is very strong and under good aspects. Despite Mars being a harmful planet, it is a helping hand in her life.

We called her. She said in an assured tone, that she is a “very modest” person, but meanwhile she is good at management, a school leader and plays sports rather successfully. I advised her to develop feminine qualities, but to go on playing sports and to be engaged in management activities that she had been successful in since her childhood

## The Influence of Mercury

Mercury represents speech, communication and commerce, manages education, writing, calculation and purposeful thinking. As the fastest of the planets, it gives the ability to assimilate knowledge quickly and a swift adaptability to different people and situations, an ease of self-expression.

Mercury is intellectual and nervous energy in its active manifestations. Therefore, by the status of Mercury in the natal chart it is possible to consider intellectual abilities of a man, his ability to set goals and the state of his nervous system. Mercury is responsible for the respiratory and nervous system, speech, education and intellect.

Mercury is the smallest planet in our solar system with a fast reaction, changing character, quickness and restlessness.

The main Sanskrit name of Mercury is Buddha. This word means intelligence, and is related to the concept of “Buddhi” – the ability to make correct judgments, which allows one to distinguish reality from illusion (when this ability is fully awakened, a man becomes “enlightened” – Buddha).

Mercury manages intelligence through training, lessons and observation. Mercury has a superficial nature; it causes inconstancy, duplicity, frequent change of relations and an independent nature. He’s not sexy, neutral, cold and wet.

Mercury gives youthfulness. It is noticed that people involved in intellectual work look youthful. If it is weakened, it can cause “intellectual greed.” Such people are always learning something, but do not apply their knowledge in practice, or their study is shallow.

If a man’s Mercury and Moon are in fall at the same time, he will be slow in intellectual and mental growth.

## Mercury in Ignorance

Chaotic activity of the mind and body is typical for a person with Mercury in Ignorance, he is often nervous, bustling, and causes suffering to others by his senseless chatter and absurd activity. Or, conversely, he may be in a blurred state of mind, is sleepy and apathetic, has problems with setting a goal.

For example, you come to the computer for the fifth time during an hour to check e-mails as if your life depends on receiving the letter. Mercury provides intelligence, and one of its main characteristics is purposefulness in actions, the ability to settle upon goals and achieve them. If you have no goal in your life, you drive your Mercury to Ignorance.

A person with Mercury in Ignorance finds it difficult to concentrate, he tends to “bounce off the walls”, talks too much, passes judgment on others, gossips, criticizes, insults, employs cunning and duplicity, he has poor memory and problems of control over his feelings. Such people don't learn lessons from life. They are given certain lessons, but instead they experience aggression only.

A weak and damaged Mercury is the reason for strong nervous twitches. Schizophrenia is a result of Mercury (and the Moon) in Ignorance. People had Mercury in Ignorance in previous lives are born with inherited neurological and psychotherapeutic problems. If they do not progress in their self-development, then sooner or later their nervous system deteriorates.

But by simply cultivating Sattva it is possible to get rid of mental illness. In today's world the symptoms of these diseases can be temporarily halted by chemical drugs, but this only causes people to sink lower and lower into Ignorance.

## Mercury in Passion

Mercury in Passion causes shrewdness, but such people are very cunning, masters of ingenious deception, always able to approach

the necessary person to make the most of any situation for his own benefit. This often causes smart, talented swindlers.

Mercury is a planet of adaptability, so that such people can effortlessly adapt to any situation, both in a good and in a bad sense. People with Mercury in Passion are know-it-alls, they are always reading something, collect cursory knowledge to show off their erudition. Such a person always attaches great importance to whatever shows on the outside, the superficial.

Most people in the West are under the influence of Passion, which is defined by a greedy thirst for information: this book has to be read, and that one, and another one... «I buy ten books each time I am in the bookstore; I have read so much esoteric literature...» A man keeps on reading, but life keeps getting worse and worse. Such dependence on information destroys the nervous system. Any knowledge that we do not apply in our life destroys the subtle body and often gradually leads to Ignorance. Remember that many saints only read one or two books in their entire life, yet they made progress. There is no need to read twenty or thirty books per year, if you do not digest them internally.

To be sure, in modern society a wealth of information is available, and we can communicate with the great masters through their books and audio lectures. But one should not go too far all at once. First take one topic and study it well, go over it for a few times before starting the next one. Many people who experience a setback or misfortune decide: that's it, now I will get some inspiration and all the problems will be solved – and they begin to read many spiritual books, attend many lectures and courses. But their knowledge is very superficial, and as a result they are often disappointed with the information that they have swallowed so quickly. When a person is too full of bustle, Mercury is plunged into Passion and does not achieve good results.

When Passion penetrates the mind, people are inclined to abide by particular, fairly narrow doctrines. Basically, they set themselves material goals, goals in Passion – to achieve wealth and fame.



People with Mercury in Passion are often gossips and writers of anonymous letters, which as a rule take away a lot of nervous energy. When criticizing someone, we take to ourselves their harmful qualities and bad karma.

People with Mercury in Passion sooner or later will feel nervous exhaustion due to excessive mental activity, even if the person is not physically active. They are very impulsive. Their intelligence moves around very rapidly, tending to mull over everything, even when it is not necessary. It seems as if they have a small computer in their head that is always switched on. Many successful small-scale traders have Mercury in Passion.

People with Mercury in Passion very much want to learn anything that will help them to manipulate others to achieve a high material position and fame. Their mind and body are so active that sometimes it is even difficult for them to sit in a fixed position, life is full of bustle. They are characterized by corruption, excessively abstruse speech, orthodox adherence to a certain worldview (even if there are facts that contradict its concepts), rejection of anything new, enormous pride because of their intelligence, the unwillingness and inability to see the Supreme Wisdom in everything. The main thing for such a man is not the truth, but the opportunity to sell his “knowledge” for the best price. His intellect is immersed in external aspects, and he is not able to focus on the inner state of people and objects, nor does he often want to do so. Such a person easily assigns labels to someone, gives nicknames, he tends to dismiss everything with mental definitions, attributions and classifications, and then he considers that his job is done, his assessment of the object is complete.

Mercury in Ignorance, and to a lesser extent, in Passion leads to the following diseases: dementia, all kinds of mental problems, nervous disorders, neuralgia, impotence, deafness, eye problems, asthma, dizziness, arrhythmia, and helminthes. In general it is the cause of the overwhelming majority of diseases. Not for nothing do people say that all diseases are from nerves.

On the other hand, a debilitated Mercury does not always mean low intelligence. It can cause harm in another way, for example, causing speech defects, nervous system disorders or neurosis. Other planets (e.g. Jupiter) can bestow an outstanding mind upon a person; however, without a strong Mercury it will be difficult to articulate their intellectual merits, especially in writing. Mercury defines our self-expression.

If Mercury is located unfavorably, it causes cunning, deceit, deception, excessive activity of the body and mind, behavior of a know-it-all. Such people can get pleasure from calumnies, slander, writing anonymous letters.

## Mercury in Goodness

Mercury in Goodness gives deep thinking, the ability to take in and see the whole picture, the ability to clearly define a goal in life and understand how to achieve it. A person with Mercury in Goodness has a goal for a year, for five years, and of course he knows his destiny, his main purpose in life. Mercury makes a person wonder: “Why am I doing this, what’s the point?” and do only what is really important and necessary.

People with Mercury in Goodness have unsurpassed logic. Lord Chaitanya, regarded as an avatar of Lord Krishna, flourished in India five hundred years ago, and his arrival is considered by some to herald the start of a Golden age. While studying at school, when discussing any subject he could prove everything he wanted. He showed great specialists (scholars, experts) and Brahmins the absurdity of their conclusions, and then using the same arguments calmly refuted all his previous reasoning. He thus demonstrated that it is impossible to comprehend Absolute truth on the basis of logic only.

A person with Mercury in Sattva easily applies knowledge and formulates everything logically and systematically. His speech is very thought out and systematic. It is not in vain that people say:

“Whoever thinks clearly speaks clearly.” Such people always see the essence, the meaning. Of course, if a person uses his abilities to achieve selfish goals, it means Mercury is in Passion.

Mercury in Goodness gives the ability to analyse, and helps to learn from others’ mistakes. Such people practically do not make mistakes of their own— they can somewhere read a book, see or hear something, ask someone some advice, and they already know exactly how they should not act.

Such people absorb knowledge easily. It may seem that they do not do it as fast as people with Mercury in Passion, but they hold onto something for a long time, think clearly enough and understand everything much deeper. They are broad-minded yet at the same time have a great depth of understanding in many things.

They also have an unbeatable sense of humor, and in Sattva the humor is not associated with sex or with personal insults. Basically, they are able laugh at themselves.

It is noteworthy that almost all intellectuals have a very good sense of humor. If you cannot joke, then you do not yet have enough energy of Mercury. Try to listen to the humor of intellectuals. For example, the Russian stand-up comedian Zadornov has a very good humor, mostly in Goodness. He can find a lot of funny, interesting and instructive things in an ordinary situation.

Try to treat life with humor, looking for the funny side in everything. Life is very humorous, and God is the chief humorist. If you learn to joke in a good way, often laughing at yourself, then humor will help you in your spiritual development.

There was a woman with affected Moon in one of the groups to whom I taught astrology, and she was continuously worried about the different positions of the planets in her chart. Once some intelligent student, who spent many years working as a doctor in Israel, turned to her and said: “Do not worry, this chart is only for one life, in the next life there will be different one.”

Some psychologists once held investigations with two groups of roughly the same intellectual level. In both groups the instructors

were very good, but in one group they taught with humor, and in the other one without it. As a result, the first group amassed the material three to four times faster and deeper than the second one. A lively emotional presentation of the material is very effective, so whatever is taught remains in the memory for far longer than simply dry information. Whatever you were taught (or, if you teach someone), add humor to the process and into your life. There is no need to read spiritual lectures with a long face. Remember that court jesters were the most intelligent people in history.

Whenever you study, try to sit facing north (it is also very good to face northeast), because this is the direction of Mercury. I have held research in my groups and came to the conclusion that those facing north learn the material three times faster and remember it much better. When a man is looking to the north, he has very active Mercury. On the other hand it is extremely undesirable to sleep with one's head towards the north.

Try to develop the intellect and first of all learn Divine knowledge. A person begins to age when he stops learning, being open to understand new knowledge. Please note that people that adhere to orthodox views, believing that they already know everything, often look much older than they really are. They have a heavy and closed energy.

Therefore, if you do not want to have the power of an old man, always be open to knowledge, and never say that your opinion and the information you have is the ultimate truth. The universe is constantly changing, and the main purpose of the soul is self-development. We must always move forward. Each day something new is happening. Even a system of spiritual values is constantly updated; it is not some final, frozen structure.

Mercury in Sattva causes a very strong control over the mind and senses. First and foremost, it allows one to control his speech, and if a person can control his tongue, he can control everything, including his own destiny.

Control of the tongue includes undefiled speech and food. A person that does not control his language, talks too much, binges at night, eats everything in sight, can easily ruin his karma. It is very important to control feelings. With inspired intelligence in Sattva you can control the mind and senses.

Mercury in Goodness also provides an inner independence from any external circumstances and a healthy flexibility. Such a person can adapt to any conditions without difficulty, easily joins a new team and is able to hook up with anyone, but unlike a person with Mercury in Passion, he is not seeking for his own advantage. He feels comfortable in any weather, in any society, anywhere. He accepts everyone and everything with love and respect.

While intellect is in Goodness, a man establishes harmonious relationships with others, thanks to his respect to them, lack of ego and the desire to assert himself, a polite attitude, the ability to listen and hear other viewpoints. People with Mercury in Goodness never argue with anyone (Sattvic Jupiter causes this as well). Tranquility always emanates from such people; they are able to consider any line of reasoning without losing their composure. If your opponent has intelligence in Ignorance, he furiously argues and screams, then of course it better to let him be, so that ignorant energy should not rub off on you, but if the person argues in Passion, keep your own intelligence in Goodness, calmly scrutinize the approach of the opponent to see its weaknesses and methodically use facts and logic to refute him. But if you see that the person is too excited emotionally, and you cannot calm him down with your energy, it is better not to discuss anything with him. This is a very important skill for advising, conducting negotiations, etc.

Mercury in Goodness gives acceptance of other people, a strong nervous system and a calm mind. Such people can reach the heart of the matter very calmly and logically, explaining point by point, and deliver their message pleasantly, interestingly and humorously. If they become leaders, then they run everything with order and method, without complicating the issue.

First of all Mercury in Goodness is an inspired mind, thanks to which a person can achieve the Divine purpose, to change his life. This is a mind that is able to distinguish the “sat” from the “asat” – the eternal from the temporary; indeed, this is what the mind is destined for, to analyze, distinguish and discern. A person with Mercury in Goodness has a great ability to perceive the essence: he decides to go to God and accepts everything put in his way, if it is favorable for the development of unconditional love and service to Him, rejecting all that is unfavorable. If a person has a strong mind, he can easily change his destiny; he clearly sees the essence of everything. To bring Mercury in Sattva is a great blessing and a major achievement, it gives an understanding that everything that happens with us is a lesson, and all whom we encounter in life are our teachers. And all these lessons and teachers are sent to us to teach us how to love unconditionally and accept love, to realize that only God’s love is the ultimate goal of life.

Mercury that is well located gives people good nature and the ability for harmonious communication. It gives flexibility of mind, a sense of humor and a certain cheerfulness.

Strong Mercury gives a quick mind, wit, imagination, good memory, sophisticated intellect, logic, erudition, prudence, oratorical and mathematical skills, an inclination toward mystery and eloquence. If Venus is also strong, it adds keen humor. Strong Mercury also gives accuracy.

Example: one student from our courses has successfully graduated Economics in Jerusalem, worked in a large and very prosperous financial company in Israel. She earned a lot, but the work required large analytical and mathematical skills. She has made charts for all her employees and discovered that for most of them Mercury is in exaltation (very strong position) in the birth chart. Mercury was in exaltation and the strongest planet in her chart as well.

On the other hand, if Mercury is weak it does not mean that person will be of low intelligence. From my humble experience, this means that people will be full of bustle, unable to set clear goals in

life. It is usually difficult to achieve stability and lasting prosperity in commerce for such people, since Mercury is responsible for commerce as well. I have never seen a high level businessman with weakened Mercury. They all have clear objectives for the years ahead; they are calm, consider their speech carefully and usually of few words.

For example, recently I consulted an Orthodox Jew. According to the chart and judging by the location of Jupiter, he has been following the orthodox spiritual path for a number of lives, while he had dilapidated Mercury. All the time he kept saying something, his body was always making some unconscious movements; his life resembled a bustling stream, constantly changing its direction. He was not able to set a goal and did not even understand why this should be done. In his youth he was engaged in commerce, but whenever he achieved success, after a while he got out of business. What was important for him in religion were external attributes and rituals. He is seriously ill due to his much weakened nervous system.

## Summary

An effect of **Mercury in Ignorance** is defined by the following characteristics and behavior: a total inability to concentrate, senseless activity of the body and mind, complete aimlessness of everything that is done in general, an absolute lack of control of mind and senses, constant condemnation of others coupled with a rude manner, cunning, bad memory, reluctance to learn and understand something new, total absence of sense of humor, or black humor associated with the suffering of others. Failure to learn lessons from past events, to the extent of shifting the blame for problems to everybody else. One can say about such people: "Life has taught him nothing." If they do not work on themselves, then sooner or later their nervous system is ruined. People with Mercury in Ignorance in past lives are born with inherited nervous and psychotherapeutic problems.

**Mercury in Passion:** cunning, the desire to listen and share gossip, especially sex related, ability to establish relations with the necessary people, the desire to appear as if they know everything, constant thirst for information, great desire to learn whatever will help to manipulate others, to achieve a high position and fame, much activity of mind and body, bustle, corruption, excessively abstruse speech, orthodox adherence to certain worldview, closed to anything new, great arrogance due to intellect. Unwillingness and inability to see Divine Wisdom in everything, reluctance to see the true essence and inner state of people and objects.

**Mercury in Goodness:** unbeatable logic, deep analytical skills, ability to learn from others' mistakes and from very brief instructions, ability to quickly grasp the essence. Ability to explain complicated things in short, simple and very accessible language, to come to an understanding with others. Openness to new knowledge, ability to clearly set goals and reach them regardless of circumstances, quick adaptation to various circumstances and people. Ability to control feelings and mind. Keen sense of humor and ability to joke about yourself. Good sense. Strong desire to learn the Absolute Truth and learn Divine Knowledge. Understanding that everything that happens to us is a lesson and everybody we meet are our teachers. Understanding that only God's love is the ultimate goal of life.

## How to Harmonize the Influence of Mercury

Mercury is strengthened when we study and analyze. The best is to learn the heritage of enlightened masters, and to a lesser extent study of an ancient Indian astrology, foreign languages, especially Hebrew and Sanskrit.

Mercury is also strengthened when we set goals and live according to them, and vice versa, a meaningless, bustling life destroys the beneficial effect of Mercury.



The favorable influence of Mercury is enhanced if we develop eloquence, oratory skills. Sometimes people say about someone: “he is so smart, but cannot express himself.” But even many modern psychologists came to the conclusion that the more clearly a person thinks, the clearer he communicates. So, if an intellectual will develop his oratory skills, his intelligence is enhanced.

Mercury also is strengthened if a person knows how to listen and consciously uses his speech. Silence greatly reinforces Mercury; therefore sages are as a rule able to keep silent. How can we distinguish the wise from the foolish? By language, by how and what they say.

To enhance Mercury it is useful to develop keen humor, to learn how to produce comedy from any tragedy. Still meditation is very good: for example, sit with your back held upright and do not move, watch your breath and/or repeat mantras or prayers.

Another option for meditation is to sit upright and at eye level, at a distance of two meters, place a black dot the size of a penny (this may be a small icon). Look at it without moving your pupils at all. If your eyes become tired, close them. Ten minutes of such practice on a daily basis quickly bring Mercury to a much more harmonious state.

The favorable influence of Mercury is blocked when a person is promiscuous. Generally speaking, almost any sexual contact weakens Mercury, especially with one’s own sex or any perversion. Mercury is manifest through the upper energy centers, primarily via the fifth chakra, and sex life redirects the energy into the low centers. Notwithstanding what the creators of the sexual revolution say, scientific evidence confirms that the earlier teenagers begin sexual life, the longer and stronger they will experience depression, immunity will be weaker, success in school will be lower. If I advise a teenager who has studied successfully, was a good son or daughter, but suddenly fails to not succeed, loses interest in studies, and becomes aggressive, you can be 95% sure that “the child” had

started sexual life, or was actively masturbating, or addicted to pornography.

Indian astrologers advise the following strengthen Mercury:

- regularly donate to orphanages, help poor students;
- take care of tulasi (the sacred medicinal plant), especially on Wednesdays;
- to feed cows with leaves on Wednesdays;
- to place a picture or statue of Buddha or Vishnu in the northern part of your home.

Mercury mantra: **Om Namō Bhagavate Budhadevaya**. If a person follows the path of Buddhism and Vaishnavism (worship of Vishnu), then Mercury is amplified a lot

## From the Training Course

The signs of Mercury are **Gemini and Virgo**. In Pisces, it falls.

This is the **only planet that is exalted in its own sign**, in the first 15 degrees of Virgo.

Mercury is responsible for **5th chakra – Vishudha**. This energy center is located at the bottom of the throat and is associated primarily with speech.

Its day is **Wednesday**, its color – **green**. Metals – **Mercury, Silver**.

Stones – **green emerald**, direction – **North**.

Mercury is responsible for the following professions: **writers, teachers, speakers, businessmen, sculptors, astrologers, astronomers, scientists, people who possess the secrets of mantras and yantras**. In our time, without strong Mercury it is difficult to be a good financial analyst, teacher, mathematician, accountant, auditor, journalist, trader, PR expert.

In medical terms it is responsible for the **nervous system, solar plexus, hands, mouth, tongue, skin and hair**. Mercurial diseases

are **mental illnesses, neurosis, neuralgia, impotence, deafness, eye problems, asthma, dizziness, arrhythmia, and helminthes.**

In numerology, the Mercury number is 5.

**Everyone who was born on the 5th, 14th, 23rd of the month are under the influence of Mercury** and are usually quite intelligent, sociable and love to communicate.

The number five is a model of description of the most important characteristics of macrocosm and microcosm. It is a known five-fold division of the world; there are 5 elements of the Universe, 5 classes of animals, 5 senses, 5 internal organs, 5 passions.

## Case Studies

I have very good friends – a married couple. They could not conceive a child for many years, the wife had an ectopic pregnancy, and there were problems with the skin and gynecology. Her Mercury was debilitated in the House responsible for gynecology, and his Mercury – in the house responsible for children and digestion. Apart from that, they had very strong charts – they are talented people, the wife was a leader who ran spiritual organizations (the Sun, owner of the House of personality, was in the House of religion and good luck). But weakened Mercury made them constantly fuss, they always had thousands of successive ideas, and they were not able to select one of them on which to concentrate.

I advised them to outline one clear plan and work at it, told them what books they have to read and what lifestyle to lead. I gave them mantras to neutralize the negative effects of Mercury. But according to my experience, if one has a strong planet which is located favorably, he easily perceives and reads his mantra, as if he did it all his life (and thus easily leads a harmonious life in those aspects that come under the sphere of this planet); but people find it very hard to read mantras to neutralize a weakened planet.

This couple adheres quite fanatically to a certain religion. I had a long discussion with them explaining that one of the most important

moments in spiritual progress is the ability to live in reality, in the here and now. “You pray, read mantras, but live without an aim and are often careless and cannot concentrate. If you pay attention, you’ll see that you are very rarely in reality, your mind is constantly rushing, either into the past or into the future,” I said. They started to work on themselves, the process of internal purification began, and a slow improvement started. They also engaged in purifying the body in accordance with their physical constitution.

Unfortunately, I have not seen them for two years and do not know how they are. But this is a fact: they have huge potential, but due to their problems with commitment, constant rushing and excessive number of contacts they overload themselves on the energy level. First they read some literature, then something else, constantly watching spiritual seminars one by one, arrive back from one pilgrimage and immediately start dreaming about the next one, and, indeed, do not have time to live their own lives due to their hurrying around. I know that they do not take my words seriously enough because some of what I say contradicts with their religious principle. I know that this woman has had one more unsuccessful pregnancy, another trip to the shrines of India, another complete change of external activities and places of residence.

It is always very distressing to hear about it – they have great potential and could become world famous healers, spiritual leaders, or simply happy parents.

The second example is strong Mercury. Several years ago I gave consultation to the Director of the factories network in Kazakhstan. His Mercury, master of the House of personality, was in exaltation in the Fourth House, responsible for the House of mother and real estate and with the career aspect, and besides; he is drawn into some royal connections (Raja Yogis). Several other strong planets were in the House of mother. I immediately said: “You received support from your mother as a child, your mother is a very intelligent with a top position,” and he confirmed it. His mother had held a high position in government, was a very clever woman, and he inherited her best qualities. Exalted Mercury often gives people great intellect

and a degree. As a rule, big businessmen have strong Mercury. This person can estimate business perspectives in an instant; it seems as though he has a computer in his head. He quite successfully manages business, instantly logically “evaluates” any person or idea. I gave him some advice in relation to his irritability caused by the aspect of Mars to Mercury, which was capable of causing disease.

I have two friends, both big businessmen, owners of huge corporations, they both have strong Mercury, located in the best Houses – the fifth or the ninth, and it gives them wisdom. They read deep spiritual works, can talk on philosophical topics, and at the same time, are not up in the clouds. They are very successful in business, and clearly know what they want in life (Mercury is responsible for the purposefulness).

# The Influence of Jupiter

## Philosophical Understanding of Jupiter

The Sanskrit name for Jupiter is Guru (spiritual teacher) or Brihaspati – lord of prayer or devotion.

According to the location of this planet in the natal chart, we can estimate a person's character, the strength of his principles, his level of morality, the religion he is committed to, what his ideology is and how he adheres to it.

Jupiter is the planet of creativity, energy expansion. It is main controller of children (putra-Karak), as well as their quantity, their health and our relationship with them.

Jupiter is very important for women because it represents not only children but also her husband – the main components of women's happiness. However, since in our time, especially in western society, women tend to marry without the blessing of their parents and without the consecration rites, based on passion, the indicator of the husband becomes Mars.

Jupiter is the planet of luck, compassion, optimism and prosperity. It represents a measure of money and prosperity. Moreover, Jupiter is an indicator of good karma and unexpected gifts of fate.

In terms of medicine Jupiter is associated with the immune system, on which our health depends very much.

At a higher level Jupiter is associated with piety, morality, hierarchy, and it shows the power of man's faith.

## Jupiter in Ignorance

Jupiter determines the ideas and ideals by which a person and society live. This is the most important thing, because the ideals of a person determine the eventual a route of his life resulting from

them. In the chart of a government, Jupiter (in particular, its periods and transits) determines what ideology the particular country will follow.

With Ignorant Jupiter, people follow harmful ideas, such as to cause someone damage, to destroy someone. At the state level, these ideas sound something like this: “In order to be happy we have to rule, to destroy someone, to cause suffering for someone.”

A person with ignorant Jupiter is very rude and sarcastic; when he speaks, he usually uses obscene words.

First of all, Jupiter is affected by irreverent speech because, unlike Mercury, which is responsible for speech in general, Jupiter is responsible for respectful speech in particular. If Jupiter is favorably placed in the chart, then the person will have respectful speech. There is a true saying that if a person communicates with others respectfully and politely, he will attain all the prosperity he wants.

Ignorant Jupiter causes hatred to teachers, other religions and to religion in general, contempt for morality and a lack of morality in the person himself. Its slogan is, “We live once, do what you want.” The other extreme is when a man is fanatically committed to any ideas, moral or religious norms, hates those who do not follow them, and is ready to apply violence towards them. The influence of Ignorant Jupiter often causes recklessness, when people do not think about the consequences of their actions at all, or full pessimism. In addition, for such a person it is typical to be greedy, to use rude and disrespectful speech, especially with teachers and elders, to constantly pass judgment on people, to make harsh assessments expressed in a very rough form, to criticize different religions and show hatred towards their leaders, often even a strong desire to destroy them. Also characteristic are commitment to political parties, religious sects, and denominations that promote and carry out violence against any dissenters to further their goals; greediness; hatred towards teachers, and the complete absence of any morality and ethics. Such a person may even be proud of this and have black pessimistic views and, in general, a very gloomy outlook on life.

## Jupiter in Passion

Passionate Jupiter lets a person feel excessively optimistic. Such a person always says that everything will be fine, but this is a mask because it is not sensed that this energy stems from his true feelings. The person is just playing a part, in his subconscious mind he does not believe what he says, and this hypocrisy is felt by those around.

Passionate Jupiter gives a tendency to gambling. If people gamble, Jupiter is affected negatively, since it develops a parasitic way of thinking and a consumer attitude towards life.

First, the chances of winning a lottery are extremely slim. According to the statistics, it is almost impossible to win, but millions of people still play. Why? It is because everyone wants to spend a penny, and win a million, while giving nothing to the Universe.

Studies were carried out to find out how the lives of people that have won large sums of money in a lottery have changed. It turned out that 90% of them had experienced complete frustration in just a few years. During this time they managed to squander all the money, afterwards they dived into the deepest depression, ruined themselves by drinking, and the like. Almost none of them ever achieved any happiness due to winning, because after getting the money they were overcome by a horrible parasitic mentality, which began sending subconscious messages like: "I can get a free ride, I can take more energy from the world than I give." Because of this there is a serious blockage of Jupiter. Therefore the Eastern schools say: "Do not play games of chance." The owners of the gambling businesses have an even more seriously closed Jupiter, because their activities contribute to the destruction of other people's Jupiter.

Passionate Jupiter, similar to Mars, causes a partiality to argument, especially with the authorities. It encourages people to arrange a debate, to determine who is better and who is worse. However, the truth can never come to light in such a debate, because it is based only on selfishness.



Jupiter is usually Passionate when it is situated in its own sign in the chart or in exaltation, while being in retrograde motion, since in this case its energy becomes excessively strong. Such people are often very dogmatic. This mostly manifests itself in those people whose Jupiter is in the fall as well as in retrograde, and to a lesser extent in those who merely have it in the fall. My students have conducted research in astrological studies with me on this subject, and found out that more than 80% of people who have been following any religious doctrine for a long time strictly or even fanatically have such a position of Jupiter in their chart. Performance of religious rituals, recitation of mantras and prayers, and following the precepts and principles provide very strong empowerment (Shakti) and charisma, but if a person does so for another purpose than to achieve the Divine love, you will never see true happiness in his eyes. To be sure, he may be known as a leader whose words and deeds affect the consciousness of millions of people, but neither he nor his followers look happy and harmonious.

A person with such a position of Jupiter finds it most important to follow certain particular rules and strict regulations, to have a framework. This is not necessarily of a religious nature. For example, in Canada and many western countries, especially in Germany, there is a very strong Passionate Jupiter. There a person from his very childhood is taught to do everything exactly as written in the instructions, to strictly and blindly follow rules and laws, sometimes against morality, ethics and even simple common sense. This in turn seals off the energy of creativity.

Once in Canada I came to the barber to trim my beard. In the price list of at this chartered hairdresser there appeared to be only three sizes of razor for beards, none of which suited me. The hairdresser offered me to do what she thought was right. In response, I asked again to make my beard of such length as was right for me. A strong energy of irritation and misunderstanding started coming out from the hairdresser, claiming that she had clearly said that there were only three options available, and she several times showed me the instructions as if the ultimate truth was written there. It is

useless to prove anything to such people: if you do not fit into their framework, they consider you a lunatic.

Passionate Jupiter increases the desire to obtain money (greediness), makes a man active at work. Without passion he can't achieve anything. To build a house, it is not enough to be in Sattva only, unless you are on a pure yogi level. In order to start any business Passion is necessary. The slogans of Passionate Jupiter are, "Labor has made a human being out of a monkey", "The one who does not work shall not eat", etc.

Until recently the cell floors in Dutch prisons were filled with water, because it was thought that every person needs to work – in this case, to pump out the water. How was Holland itself built to begin with? Much of its current area was marsh and bog, and land was literally poured over the sea by the hands of its population. The Dutch people have a very strong Passionate Jupiter, which says: To be happy, you have to work hard. That in itself is good. When a country is only at its formation stage, this kind of mindset is very important. To create a structure, establish an organization, to implement new ideas, Passion is necessary.

People in Ignorance and in Passion are continuously met with many situations where they have to fight with someone, to win over someone, to compete with someone. The slogan of the Sattvic Jupiter is "Peace for the whole world." How did people in the Vedic times use to greet each other when they met? They spent some time to say pleasant things in each other's honor. On the other hand, people in Passion, for example, most Americans, do not care for one another, so they limit their greetings to the formal: "How are you doing?" America is the embodiment of Passion in everything, and Jupiter there is also manifest in Passion: "Whatever cannot be bought for big money, can be bought for very big money".

What is dangerous about Passion? The danger arrives when a person reaches the desired fruit of his Passionate activity, as he still remains unfulfilled. This happens because Passion does not give happiness in the long run. Goodness, as opposed to Passion

and Ignorance, does not come to people by itself in this world; they have to rise up to its level and stay there. For example, your home is messy, the phone keeps ringing, someone is coming in to solve some business issues – all these are typical manifestations of the energies of Passion and Ignorance. When you expend great effort, clean up, put things in order, plan your daily schedule and so on – this is the manifestation of Goodness.

If a person is wrapped up in passionate ideas and does not move into Goodness, then he falls into Ignorance. We should always keep track on how the gunas affect us. There are six levels in the development of disease, and the first level is that of the gunas. The less Goodness in the mind of a person and his life, the more illnesses he has. Sometimes it is enough to pull a person out of Ignorance and his or her chart will start to look better, because the Ignorant guna was not allowing it to show even a tenth of its potential, moreover, there may appear negative things which initially hadn't been there.

Jupiter is one of the major planets, because it is responsible for the philosophical understanding of all events, for the ideals by which one is guided in life. Therefore, it is very important to respect Dharma, to visit holy places, to interact with holy people. Therefore one should always check by what ideas the person is guided. My experience in consulting and training shows that the vast majority of people worldwide live without any particular goal and ideals, many cannot even formulate them. Alas, this is the biggest problem.

Passionate Jupiter often causes a person feel pitiful instead of compassionate, unjustified optimism, overconfidence, passing judgment on others, tendency to gambling, a strong desire to argue with everyone, a lack of any authority or, conversely, a blind fanatical adherence to rules and regulations, excessive adherence to principles, without understanding that the goal of any spiritual practice is the development of love for God, and not following rituals and rules. A person with Passionate Jupiter is convinced that his teacher, religious or spiritual organization is the most correct and advanced. For such a person spiritual life and spiritual progress are defined solely by strict adherence to the rules. He follows those

moral norms that contribute to his material progress, and he turns to philosophy, spirituality and religion merely in order to become more successful from a material point of view.

## Jupiter in Goodness

Jupiter in Sattva provides a stable and healthy optimism. Such a person understands the structure of the world philosophically. He realizes that whatever happens is done for the better, understands the Divine laws, and knows that in this world everything is done because of love and for love. Even if we go through some trials in life, they were given to us in order to work off our negative karma and/or as a lesson so that we may understand something new and move forward to a higher level. Such people perceive everything positively, as they see the Divine spirit in everything.

Respect for all living beings, especially to older people, or those whose social level and knowledge are higher, respectful speech toward everyone, a calm and respectful attitude towards others, a lack of criticism – all this is in their blood. It is extremely important to develop those qualities.

Sattvic Jupiter gives self-control and honesty. In our time, honesty is considered the last stronghold of religion. It is very important to be honest, first and foremost to yourself.

Compassion for all living beings and devotion to teachers – these are the qualities of Jupiter in Goodness. At the highest level of development there comes the understanding that every person we meet is our teacher, every situation is created in order to bring us closer to the Divine and enable to get rid of selfishness. Each of us has had many teachers in life, so one should never criticize anybody, but must go his own way, showing respect to all.

Children should have the same attitude towards teachers at school. In Israel and America they are very disrespectful to teachers. Pupils are allowed to do practically anything. There are primary schools where pupils can leave the classroom at any moment, or

speak roughly to the teacher, and it is considered normal: this is a way to express himself. Nevertheless, through this a pupil's ability to acquire knowledge becomes closed off. Therefore the level of intellectual development of schoolchildren in Western countries is constantly decreasing. It is very important to know and remember that we can receive knowledge only when we are inwardly humble.

We should have such an attitude throughout our lives, because the Universe is teaching us every second. Therefore, even when you are studying a foreign language or learning to drive a car, it is desired to give an imaginary bow to the person who teaches you, to bow to his energy of a teacher. Also, you have no right to consult any person if he is not in a consultation mode, is not ready to listen to you, does not respect you. If there is no appropriate mood and atmosphere, he will always be disrespectful to you and to the knowledge that you bring, and in moments like this Jupiter closes. When Jupiter is closed, there is neither a chance to understand something for yourself nor to convey even the most simple and obvious truths to others.

Since in our time there is a lack of proper respect for teachers, there is a dramatic drop in education. In some British or Oriental systems of education, where teachers are still respected and a respectful attitude towards the teacher is cultivated, education is still very strong. Before you send your child to any school, make sure that there will be respect for teachers. If there is no respect, the benefit of studying in such a school will be little. Knowledge comes only from the top down. They can be opened to us from the heart, because of our generosity in serving teachers, but for this we must be humble and respectful.

Sattvic Jupiter gives a person a desire to donate, to do his duty and fulfill his obligation, to regularly follow his Dharma prescribed by spiritual practice. It is usually some kind of spiritual rituals. But one should not fall to extremes. For example, in Israel there are two extremes: there are orthodox Jews who fanatically and blindly follow what is written in the Scriptures, and others are sworn materialists. In other words, on the one hand there is a strong

materialistic outlook, on the other – being trapped at the spiritual. But neither of these is harmonious. To harmoniously follow your spiritual practice is to do so regularly and willingly. For example, make a vow to chant two rounds of mantras daily or to practice yoga thirty minutes a day. If you are a Christian –go to the church every week, read the Bible every day, etc. Follow this regularly, and Jupiter moves into Goodness. However, do not look disapproving and condemn others if they do not do this, because then Jupiter immediately sinks into Passion and Ignorance.

## Summary

The influence of **Jupiter in Ignorance** is characterized by the following character traits and typical models of behavior: greediness, rude and disrespectful speech, constant condemnation of others, harsh judgment, criticism of other religions and hatred toward their leaders, often a strong desire to destroy them, fanatical devotion to political parties, religious sects and denominations, promoting and carrying out violence against dissenters, hatred to teachers, total absence of any morality, strong pessimism.

**Passionate Jupiter:** unjustified optimism, recklessness, condemnation of others, inclination to gambling, a strong desire to argue with everyone, lack of recognition of any authority (or, conversely, blind acceptance), fanatical adherence to rules and regulations, excessive attachment to principles, failure to understand that the goal of any spiritual practice is the development of Divine love and not the performance of rituals and norms, following only those moral rules that contribute to material progress.

**Jupiter in Goodness:** steady healthy optimism, respectful and positive attitude and compassion towards all beings, respectful speech, honesty, sincerity, desire to make donations in secret, detachment and independence from money, regularity and consistency in spiritual practice, complete renunciation of various types of gambling, careful and thoughtful attitude to speech, lack

of criticism and passing judgment on other people in thought and in speech.

## **How to Enhance the Beneficial Effects of Jupiter**

Jupiter is strengthened by the energy of some restorative herbs: ashwagandha, licorice, ginseng, and astragalus, especially in dairy broths, in ghee, and as herbal jams. Also beneficial are nuts (almonds, walnuts, cashews), sesame seeds and oils (almond oil, sesame oil, and especially ghee).

Since the main objective of Jupiter is to connect people with the flow of Divine love, to open their path to their inner treasures, we must develop the capacity for spiritual creativity within ourselves, ennobling the world, and not just for creativity for material gain, which only strengthens the forces of selfishness and the temporary material world. We need to be truly compassionate, and not to act kindly merely for the sake of someone's praise, admiration or recompense. We need to be a source of kindness, charity, and goodwill. We should see true benefit for ourselves not in external development, but in humility and inner growth. This will help us realize that everything is good, whatever happens is for the best, and that the cause of our problems are not external circumstances, but actually our own inner ignorance, subconscious agenda, mindset and character. Then we can see that our main goal in life is to direct and lead other people on the path of light.

A lifestyle that increases the energy of Jupiter necessarily includes the development of optimism and a positive outlook on life. People should become more friendly, sociable and easy-going, but at the same time not compromise on their higher principles. We need to act together with the forces of goodness. Useful in this respect are any actions that are addressed to the benefit of others, or taken for the sake of raising the level of consciousness throughout the entire world.

Also, considering the fact that Jupiter is responsible for traditional religion, it is very favorable to have the backing of to any religious or spiritual activity that requires fulfillment of rules and formalities. However, one should be careful, as simply mechanical performance of religious rites does not bring the desired effect, and if a person at the same time defies other religions, believing his way to be the only right one, the effect can be just the opposite.

People who were ardent atheists or religious fanatics in their previous life are usually born with affected Jupiter. I once consulted a man with a rather difficult fate who had an affected Jupiter in his chart. He confirmed my assessment, similar things had been also told to him by a known healer, and when he was experiencing a session of hypnotic regression, he discovered that in his previous life he had been an officer in the People's Commission of Internal Affairs of the USSR (NKVD), was responsible for elimination of priests and church personnel and had been shot in 1939 due to a false accusation. It is very important to develop the qualities that are given to us from above: justice, honesty, compassion, respectful speech and so on.

More and more doctors are now talking about a strong relationship between a person's health and destiny and his nature, attitudes and actions in general. As the saying goes, everything new is merely a well forgotten old... Is this not what was always maintained by the enlightened sages and teachers of all religions? As Hippocrates said, "A physician who is a lover of wisdom is the equal of a god."

To strengthen Jupiter Indian astrologers advise:

- watering public trees on Thursdays or any day of the week except Sunday;
- giving bananas to beggars on streets;
- feeding the fish;
- serving a teacher.

Mantra of Jupiter: **Om Namō Bhagavate Vamanadevayya, Om Namō Bhagavate Gurudevayya.**



## From the Training Course

Jupiter is the **guru of prayer or spiritual teacher (Brihaspati)**.

It is the **most favorable planet, the planet of spirituality**.

In the horoscope of the woman it represents **her husband**.

Jupiter shows the stock of piety from past lives. It is responsible for **money, prosperity, wealth, religion (in classical sense, orthodox), philosophy, higher education, science and law**.

Jupiter is a giant, glowing planet, which emits more energy than it receives from the Sun. Because of its huge size it is the heaviest of the planets in our solar system. It is called “guru”, which in Sanskrit means both “heavy” and “one who removes darkness.”

All this makes Jupiter the teacher (Deva-Guru) of the assembly of the gods, the teacher of righteousness, justice and education. Just as a guru, being a true educator and helper, reflects the lives of his students, so too Jupiter helps the growth and expansion of consciousness of everything and everyone whom it touches.

One of the Sanskrit names of Jupiter is Vachaspati: “vacha” comes from the “vac,” which means “spoken word”, and “Pati” means “Lord.” Thus, Vachaspati means Lord of speeches, Lord of words.

**Its occupations** are spiritual teachers, instructors, brokers, doctors, scientists, judges, bankers.

Jupiter is responsible for the second, the sexual chakra, Swadhisthana.

Jupiter itself is exalted in the sixth chakra, which is in area of the third eye.

The number of Jupiter is **3**.

People who are born on the **3rd, 12th, 21st, 30th** of any month, or they whose primary numbers are reduced to 3, are under the control of Jupiter. Especially lucky are those who are born on the 12th of the month.

3 is an important number for mankind. Time consists of three parts: past, present and future. Religion is expressed in the Divine triad. The number three is a symbol of the soul. In Hinduism, there are three main deities – Brahma, Shiva and Vishnu.

The number 3 is connected with the first geometrical figure, the triangle. The opposites within creation are connected within it, life begins to expand. Tripartite vertical symbols find a match in the structure of the human body. A tripartite vertical picture of the world is present at all stages of the historical and cultural development of mankind.

For family life the number 3 is very important. The third one in every family must be God and His service, and then the family will prosper and live happily ever after. The Vedas say that the Goddess of fortune Lakshmi will enter such a household, and this house will be blessed with children.

But if the influence of Jupiter upon the home and family is in Passion and Ignorance, then another third one, a lover or mistress, will enter the house instead. Such “love triangles” quickly destroy any family, bringing great suffering to the children in the home. Those who destroy other people’s families, doom themselves to severe reincarnations, the curse of the holy fathers, problems with children and poverty.

The day of Jupiter is **Thursday**. This is the most auspicious day of the week. It is the day of new beginnings, the best for a marriage. The kabbalists say that the birth on this day is very auspicious.

Its color is **yellow**.

Its stones are **yellow sapphire and topaz and all yellow stones**.

Its metals are **gold and platinum**.

Its character is **clean, generous and masculine**.

It is responsible for the **liver, blood, veins, arteries, hips, kidneys, fat**.

The diseases of the weakened Jupiter are **insomnia, diabetes, skin diseases, anemia, hernia, cataracts, all diseases of the liver**.

Weakened Jupiter causes extravagance, a heightened sense of justice, or conversely encourages people to behave very unjustly towards others, impudence, a tarnished reputation, over-optimism, addiction to gambling, debts.

When too strong (in its own sign or exalted, but in retrograde) Jupiter usually produces self-righteous people and religious fanatics, who believe that spiritual and material progress is only possible if a person strictly follows the Scriptures of their religion.

During the period of Jupiter people often gain weight. Generally, weakened Jupiter often causes obesity, or in very rare cases (less than 20%), the opposite, lack of fat in the body.

If Jupiter and Saturn are in aspect with each other in a person's chart, this often the cause of a spiritual nature.

The direction of Jupiter is **Northeast**.

In a house this direction should be free; it is good to place an altar there, or a place for spiritual books or images. It is also very beneficial to have a fountain there, or at least a picture of a seascape.

Jupiter's signs are **Pisces and Sagittarius**.

Jupiter is **exalted in Cancer and in fall in Capricorn**.

The best house for Jupiter is **the first (house of personality)**.

It is important to note that Jupiter is responsible for children, the extent to which people will be blessed with children, and at the same time also for ethics and morality. It is not difficult to see the connection: the less morals people have, especially women, the more problems there will be with children. In modern society, where morality and ethics are lessening day by day, the more and more problems there are with children and childbirth.

Jupiter is responsible for money, which comes first of all to those who follow their Dharma, and donate to charitable causes.

## Case Studies

Many years ago, I gave a consultation in Israel. One woman signed up for a consultation by phone, talking to me very rudely, (and even worse to my secretary, as it turned out later). I discovered that she had a very weak Jupiter in the fall, in an unfavorable house. I immediately saw that she had serious liver problems, and she confirmed that they had started in her childhood, and now it had come down to cirrhosis, and she was literally on the verge of death. She was a very dogmatic person, supposing that she was always right. The Weak Jupiter in her chart was related to the house of family. Her parents were strict, had been continuously quarrelling with one another, there was no respect between them. When I told her that she had coarse speech, she was surprised and assured me that this was not true, that her speech was quite normal. In addition, she was always expressing disapproval of others. I gave her mantras for neutralization, recommendations for working on her state of mind.

She was phoning me for a year and a half and telling that she is not able to stop judging others, she cannot stop paying attention to them. She came for my consultations a few times. To get rid of the rudeness, she began chanting a Jupiter mantra three times, but it did not work, she could recite only a little and then got mixed up. She strictly followed my advice in all areas of her life and later came to study at my courses. Her progress was evident, but it was nevertheless very interesting to observe her: as soon as anyone would speak up, she immediately gave her opinion of what was said, because weak Jupiter gives people unshakeable confidence in their own legitimacy and the need to judge everyone.

Over time she has changed and made rapid spiritual progress. Her relationships with her children also changed for the better, the children began to grow spiritually. Recently she wrote me a letter where she said that she probably would stop taking medication, as in recent years the state of her liver had begun improving (despite the fact that two or three years ago the doctors had said that it was

high time to write a will). Her state of health improved in general, in the material sense there are also positive changes, she made new good friends, but most importantly, she has discovered her inner self.

The other side of the coin is a too strong Jupiter. This can also have negative consequences. As a rule, it is very difficult to prove anything to such a person. Such people usually are adherents of some religious institutions and organizations, and are not necessarily fanatics, but in their subconscious, there is a defined dogma, and it is not possible to change it.

If you say anything contrary to the views of such a person, to his ways and religion, he usually will not accept your words. I find it difficult to give consultations to such people. My students once went for two years in a row to a summer festival of one religious organization, based on very strict Eastern teaching, and consulted people there on a voluntary basis. They told me: “You know, Rami, there are more than 80% of people whose Jupiter is either in retrograde and in the fall, or in exaltation, or in its sign and also in retrograde (i.e., too strong).” I thought that it was just a coincidence, but then I was invited to their Moscow center to give a lecture, and there I did an express-consultancy... Eight people out of ten had such Jupiter. Many of them were very disharmonious in many spheres of life, almost all had health problems, one young girl was sick with blood cancer. Such people tend to adhere strictly to one denomination or religion.

At the recent seminars in Canada, there was one woman assisting me. Just over a year ago, she came to me for counseling. She had also very strong Jupiter. She is very confident of her veracity. She was Jewish by her father, but the Jewish people only consider kinship by the mother, so she wanted to undergo “Giyur” (conversion accepting the obligations of Jewish religious observance), and was more and more occupied with following the strict rules of Judaism. I told her: “Dear, you have problems with the gall bladder and liver, and your energy is at a big disadvantage because of your inner fanaticism.” She burst into tears and confessed that the doctors had

found cancer in her liver; she felt drawn to such a strictly regulated religion. I said that it would be harmful for her. She insisted that she wanted to be a serious follower of Judaism, to observe Shabbat and many other rules. “What is wrong with this?” – She wondered. I explained, “What’s wrong is the following: if you do not follow the main commandment – to love God, the other commandments will not work without it and very often they only serve to nurture pride, criticism of other people, and increase the number of complaints against the world.”

I drew her attention to the fact that she had too many demands upon others, that she judged everyone. I said, “You are a big user and an egotistical person.” She was very surprised because she considered herself almost a Mother Teresa, the savior of all souls. Excessively strong Jupiter had caused all her problems, and without exaggeration, I can say that this realization came as a great shock to her. She began following all my advice, read my books, listened to CDs. What is interesting is that her teacher in Judaic studies, a very wise follower of the Lubavitcher Rebbe, encouraged her to follow all my instructions.

Soon the woman began to progress in virtually all spheres of life. She became softer, more flexible in dealing with people, she changed her lifestyle and attitude, and her health has improved dramatically. Words and feelings of gratitude are natural expressions to her now, she has forgotten all about her previous claims and accusations. Her mood is improved greatly and she feels a lot of vital energy.



# The Influence of Venus

## Philosophical Concept of Venus

Venus is the planet of love and beauty. If Jupiter is the guru of saints, then Venus is the mentor of demons, as it is possible to subordinate the demonic powers under your control only by charm and sexual attraction. The histories of all civilizations tell of many examples when the greatest of this world easily fell under the influence of a beautiful woman.

In a man's natal chart, Venus signifies a wife or a beloved woman. Venus is our ability to appreciate beauty and our inherent aesthetic feelings, to be harmonious, it shows how much a person can love and create beauty around him.

Venus is characteristic of art, primarily music, singing, dancing, painting, poetry. In a good location Venus gives a person beauty and a good heart, excellent sense of humor and sense of taste. It can also give extrasensory and hypnotic aptitudes, visualization ability.

If Venus in a chart is weakened or a person does not live in harmony, then he is not able to distinguish love from affection and can become a slave of his feelings, suffer from an obsessive desire to surround himself with luxurious things, become a slave of the lower forms of culture: hard rock, loud, screaming music, to make a cult of sex and violence.

Modern mass media is almost completely under the influence of lower Venus energies which adversely affects society as a whole, especially teenagers.

Tantra belongs to Venus. Lowest, sexual tantra reflects the lowest level of Venus energy and the highest tantra shows the level of loving service to God, unconditional love for everyone and everything that corresponds to the highest energy level of this planet.



The Sanskrit name of Venus is Shukra, which means “a glittering light”, “warm” as well as “seed” that implies the beginning of a new life.

## Venus in Ignorance

Venus in Ignorance gives the inability to control our desires and actions: a person eats and drinks whatever he or she wants, sleeps with whomever he or she wants.

The typical manifestation of Venus in Ignorance is the using of black magic (Venus is responsible for hypnotism). Not one couple that came together by means of black magic or solved their problems using it (charms to arouse or to dampen love, etc.) can successfully exist for more than two years. Moreover, such a person seals off any possible relationships for this and the coming life, unless he or she atones for it through prayer.

Huge insatiable lust, sexual perversions, prostitution, promiscuity, debauchery, sexual aggression (against oneself and one's partner) is Venus in Ignorance.

It manifests itself through affection to ignorant forms, such as terrible monstrous hero characters of the modern film industry, ignorant loud music, particularly hard rock.

Venus in a man sinks violently into Ignorance because of a disrespectful attitude toward women, for example, when he calls them “chicks,” “broads” etc.

Same-sex attraction is Venus in Ignorance with the addition of Passion. Porno movies, especially with elements of violence, are complete ignorance.

Wearing of torn and dirty clothes, humor with derision, ridicule, and public mockery of other people are Venus in Ignorance (vulgar humor is Venus in Passion).

The line between Venus in Passion and Venus in Ignorance is very thin. For example, a man falls in love with a woman (strong

affection is Venus in Passion), she turns him down and then he kills himself and sometimes the woman too (this is Venus in Ignorance). Or, “We are not allowed to be together, let us kill each other.” It is necessary to protect ourselves and our relatives from people with such energy, as the guna of Ignorance makes people act against their will, and then they can be so sorry for what they have done.

Modern civilization moves from Venus in Passion to Venus in Ignorance without rising to Goodness. According to the statistics, nowadays the amount of domestic violence is much greater than that of street violence. People torment and kill their nearest and dearest. It was noticed long ago that it is but one step from “love” (a strong attachment to someone, which is Venus in Passion) to hate (Venus in Ignorance).

## Venus in Passion

Passionate Venus causes the desire to manipulate others, as well as vulgar humor. Venus is the planet of light-heartedness, so Passionate Venus evokes all dainty, comfortable items, beautiful restaurants and elegant surrounding. It gives the desire for luxury and wealth. Under its influence beautiful films with elements of eroticism and simply passionate romantic films are made. The latter are usually very attractive and exciting, especially if they contain at least a little of the Sattva element.

Discos, night clubs, bars with thundering music and passionately cavorting half-naked bodies are the manifestations of Passionate and Ignorant Venus.

Venus in Passion causes love (attachment) to a beautiful form, under its influence they “love,” but it is for something, for some qualities, usually external ones. In other words, such a person does not see the essence; he is not interested in deep inner qualities, but only the appearance and external accomplishments of another person are important. “I fell in love: she had such a body, such legs!” This is love in Passion when “I love her” equals “I want her.”

Love in Passion passes very quickly. This is very typical for Europe and America. At the beginning of the novel there are a lot of flowers and gifts, and then love passes and partners immediately begin to seek new feelings elsewhere. The brighter a passionate love burns, the faster it is burnt out.

In modern civilization the cult of Passionate and Ignorant Venus encourages the search of happiness in beautiful love stories, having several love romances simultaneously.

There are seven chakras (energy centers) in our bodies, and it is necessary to take into account that if marriage and family relations are built on the base of the lower chakras (“Wow, we have such cosmic sex”); this relationship can not last long. If the vibrations do not rise to the higher levels (up to Venus heart chakra and above) the lower chakras’ energies are being rapidly depleted and relationships are destroyed. It is considered that the maximum cycle for such a relationship is seven years, but very often less.

In Western society the idea is propagated that you live well and happily only as long as you can have sexual relationships: be as sexy as possible, you should always attract the opposite sex in your life; you still can have sex and you definitely need a boyfriend even when you are in your sixties and it is high time to start thinking about eternity. Venus is the embodiment of youth, the period when you need to attract a partner into your life and keep him, to establish a family. At sixty or seventy we should bring up grandchildren. By this time it is already necessary to be wise, and not to try to prove anything to ourselves and others. “I live as long as I can copulate” – this is influence of Passionate Venus with elements of Ignorance.

Venus in Passion is vividly manifested in so-called metrosexuals – men who attach great importance to their appearance, follow fashion trends, know too much about brands, perfume collections, etc. Such behavior is more typical and natural for women, as in women Venus is six times stronger than in men. Such Venus often produces homosexuality.

If Passionate and Ignorant Venus dominate, then sooner or later it will be manifested in the following health problems: first of all sexually transmitted diseases, kidney dysfunction, gout, eczema, miscarriages, infertility, weakness of the reproductive system and reproductive organs, problems with semen, menstrual problems, various skin problems. Loss of strength or weaknesses of the immune system are possible as well as a tendency to bleed.

Weakened Venus causes discontent with living conditions, anxiety in love, instability in financial situation, problems with friends because of money, uncontrolled eating and drinking, use of black magic, manipulation.

An affected Venus is one of the biggest problems we can encounter: it inspires an attraction to form, while forgetting the essence. This lower side of the planet's energy is clearly manifest in our culture with its emphasis on sensual pleasures. Even the part of Venus energy belonging to the sphere of artistic creation is in our days expressed predominantly in the lower level, as evidenced by the massive craze for loud music, the weakness for bright, flashy colors and the popularity of show business.

The symptoms of weakened Venus are a lack of grace and beauty as well as a lack of taste and refinement. Such a person may be rude, aggressive, impolite and vulgar. Problems in the romantic sphere are likely, as well as a lack of love and tender feelings. Members of the weaker sex may experience a lack of femininity and happiness in their personal life. A man with weakened Venus may experience difficulty communicating with women, or else his wife inflicts suffering on him for some reason or she suffers herself.

I have carried out a study and discovered that almost all the people who were somehow unexpectedly and unpleasantly deserted by a partner have weakened Venus. And, vice versa, for people with strong Venus personal life is a source of happiness, and if their relationship stops then they are those who initiated it. They are practically never deserted or abandoned by others.

## Venus in Goodness

Venus in Goodness is nearly unconditional love, love without unhealthy attachment. The main thing for anyone in a relationship is to give, not to receive. If someone with Venus in Sattva declares that he or she loves, then his or her main goal is to make the other half happy. If the person sees that the love relationship is not working well both partners, he or she will break off the relationship rather than consciously trying to make it closer. For example, if one understands that in such love he is losing himself, failing to meet his obligations and continue working toward his proper goal, then he is able to leave such a relationship, in other words to transform Passionate Venus into Sattvic.

Such a person never puts demands on or accuses a partner. Accusations are the characteristics of the Ignorant and Passionate state. In Sattva Venus manifests itself in relationship as gratitude (in particular relationship between the sexes, Mercury and Jupiter are responsible for communication in general). Sattvic Venus inspires a person with the desire to give more in a relationship, to make the other partner happy, as well as devotion to the other partner. Swans have Venus in Goodness, as they are very devoted birds. It is considered that it is very bad for a woman if her husband dies first. A man can bear the loss of his wife easier, especially if he is already at an advanced age and according to his masculine nature he is able to abjure, becoming more spiritual.

Venus in Goodness means the ability to control oneself and one's desires. I observed how one spiritual teacher behaved when a beautiful woman came to see him. He looked at her briefly, then shifted his gaze aside and no longer looked at her directly, although this was done unobtrusively, in a natural and totally inoffensive manner. He behaved like this as he knew that when a woman with strong Passionate Venus comes along, he might not be able to resist for long. This is a principle of Eastern psychology. He consciously did not allow himself to get caught up in his feelings, because he

knew that feelings become attracted to their object like a magnet, and Passionate Venus is very attractive.

A person with Ignorant Venus speaks rudely, with a complaining voice, while a person with Passionate Venus speaks very emotionally, sweetly and passionately, but in goodness Venus gives a very soft and pleasant speech. Such people speak beautifully, often slowly and melodiously, from the position of unconditional love.

It is very important, especially for a woman, to cultivate Sattvic Venus in the home, because the duration of the relationship between a man and a woman depends on Venus as well as on Jupiter, as does success in marital relationship in general.

Jesus Christ had a highly implemented Venus in pure Goodness (in exaltation, in conjunction with Rahu), this is an example of very pure, giving love, as it is said: “Pray for those who curse you.”

Venus in Goodness is universal forgiveness and modesty (bashfulness). It is stated in Srimad Bhagavatam that shyness is the most attractive female quality.

People with Venus in Goodness are kind, have a good sense of humor and a gentle, pleasing charisma, irresistible beauty and attractiveness, not necessarily of the external kind. They know how to make use of gems, music, and aromatherapy. They define love as something beyond sex, their intimate relationships are spiritualized. When a woman has Venus in Goodness, she has such a charm, that the opposite sex cannot overlook, although she may have quite an ordinary appearance and be dressed modestly. To be sure, if Ignorance and Passion dominate in a man, he might not notice the greatness of this woman, but that is all the better for her.

Regarding the sexual act itself, Goodness is the ability to prolong its duration for the pleasure of one's partner, it means that the most important thing is to give. Modern sex is primitive and short. Nowadays, the idea that sex should be rare may seem scary for some. But just imagine what happens if you eat delicacies daily, rapidly and in plenty. In a little while such food will inevitably undermine your physical and mental health, and you will need to

invent some variation in the food to continue to stimulate feelings and give pleasure.

Sexual relations in Goodness rise to the Divine level.

People with Venus in Goodness can abstain from sex if it is necessary, can be faithful to one partner. Woman is a manifestation of the Moon and Venus energies, an emotional creation with a highly sensitive subtle body, therefore each partner remains in her subtle body for at least seven years. She should be very fastidious about whom she is intimate with and even who gives her a massage.

The Vedas say that a man with Venus in Goodness can make several women happy, that is, he may have several wives (but in our time, society no longer lives by the laws of the Vedas and polygamy is hardly acceptable). In the Vedic civilization polygamy existed, as it did in many other advanced civilizations. It was considered that if one man could keep several wives and make each of them truly happy, this does not contradict nature. But what is for certain is that a man with Venus in Goodness is surely able to make at least one woman happy. Polygamy is more required for a man who has the influence of Passion – a warrior, a leader.

In the past a man had several wives and he did not have just intimacy with them, but in the first place cared for them, defended them, because it is very important for a woman to be under a man's protection. The man came to them not only for amorous pleasures; he satisfied all the material needs and desires of each woman. None of the women ever had to work.

In the early nineties, in one city in Russia a show trial took place regarding a man who had three families in different cities, because he had several jobs. He was constantly moving from city to city, and in each city he created a family. He supported all his families and cared for them, and all the wives and children were happy. Though he disappeared for weeks on business trips, when he returned, everybody was very pleased, happy and felt great. At a certain moment everything was revealed. During the trial his lawyer asked how many men could say with confidence that they made even one

woman happy, and in this case three women and their children were very happy.

In fact in our society there are plenty of illegal, clandestine love affairs. As a result children are born without a normal father. In the Vedic society the rules were officially that if a man had an illegitimate child, he had to take care of this child just the same as a legitimate one, to provide him with the same good education, etc.

In our times society has deteriorated and women are simply used. If a husband abandons her for another family, he often completely stops taking care of his ex-wife and supporting his own children. At best, he supports them halfway.

Woman's liberation is her slavery. No woman can be happy and healthy if she does not have children and normal family relations before she is thirty, forty at the most. No psychologist can prove the contrary. In the West there are documentaries about feminists who became disappointed in their movement and came to deeply regret for their ruined destinies.

Women-feminists say they have already reached that when going out on a date they give flowers to men. In Canada and America this is already considered a normal thing. In the West restaurant bills are divided into two, so everyone can pay for himself.

Women have made men behave like this. But behind the porn sites, the ideas that a woman should play the field before marriage and taste freedom, lies the philosophy of men, because such behavior of a woman is profitable for them: there is no longer a need to take care of a woman, to support her, to take responsibility for the family. Man can easily live in a relationship and then at any time run away, saying: "Sorry, it didn't work." But it is the loose women themselves who suffer most from this, because their outer beauty unfortunately does not last forever, and in the second half of life, as a rule, promiscuous women remain abandoned and rejected by everyone, even by their own children, whom they could not teach anything good, and they have nothing to respect them for.



Men do not want to take responsibility for women because the majority of women are no longer harmonious, they cannot create an area of love and beauty around them. Men need to develop the qualities of Mars and the Sun, to care for women and protect them. That is their nature, how they were planned and created by God. As a rule, a harmonious man subconsciously, and often consciously, does not have any desire to marry a woman who has many sexual partners in her aura.

Strong Venus gives a person sexual power, which can be transformed at the inner level into astral or spiritual power, strength of will. Strong Venus can give a person charisma, which is manifested in the ability to inspire others, to plant enthusiasm into others. But it can also be used for hypnosis and deception.

Venus when well located and strong in horoscope can benefit every person. It demonstrates the ability to give and receive love, refined taste, purity and beauty. This planet strengthens our life force, carrying within itself the energy of happiness.

The qualities of strong Venus are charisma, sociability, generosity, kindness, a sense of humor, the ability to love and receive love, as well as grace, a pleasant voice, curly hair and beauty. People with strong Venus are usually of medium height, round-faced and plump. If Venus in a person's chart is strong then luxury, comfort and wealth come easily into his life. If Venus is related to the house of partners, this often results in a handsome or beautiful spouse with artistic abilities.

## Summary

The influence of **Ignorant Venus** is characterized by the following traits of character and behavior: sexual perversion (including homosexuality), propensity to sexual violence or masochism, use of black magic, promiscuity in personal relationships, attraction to forms and sensual pleasures, rudeness, vulgarity, overindulgence in

eating and drinking, difficulty in personal life, violence because of “love.”

**Passionate Venus** is huge sexual desire, frequent change of sexual partners, large quantity of sexual fantasies, attachment to sensual pleasures, vulgar humor, and desire to manipulate others. Bright, colorful, conspicuous clothing and the desire to be always in fashion is Venus in Passion. Attraction to the exterior, material status of the partner while unable and often unwilling to see the essence is also Venus in Passion. Adultery, inability to forgive a lover and strong jealousy are Venus in Passion.

**Venus in Goodness** is unconditional love and kindness to all living beings, the ability to accept themselves and others as they are, generosity, absence of attachment to money and wealth, grace, ability to create a space of love around oneself, proper use of gemstones, flowers, music, aromas, good sense of beauty, forgiveness to all, modesty, good sense of humor, soft charisma, modest but tastefully chosen clothes (for women – long skirts, no low-necked dresses, etc.), unusual appeal, every sexual act brings closer to the Divine, perception of one’s partner as a part of God, ability to prolong the sexual act in a meditative state for the enjoyment of the partner. Venus in Goodness is also the ability to live happily and safely without an active sexual life for an extended period, and to give it up totally if necessary.

## Methods of Harmonizing the Influence of Venus

To strengthen the energy of Venus it is necessary to cultivate refinement and sensitivity, tact and what is most important, the ability to love. It is necessary to develop creative and artistic abilities and to strive for a more vivid and accurate self-expression. It is useful to surround ourselves with beautiful things and brightly colored flowers. A woman should cultivate pure feminine qualities; a man should pay more attention to women that play an important part in his life. Venus is greatly enhanced by matrimonial fidelity.



Sweet aromas excellently stimulate the energy of Venus: the smell of roses, saffron, jasmine, lotus, lilies, and iris. Well suited for this are also plants providing a tonic effect in the sexual sphere: shatavari, white musali, Chinese angelica, aloe, Rehmannia and raspberry leaves.

Indian astrologers advise to donate bright silk clothes to needy people (especially on Friday), as well as sugar, rice and ghee for strengthening of the favorable influence of Venus.

## How to Develop the Ability to Love

As explained above, Venus energy becomes stronger, spiritualizes and rises to a very high level due to the comprehension of the higher essence of love and the development of the ability to love. This distinguishes Venus from all the other planets. By developing the Divine, unconditional love it is possible within a short time to neutralize the adverse effect of all the planets, that is, to get out from the influence of the karmic law. But for that one needs to understand what real love is. In modern civilization everything that gives pleasure to our senses is called love. For example we say: “I love cake, sunny weather, such a person,” implying that our physical or subtle body receives pleasure by touching these objects. If we say that we do not like someone, then as a rule we add: “Because he’s fat, ugly, cunning” etc. From a philosophical point of view this is not love but attachment. It is precisely attachments that are the cause of our sufferings and diseases. Love by its very nature is unconditional. In the material world the primary example of such love is a mother’s love to her child. Attachment gives rise to fear of loss, whereas love provides courage, because it brings satisfaction in itself and gives freedom to the object of love.

One woman who used to take my course had exalted Venus in the Rashi (the main chart) and in many Vargas (the auxiliary charts). As a result, besides the main Venus qualities she had fearlessness. She confirmed that throughout her life she had taken various worldly problems without any fear.



Love makes a person to be forgiving toward all, as opposed to attachment, which actively uses resentment as a means to manipulation. Love does not know anger, as a loving man takes pleasure in giving, not demanding. Anger, on the other hand, is a result of unsatisfied lust, which is born out of contemplation of the objects of senses. For example, we see something and desire to get it, and if we don't get the object of our desires, we become angry.

Divine love also means loving ourselves. How can we love anybody if we do not love ourselves? ("Love your neighbor as yourself"). Every one of us is a part of God, and it is impossible to love the Whole without loving some part of it.

Love brings optimism and joy, as people live consciously while accepting any situation with love and not becoming dependent on any circumstances. This feeling in itself makes a man happy.

Attachment creates only fear and pessimism, as the person is permanently afraid of losing the object of pleasure, and understands that some day it will definitely happen. Attachment implies relationship: "You give me, I give you." To love means to give mind, heart and all you have completely, without asking anything in return. Why are we angry when we love the usual "love"? We do not get what we expected, that is why.

It is also very important to understand that love is not an activity but state of consciousness. The state of love is as natural as breathing. If breathing would be difficult for us, we would become tired of the process, we would need a rest from breathing, and we would die. Love is breathing at a higher level. If there is no breathing, a body dies. If there is no love, a soul cannot be born. Love is the breath of our soul. We cannot say to someone: "Breathe only in my presence," as in that case the person would die. There cannot be a monopoly on love. However, this does not mean that we should love one and all. Simply we should be in a loving state of mind. It's like breathing – even in the presence of enemies we continue to breathe.

These are just some thoughts about unconditional love. Unfortunately, for modern culture they are still unusual.

Notwithstanding, each year more scientific data appears that love cures in the literal sense of the word, ever more Healers with a capital H appear who teach how to love properly, thereby providing deliverance from diseases and improving the most complex of fates.

What is the hub of all religious teaching? The instruction “Do not do to others what you do not wish for yourself,” as well as the fact that the main purpose of life is acquisition of the Divine love. The less we live in love, the more illnesses and sufferings we have. Therefore, Venus, known also as the planet of love, is the most favorable planet according to the sages.

## From the Training Course

The Sanskrit name of Venus is **Shukra**, which means “glittering light,” “warm” as well as “seed,” implying the beginning of a new life.

Venus is also known as the morning star, since before sunrise it is the brightest planet in the Eastern hemisphere. It can be seen with the naked eye twice: before sunrise and before sunset.

Venus manages youth. Its influence on women is a little stronger than on men. It gives a sense of humor, generosity, and the feeling of romantic love.

Venus is **a representation of a partner in marriage** (especially for men) and sexual partner.

External indicators of a strong Venus are: **low height, plump body with strongly pronounced forms, round face and kind eyes, pleasant voice, curly hair, beauty, sociability, grace, elegance, charm, artistic quality, hypnotism, proper use of gemstones, flowers, music, and aromatherapy.**

In the body Venus is responsible for the skin, throat, ovaries, veins, kidneys, reproductive system, eyes, and chin.

The day of Venus is **Friday**.

Its best position is **the Fourth House**.

On Friday it is good to give gifts to one's beloved. It is a good day for a wedding. Some schools say this day is unfavorable for purchases, because it leads to money loss.

Its colors are **pink, semi-transparent, lemon-yellow, white, variegated, and bright.**

Its jewel is **diamond**, and a cheaper but practical and sterling replacement is a **quartz crystal.**

Its direction is Southeast. It is desirable in this part of house to have beautiful, luxurious things, a burning candle. It is a good place for a fireplace.

The nature of Venus is feminine, watery, emotional and sensitive.

Occupations are **actors, artists, doctors, masseurs, cosmetologists, salesmen of expensive and luxurious items, music, painting, poetry, singing, theater and cinema, show business.** Unfavorably located Venus causes prostitution.

Its signs are **Taurus and Libra.** It is exalted in Pisces, falls in Virgo.

In numerology, the number of Venus is **6.**

Those who are born on the **6th, 15th, 24th** of any month, or whose primary numerological numbers are reduced to 6, are under the control of Venus.

In numerology of some schools of Eastern Sufism, 66 is a sacred number, but 666 is a manifestation of extremely strong Ignorant Venus, this is lust, sexual freedom, huge egoism, the person becomes a slave to his or her sexual organ, ready to do anything for money and material goods. Therefore, in many religious and esoteric schools 666 is the number of the devil.

Among the numbers from 1 to 9, the number 6 is the happiest. Those who were born on the 24th of any month are the most fortunate. The number 6 is unique because it is common for both odd and even numbers. It may be the result of combination of three (3 is an odd number) even numbers or two (2 is an even number) odd numbers. In the combination of  $2 + 2 + 2 = 6$  the even

number 2 is used three times, in an odd number of repetitions. In the combination of  $3 + 3 = 6$  the odd number 3 is used twice, in an even number of repetitions. Being common to both groups, the number 6 is thus known as the “universal friend”. It is associated with the chronological epoch (in the Vedic tradition, with Yugas) and is considered fortunate because of its connection with the Divine harmony and spiritual development. This is the number of beauty and harmony. It is associated with the culture of creation in human life. A person learns to appreciate beauty, moving forward, progressing to the number 7, a mystical number, which teaches to look inside and realize oneself, search for the inner light within one’s own soul.

Venus’s Chakra is the fourth, heart chakra (Anahata). The Moon and Saturn exalt in this chakra. The Moon represents motherhood, the ability to care, sacrifice, and selfless love. Saturn represents strictness, following high standards, devotion, duty, lack of attachment. All this together gives the highest manifestation of Venus.

Venus itself is exalted in the second, sexual chakra, the chakra of Jupiter, thereby showing that the path to true love lies in following the moral and ethical laws given by God.

The Venus Mantra is **Om Namō Bhagavate Parashuramaya**.

## Case Studies

Once in Israel I gave a consultation to a woman with Venus in debilitation in the House of income. I hinted without telling her directly that it is not very good to earn money by selling one’s body. She replied that she took a liberated view and that there was nothing wrong with that. As it turned out, she actually was a prostitute. Many people who were engaged in prostitution in their past lives, that is, they sold love for money, are born with affected Venus. I gave her spiritual techniques. She started to practice them but she remained heavily dependent on sensual pleasures. She considered

that the body was everything. In her personal life she was alone; people only wanted her for her beautiful body. Later I was told that she was nevertheless able to follow my advice, even to the point of studying the Vedas, she lived a healthier lifestyle, prayed more and even gave birth to a child, although she was still not married.

I've seen quite a lot of people with weakened Venus, and whenever it was somehow connected with the House of income and money, those people often were inclined to "sell" their Venus. Even when a person has strong Venus, if he engages in prostitution, then Venus rapidly becomes weak, some diseases and problems in Venus category might begin.

I consulted one man with an excessively strong Venus; it was in its own sign in his chart, in exaltation in the House of short trips and at the same time in retrograde. He constantly went on business trips and had many sexual contacts; he was totally plunging into his sensual activities and spent all his energy on it. When he married his beloved, he said to her: "I have a rule not to make any promises. I want to take pleasure, I may have other women," such free love relationships. As he had a strong chart, he was able to live in such a way for a while; but he was a slave of his lust, the main thing for him was sexual pleasure, he recognized no limitations.

Not long ago his favorable periods were up, and as he had simply frittered away his good karma for sensual pleasure, problems with work, money, his spouse, and health started for him.

It is most difficult to advise such people, as when they are attached to sensual pleasures, the mind (the ability to recognize and strive for the higher purpose) disappears, the energy of the highest chakras falls to the lowest and rapidly dissipates, people just lose the fruits of their good karma and swiftly earn a heavy karma, and in these cases only the Universe can help and begin to heal and teach them by dealing them the blows of fate.

Also, I consulted a young woman with very weak Venus, who did not come across as very attractive as she did not take care that much about her appearance. I gave her practical tips, advised her to



pay more attention to her appearance, to dress more nicely, to learn how to take care of herself in a purely feminine way, to develop her feminine qualities. When a woman has weak Venus, she often has no desire to look after herself. Also, Venus becomes very weak if a woman wears clothes similar to a man's and speaks roughly (it often happens in cases of the much stronger male planets' influence, especially Mars). This young woman followed my advice to some extent, but as her Venus was weak she longed for spirituality, and as a result she joined a religious organization where there was more following of external rules than there was development of the Divine love. Well, apparently that was her way. But even the little that she has done improved her situation.

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I was surprised by one chart. Once, being in Israel, Sergei Lazarev, the author of "Diagnostics of karma", asked me to examine his chart and his wife's chart. In the chart it could be seen that he was a very powerful healer, he had the strongest Saturn and strong Mars, Sun and Moon, a strong house of literary creativity and writing is one of his vital missions, but his Venus was weak. It was in fall and was associated with partners and money.

I told him: "You have strong Sun, Mars, but you are an inflexible, hard man". He replied: "Yes, I was like this, I was heavily attached to spirituality, I saw my past lives: for three lives I have been a teacher in the East." Religion existed, teaching existed, but love did not. Why was he alone in business? Because almost all of his partners cheated him (his weak Venus runs the house of partners and is in the house of money and business). As soon as he started to do anything together with another person, to build any plans, everything came apart at once. In one of his books he wrote that when he was diagnosed with cancer, he knew (because he had a high level of soul), that there was no love, and he went to love, and began to learn to love. All those who consulted him before the year 2003-2004 knew how hard he was to people. He had no softness of Venus. He also did not have the strongest Jupiter, which although provided a talent for healing, at the same time gave a certain stiffness. He is

working on it, and his love level continues to increase. His Venus is also connected to the house responsible for older siblings, and he indeed had some problems with his elder sister. I explained him what could be done as well as I could, although he knew about it himself on the subtle level.



# The Influence of Saturn

## Philosophical Conception of Saturn

Saturn is the planet that is the main cause of sufferings and misery into people's lives. The effect is of a karmic nature, which means that a person cannot change almost anything in the sphere of one's life that is under Saturn's influence in the astrological chart.

Saturn was considered the most important among the nine planets not only in India but also in other ancient cultures. Saturn has the name of Arbiter of fate. It is responsible for life span and prosperity. Its influence can easily take out and raise a person "from rags to riches" and vice versa.

Vedic astrology gives Saturn the most honorable place, as its power can change a person's fate. In astrology, Saturn has been a symbol of death, diseases, poverty, separation, deformities, and all possible perversions since olden times. From a spiritual point of view, it embodies such qualities as discipline, austerity, severity, detachment, patience, and loneliness.

If Jupiter symbolizes creativity and expansion, then Saturn means contraction and destruction. Jupiter is a force of joy, an optimist. Saturn is a force of grief and sadness, a pessimist. Jupiter is a kind teacher; Saturn is strict and sometimes cruel.

Saturn governs illnesses, old age and death, all those harsh teachers of human life, before which kneel all things that must yield to the power of time. Yet at the same time destruction is the eternal companion of creation, while decay and death are the necessary conditions for new life and growth. The more we have attachments and dependences in this world, the more we feel fear in front of Saturn.

Saturn brings on sufferings, which contribute to the development and growth of our soul, and many great men consciously choose a life of suffering and restrictions to hasten their development. Saturn



can cause fast aging and fading of powers, as it is an indicator of aging. It is easy to notice that people who lead a hectic lifestyle tend to age quite quickly. On the other hand, people who stick to a correct routine in their everyday life cultivate sensible self-restraint, age at a more advanced stage, live longer and remain fit mentally and physically almost to the very end.

Being the most slow-moving planet, Saturn slows down all processes and hinders movement. Saturn's name in Sanskrit is "Shani" which means slow. It often causes delay and postponement in people's lives.

Saturn is able to draw out one's power both on the intellectual and the physical levels. It causes melancholy and depression, awakens self-pity and inspires anxiety and worries. Where are all those rooted? In the ego. Being that on its lower level Saturn is a planet of selfishness, so, the more egotistical a person is, the more severely and unfavorably Saturn affects him. As the reader will have already guessed, its influence does not give much pleasure.

Almost all of our material aspirations, such as the wish to possess our own house, to be financially secure or wealthy, are actually a disguised survival instinct, as those desires are rooted in the fear of constraint, volatility of this world, and poverty Saturn threatens with. However, the same Saturn which nurtures those desires also destroys them. Saturn is a planet of fear, and the fear lies at the base of a deep ego that is also under the power of that planet. Saturn eclipses the mind and blinds it with fear. Many coldhearted criminals have affected Saturn and it is often associated with Mars, another harsh planet.

Nevertheless, Saturn is not only the lowest of the planets but the highest in the spiritual sense of the word. Its lessons are usually the most difficult and painful, but also the most useful. Having passed through the difficult lessons of Saturn, we can escalate to the highest peak of the spiritual evolution. Saturn manifests the highest realization of knowledge, which can be accessed only by those who can be humble and can work with dedication and full



concentration. Once obtained, this energy can relieve a person of dependencies and attachments and enable him to become truly free.

Saturn's wisdom is reflected in the Buddhist doctrine about the temporality and futility of all things and that the world is full of suffering. For a more detailed description of Saturn's influence, as well as that of the other planets, you can read the books of David Frawley, "Astrology of the Seers," and of Robert Svoboda, "The Greatness of Saturn."

## Saturn in Ignorance

Ignorant Saturn gives a person the deepest dejection and gloominess. Sloth and dejection is one of the greatest sins in Christianity. Such a person also may feel contempt for others, a desire to hurt and humiliate them. All torture is a manifestation of Ignorant Saturn, but sophisticated torture signifies Saturn with an element of Passion.

Depression, enormous fear and an inner emptiness are symptoms of such Saturn. It can also result in blind and unjustified anger when a person does not even understand what he or she is doing. For example, I had to give a consultation to a woman who had Saturn in the fall as well as Mars in the eighth House. This is a very bad combination. When her Martian period started, Saturn joined in too and severe arguments began between her mother, her and her only daughter. The woman all but beat them and threatened to kill them. She confessed that she really experienced a great desire to hit them with something heavy.

Ignorant Saturn gives laziness, absence of basic discipline, failure to perform one's duties. Such a person is unable to follow anything at all, he cannot even complete a course of prescribed medicinal drugs, he can manage it for 2-3 days at the most. If in addition such a person has a weakened Mars, he may choose to solve all problems by force, in a very tough way, such people have a very harsh thought process. Saturn is a very cold and harsh planet; therefore Ignorant

Saturn is very dangerous (such a position was in the charts of the Nazis, Hitler, and Stalin).

Ignorant Saturn (especially if the Sun is weak) affects the joints and spine and begets great pride and reluctance to see the Divine will in everything. Such a person can easily betray someone; he is a bad, untrustworthy friend.

## Saturn in Passion

Passionate Saturn gives excessive organization and precision in everything. Such a person does not accept criticism; he is too proud and immodest. Saturn is a planet which crashes the human ego into powder with its cold press. It can raise a person from rags to riches and then back to the dirt, and does it coldly and consistently: friends turn away from such a person; he loses money, becomes seriously ill, etc.

Since Saturn controls Capricorn, people with Passionate Saturn may strive for power, or desire to establish some rigorous system, to stand out in some way. It is also the basis for the emergence of upstarts. A person with Passionate Saturn may have a lighthearted attitude toward everything, or constantly have fun even when there is no justification for it. As the Russian folk proverb says, "Laughter for no reason is the mark of a fool." On the face of such a person there may be a mask of fun, but in the eyes there is deep sadness.

More often Passionate Saturn will affect a person with excessive seriousness in relation to everything, great inner tension and inability to relax. You may come to such a person with some minor issue and he says he has to think it over thoroughly. Such Saturn makes one overly cautious. Such a person relies only on his own abilities and emanates an air of coldness.

When Russia was under the influence of Passionate Saturn, everything was conducted according to a strict order, everyone bowed to the directions from their superiors, as Saturn is to some extent responsible for hierarchy. It is Saturn that creates cold,

precise structures (it is not for nothing that they are called “social mechanisms”) and defines a strict order where each cog in the machine knows its place. Saturn offers hard work every day for only elementary sustenance. “Whoever does not work does not eat” was the slogan of the people of that era. The Stakhanovite movement is one of its most obvious manifestations.

Passionate Saturn is a certain way of thinking, where the world is divided into white and black, and everything in it comes either from the devil or from God. Under its influence a person thinks: “When everything is well and I achieve something, then it is from God, but if I don’t succeed in it, it must be that Satan stopped me.” Such Saturn prompts one to interact with other human beings as with faceless mechanisms.

At the physical level the symptoms of a weakened Saturn are a fragile structure of bone tissue, a weak nervous system and a general lack of vitality, threatening early death. Quite typical are: constipation, accumulation of toxins in the body, possible purulent processes and necrosis of body tissues. All this occurs because this planet is responsible for decomposition. An influenced person will recover very slowly and his resistance to infection is quite low. In extreme cases, possible diseases are epilepsy, paralysis, asthma or cancer. As Saturn is in charge of the nervous system, the planet may cause its disorder. Under Saturn’s influence dumbness, paralysis and progressive diseases of the nerves may occur. Its inhibitory and overwhelming influence on the human mind may lead to neurosis and serious mental illness. It is Saturn which generates the majority of diseases, primarily chronic and progressive ones.

Weakened Saturn also causes anxiety, nervous tremors, inability to cope with stress, insomnia. A person may live in constant suspicion that people’s behavior conceals some hidden threat. He is not practical enough, his perception of reality is distorted, he find it hard to make money, does not follow through in his actions, lacks endurance and stamina, and is unable to cope with difficulties bravely. He may easily give up and quit. His motivations fade away and vanish and he cannot carry out his long-term plans. Irritability



may occur, as well as a tendency to express dissatisfaction and complaints, a propensity for blind rage, and insecurity in friendship.

## Saturn in Goodness

First of all Sattvic Saturn encourages modesty, humbleness, an absence of false ego, a desire to live in a secluded location. All this is the highest manifestation of knowledge; at which a person arrives after many incarnations of undergoing spiritual practices aimed at the development of love to the Divine. He is modest and short of ego, he understands that the Divine will acts through him. This gives him true humbleness, which means full acceptance of any situation, the perception of everything as the Divine Will.

Sattvic Saturn gives a serious attitude to high values, while an excessively serious approach to regular things shows Passionate Saturn. A person under the influence of Sattvic Saturn can laugh and joke, but he will always treat the high values seriously. Such a person has a responsible attitude towards his life and understands the true value of time. He knows that the human life form is a very valuable gift. A great part of the time allotted to us in the human body is spent growing to become mature individuals, and for the conscious part of life we do not have so much time left. So people who do not evaluate their life hours, “live fast,” are influenced by Ignorant or Passionate Saturn.

People with Sattvic Saturn have a very serious and careful attitude to their life, appreciating the time assigned to them, as it is the greatest value, which no money can buy. Such people realize the supreme goal of life, they are aware that they have not come to this world to waste precious moments on fleeting pleasures and mindless passage of time.

Truthfulness and perception of everything as the Divine Will are very important qualities of Sattvic Saturn. This enables one to accept any person and any turn of events with an inner calm.

Saturnine people often hide their true feelings. Their face is usually motionless as a mask, especially if the influence of Saturn on the person is very strong, as in the case of Vladimir Putin (former Russian President), as is readily apparent from recalling his public speeches and New Year greetings. Such people hide their feelings under a cold mask but they can at the same time be very sensitive inside.

The typical qualities of a person influenced by Sattvic Saturn are carefulness, trustworthiness, reliability, reserve, seriousness, and slenderness. They often have deep-set eyes. Sattvic Saturn also gives an ability to concentrate. People with Ignorant Saturn are unable to concentrate on anything.

Sattvic Saturn makes a person truthful and efficient and gives excellent organizational skills; such people tend to fulfill their necessary duties precisely and regularly. Such people are very consistent. They may feel detached from the general mass of people, inwardly feeling a lack of dependence on the world. Such a person realizes that in this world of names and shapes everything is temporary, and he does not let himself become attached or dependent upon anything.

Some of the qualities of Sattvic Saturn evoke those of the Sun, such as leadership, responsibility, and organizational skills, but the energies of the two planets are totally different. The Sun gives brightness and charisma, while Saturn gives cold certainty and clarity. Externally such a person will have a serious, reserved and modest look; he will be trustworthy, careful, reliable, honest, able to concentrate, to keep silent, and to immerse into meditation.

## Summary

The effect of **Ignorant Saturn** is characterized by the following character qualities and models of behavior: a huge ego, sadness, depression, blind rage, all-encompassing fear, inner emptiness, atheism, harshness, the inclination to inflict great suffering upon

other creatures, to torture them; reluctance to see in all the Divine Will, all kinds of betrayal, great pride, unwillingness to work hard, laziness, complete indifference to the world, undergoing sacrifices and discipline for the sake of causing suffering to others, zero tolerance, criminal inclinations, perversion and paranoia.

**Saturn in Passion:** conviction that hard work is the purpose of life, a constant desire to change or complete something, inability to rest and relax, too serious about everything, excessive caution, fanatical craving to organize everything, sacrifice for the sake of achieving one's self-centered goals, habitually relying exclusively on one's own abilities, workaholism, impatience.

**Saturn in Goodness:** patience, modesty, humbleness, absence of false ego, a desire to live in a secluded location, absence of attachment and dependence, the understanding that everything is temporary, coupled with the ability to appreciate every moment that no money can buy, perception of the Divine Will in all things, complete inner acceptance of everything and everyone, calmness, loyalty, honesty, reliability, understanding that the real work is first and foremost on oneself and one's own shortcomings rather than hard work to achieve material comfort and glory, full control of emotions, Great organizational and performance skills, enormous fortitude and endurance.

## How to Harmonize the Influence of Saturn

From the first words I would like to note that harmonizing the influence of Saturn requires a great amount of time when compared to other planets, and the methods used contain more practical measures than theoretical ones. Saturn requires self-discipline, self-denial, humbleness and detachment. It is necessary to stick to the most proper regimen of diet and sleep for body and soul, to be able to make promises and not to break them, to accept everything that is beneficial for body and soul and to reject anything that is not.

To exercise self-denial and renunciation means not to be attached internally to anything in this world (money, fame, ideology etc.). One must live with a dual logic, divine and human, that is to say, while maintaining full external adequacy we should have an inner Divine perspective on the world, we should be deeply aware that everything in this world is temporary, nothing is accidental, even a blade of grass cannot sway without the Divine will; there are no enemies or friends, just that somebody plays these roles according to our karma. At any moment we may lose everything: money, health, fame, our loved ones, our body, but God, love and soul are eternal entities.

On the external level we must always serve and enthusiastically and without laziness perform our familial, professional and social duties. At work, for example, we make every effort to be good employees. Nevertheless, if we are suddenly dismissed or laid off we should accept that this is the Divine will, without becoming resentful inhibited. On the other hand, if the situation demands we should stick up for our rights while maintaining inner calm and love.

Humbleness is the ability to see everybody on the same level, not to feel proud if we do something better than others, and not to be jealous or fall into depression if someone else outdoes us. Most important is to understand that the last word always rests with God and, therefore, be ready to take any situation in life calmly, without depression and resentment to oneself, others or God. The lifestyle associated with the beneficial influence of Saturn contains development of inner balance, equanimity, composure and impartiality. Saturn is also strengthened when we strictly adhere to certain regulations in life and follow some authority or tradition. It is recommended to refrain from all that might unnecessarily stimulate nerves and senses.

It is desirable to avoid strong emotional outbursts, stressful and tense situations, to spend more time in nature and in solitude, to be able to slow down the pace of life, to calm down and relax. This should be done regularly, at least once a week.

For that purpose there exists a special day – Saturday, it is a Saturn day. As the Indian and Tibetan sages stated, “Resting on Saturday lengthens life”, and this day is especially designed by the Creator for disconnecting from the regular daily routine so that we can devote more time to spiritual practices.

Judaism takes a similar view, as is well known. By the way, many esoteric and astrological schools believe that Judaism is strongly influenced by Saturn. Therefore, it contains many rules and regulations, and preference is given to clothes of black and dark blue colors (Saturnine colors). Anyone who even slightly adheres to the Jewish traditions, in addition to obtaining spiritual benefits, also enhances Saturn (but not always its beneficial effect).

Herbal remedies, strengthening Saturn are myrrh, frankincense, comfrey root. All of them reinforce the viability of the organism and assist recovery. Also very favorable are natural remedies and plants that remove toxins and waste from the body and produce deep cleansing of all the tissues. One such remedy is Triphala, an ayurvedic blend. Aromas of Saturn are sandalwood, frankincense, cedar, juniper; they have a healing effect similar to the action of the herbs above.

Fasting also enhances Saturn. This Vedic mantra is well suited for harmonization and peacefulness of mind: Om Shanti Shanti Shantiyi, or the Saturn mantra: Om Shanaye Namah. Those mantras should be chanted on Saturdays in particular.

In conclusion, I would like to say that Saturn requires such qualities as self-discipline, calmness, strict and consistent adherence to certain regulations and authority. But the point is not to make a human robot, but to purify the heart as much as possible, to learn fearlessness and total independence from anything in this world whatsoever, to elevate a person to the Divine level and breed God’s love in his heart.

However, when regulations and rules become the goal (as it happens with various subgroups in Orthodox Judaism) rather than the means, then the heart gets hard and very soon becomes similar

to a stone, and the sense of pride and superiority over others takes control over the man.

In the charts of fanatic religious leaders as well as of political extremists of all types Saturn tends to be very strong, but it creates big problems to others, and it is almost guaranteed to result in these personalities going through much suffering in a series of incarnations.

It is important to remember that the spiritual level of the individual is measured by the amount of love in his heart, and not by how strictly and devotedly he follows the rules and regulations (through training animals can learn pretty much anything too).

If one approaches the strengthening of Saturn with the correct understanding, it is possible to cover many potential lifespans within a few years, to bring great benefit to others and to improve the fate and health of oneself as well as those of ancestors and descendants. May you have the right outlook and objectivity!

## From the Training Course

Saturn is the **most distant planet from Earth, cold and small, sinister, karmic. Karma related to Saturn varies heavily.**

If Saturn is placed well in the natal chart, it brings wisdom, the ability to tell right from wrong, sincerity, honesty, love of justice, independence from all things, longevity, fame, power, leadership and organizational skills.

If Saturn's position in the natal chart is unfavorable, it may make its owner greedy, morbid and gloomy. They always suffer from some losses and psychosomatic problems caused by violation of the chemical balance of the body. This happens due to the deterioration of the wind element's behavior (impairment of the air flow occurring in the body). It may bring the obstacles, delays, humiliation, hostility, bad karma, litigation and imprisonment.

A ruler of **elderly people.**

**Karaka (indicator) of life expectancy.**

Responsible for the **teeth, bones, spleen, right ear, sense of hearing, feet, knees, hair, nails, bone marrow, lower waist.**

Enhances the ability **to concentrate, reserve, seriousness.**

**Deep-set eyes, slenderness, modesty, a tendency to hide one's feelings behind a mask, carefullness, fidelity, reliability, honesty, great performance and organizational skills.**

In the seventh house Saturn gets a directional force (digbala) and is very strong there.

**Weakened Saturn** causes **irritability, a tendency to express discontent, irrational anger, and unreliability in friendship.**

Its Signs are **Capricorn, Aquarius.** It is exalted in Libra, falls in Aries.

Its color is **black.** The color of mourning, it brings gloom, decreases in size, but may increase energy of power.

The combination of red and black enhances rigidity.

**Iron, steel, wood, coal, lead.**

The gemstone of Saturn is **Blue Sapphire.**

Professions are **workers, artists, organizers.**

Direction – **West.**

It is better to always keep the windows on the West closed tightly, for example, by using the blinds.

It is unfavorable to have an entrance to your home from the West. In this part of the house it is better to have a toilet or a workshop, to store tools. One can make a room for guests there.

The important quality given by Saturn is an **inner humbleness, acceptance of the Divine will.**

**Talkativeness destroys Saturn.**

Saturn gives endurance.

Saturn is responsible for the first (**Muladhara**) **chakra.**

Saturn number in numerology – 8.

The day of Saturn – **Saturday**.

Those who were born on the **8th, 17th, and 26th** of any month are under Saturn influence. The number eight in many esoteric schools represents infinity.

Saturn Mantras: **Om Namō Bhagavate Kurmadevaja, Om Shani Namaha.**

Indian astrologers advise the following for neutralizing the adverse influence of Saturn:

- to water public trees daily, except Sundays;
- to feed beggars and crows with salted rice and peas;
- to relate respectfully to subordinates;
- fasting on Saturdays (in general, fasting on any day of the week strengthens the planet responsible for that day);
- to serve and take care of the elderly and aged people.

## Case Studies

I have seen three or four charts with the fallen Saturn related to the House of Children, where the first child was born disabled or brought much suffering to the parents. One woman (later she was a student of our course) had a very weak Saturn, and her first child was very ill with serious heart and digestive system problems; the mother could do nothing to help him and for years just had to cope with it. They searched around from one hospital to the next, but it had little effect. The woman had no inner patience, humility, nor ability to see the Supreme Will through these events. I gave her the methods for neutralization, the woman began working on herself, to develop spiritually, and the child felt much better. He underwent an operation quite successfully, he started to walk and move around. She also felt much better, because she had had problems with her





lower back and her excessive thinness due to the Saturn influence, and with the time this passed too.

Once in Israel I gave a consultation to another woman with a similar problem. She also had a weakened Saturn related to the House of Children. She could not bear children for a very long time. Her husband came to the consultation and I started to advise them what to do. They followed all the instructions and a healthy baby was born. Since they have done everything correctly, worked on themselves and changed internally, a harmonious child was born, but then the mother developed extremely strong postnatal depression. Instead of enjoying her long-awaited motherhood (at the time she was 36 years old), Saturn caused gloom, sadness and reluctance to take care of her baby, because during her three previous lives she had not wanted to give anything to her children, whereas the child requires a lot of input.

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Once I consulted a man with much debilitated Saturn in the House of Career. He had a very gray, heavy, monotonous work, and could not change it. I told him that he had to learn to accept whatever happens to him, to put his power into the work, to truly love what he had been doing, to try making others happy at his work, to help them, to bring good to people. He started working to improve himself. But Saturn is a slow, heavy and solid planet, it is not so easy to budge it, and it usually takes several years to change something.

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Among my practice cases I also came upon examples of strong Saturn. Once I consulted a girl over the phone. I said to her: "You are a naturally born spiritual teacher, and you will achieve this station at a comparatively early age." At that time she was studying biology at the University, and was engaged in research activity. When she heard it, she was very surprised. She was not all that much interested in spiritual issues. However, she is a very wise person and indeed she began teaching people a few years later. On reading just a few



pages, or even a few paragraphs, of some wise philosophic book, she can immediately grasp the essence and teach it to others. She has been writing very interesting and wise articles, and, as far as I know, already books as well. Saturn in her chart is the master of the House of Personality in exaltation in the House of Wisdom and Supreme Knowledge (the Ninth House). She successfully mastered yoga and immediately became one of its best teachers. While for many people understanding the supreme knowledge may take years or even an entire life, she learns it within minutes, or it is better to say, she recalls it.

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In Moscow I consulted a woman with debilitated Saturn in the chart related to the Fourth House. The Fourth House is an indicator of Mother, Real Estate, and the chest area. She had a sunken chest, and like her mother she was very thin and suffered because of it. Her mother had a harsh life (the weakened Saturn in the House of Mother usually gives such an effect), and their relationship was very cold. Although her earnings were adequate, her dwelling conditions were very poor: her apartment was always flooding, it was in a noisy area, homeless people were living nearby; everybody wondered why she had to live there. Despite the fact that she possessed enough money, there was always something that occurred to prevent her from moving out. I told her that she had to accept her mother for who she was, to get rid of depression and impatience, explained that it is essential to see everything as the Divine Will, and she began working on herself. The situation with the real estate improved: she moved, soon she gave birth to another child, her relationship with her mother returned to normal, and the joints' disease, caused by the influence of Saturn, had disappeared.



# The Effect of the Shadow Planets

## Philosophical Understanding of Rahu and Ketu

Along with the seven major planets, the ancient Indian sages also paid close attention to two shadow planets, which are not quite planets in the usual sense, as they have no physical mass and cannot be seen in any telescope. But despite this, of the nine planets that show karma, two are shadow planets (Vedic astrology doesn't take into consideration the planets, asteroids and comets further than Saturn). And since we live in the epoch of those planets, it is very important for us to know about them and live in harmony with them.

Astronomically these shadow planets represent the points in which the Moon's orbit intersects the ecliptic – the visible path of the Sun on the celestial sphere. It is at these points that solar and lunar eclipses can occur. Lunar nodes, as they are called, correspond with the times at which the solar and lunar energies interact and enter into a conflict, or neutralize each other. They represent, so to speak, the opportunity “power cut” of solar or lunar energies. That's why the lunar nodes are an extremely sensitive point of the horoscope. Their influence can affect the entire consequence of planetary forces.

Rahu – north, or ascending node – is the point at which the Moon crosses the ecliptic in its movement from South to North. Ketu – south, or descending node – is the point at which the Moon crosses the ecliptic moving from North to South. Thus, the energy of the northern node is associated with ascending and expansion, but this energy is predominantly negative. The southern node is associated with descent, the compression and internalization of the same energy. In the Vedic system the Ketu effect is not as disadvantageous as the effect of Rahu.

According to the legend, Rahu and Ketu are two halves of the body of the demon, who drank the potion of immortality and was subsequently punished by being cut into two parts. The Sun eclipses and the Moon eclipses always take place near one of the lunar nodes. That is how these lunar nodes are able to suppress and obscure the Sun and any other planet.

The effect of Rahu is similar to that of Saturn; Ketu's effect is more like that of Mars. The energy of the nodes, however, is more subtle and elusive than the energy of those planets.

## **The Influence of Rahu and Ketu on our Health**

In our body Rahu is responsible for: cheekbones, skin, excretory system, swallowing, gastrointestinal tract, the rectum.

Ketu is responsible for the spine, spinal canal, nervous system.

Affected Rahu can cause diseases such as varicose veins, psychosis, melancholy, boils, various infections, and asthma.

Affected Ketu diseases: low blood pressure, deafness, dumbness, and intestinal worms.

Common physical conditions when Rahu is weak: weak immune system, increased susceptibility to infectious diseases, nervousness, trembling limbs, insomnia, paleness and nervous indigestion. Connection to the physical body is weakened; you may lose control over bodily functions, which may cause various nervous and mental diseases.

Weakened Ketu causes digestive disorders and blood circulation, ulcers, anemia and chronic bleeding. Also possible are muscle or nerve disorders as well as intractable, difficult to diagnose or mysterious deceases (multiple sclerosis, cancer, etc.) – the same if Rahu is weak.

Psychological symptoms of weak Rahu are increased sensitivity and agitation, fears, anxieties. Hallucinations can occur, drug addiction, depression and moodiness, bizarre fantasies. A person can

misunderstand who he is, and easily succumb to any influence and suggestions, giving credence to those most absurd and unrealistic. Such people are not usually very popular, they have very few friends; it is difficult for them to fit into the modern world, they exhaust their strength and energy in the pursuit of unhealthy pleasures, and generally waste their lives with useless pastimes.





# Rahu

## Northern Ascending Node

### Head of the Dragon

Rahu represents a cosmic force that is necessary to maintain the drama of life. Making our past life's dreams come true in this life and causing rebirth of soul in this world, Rahu gives us necessary conditions to ensure that we dive into this material life and feel ourselves kings here. This requires illusory material energy (maya), and Rahu is the son of Maya, he represents this material energy. The symbol of Rahu is smoke. Rahu can sink us into an illusion, but it can also set us free from the bonds of time, depending on how we harmonize it.



### General indicators of Rahu



Rahu is a cold and dry planet. From an astrogeographical standpoint Rahu is represented by locations with dry and cold climate (Northern Canada, Greenland), high mountain peaks with cold ice and cliffs, wild forests and deserts. All extreme natural phenomena are under the influence of Rahu: tornadoes, tsunamis, cyclones, etc.

Rahu is the cause of injuries and fatal accidents. The loss of organs or limbs is connected to the aspect of Mars on Rahu (one-eyed, one-armed, one-legged – all this is the influence of Rahu). Rahu in the 3rd or 11th house can cause deafness. Worms, parasites and smallpox are all Rahu diseases.

Rahu is also responsible for obesity of the physical body and for physical strength (sumo wrestlers). In today's world the problem of obesity is very crucial. In 2003 the U.S. Senate introduced legislation to define methods of stopping the obesity epidemic in the country





(according to the statistics, over 60 percent of adults and 13 percent of children suffer from obesity in the United States).

The study of Rahu is particularly important for astropsychologists, as it is the cause of the majority of psychological and psychotherapeutic problems (madness, sleepwalking, insomnia, suicide, phobias, manic depression, etc.). People with psychological and psychotherapeutic issues are as a rule very strongly influenced by Rahu.

Western medicine, which uses drugs, chemicals, alcohol, poisons, is completely under the influence of Rahu.

Rahu is responsible for all kinds of intoxication, alcohol and drug addictions. Alcohol is a “liquid Rahu,” so all drunks are under its influence and all behave identically: sleep or curse (common sense at that time goes out the window).

There is a story about a Buddhist monk who got caught in a storm and asked old widow if he could spend the night at her house. The widow agreed to let him in, but under one condition: either the monk would have sexual contact with her, or eat goat meat, or drink a glass of wine. The monk thought and decided to choose the least of three evils – to drink wine. And then... then he also ended up doing everything else.

People of public professions (film stars, journalists, artists, TV presenters) especially need strong Rahu, as it gives the ability to influence the masses and helps to maintain attention. Rahu gives creative abilities, imagination and inspiration, so it can have a very good effect on the destiny of these people.

Rahu is a shadow planet; so it is responsible for spying and detective activities. Hitler had very strong Rahu (exalted in the ninth house under the aspect of Jupiter), so he was able to create such powerful governmental organizations as the SS and the Gestapo secret police. But the most significant thing that well-placed Rahu gave him was the ability to influence great masses of people and success in politics. Unfortunately, his entire chart bears witness of the fact that he was a great demon, so he used up his

entire potential on destructive purposes. A key indicator of his demonic inclinations is the connection of Jupiter with Ketu and the Moon with Rahu, one of the strongest demonic combinations. The sages would say regarding such people that they would be glad to inflict suffering upon others, and they destroy themselves with their own selfishness, envy and pride as a result, despite the fact that such people may be active followers of Vedic knowledge, as Hitler himself actually was too.

There are no planets equal to Rahu in the ability to provide unexpected fame, prestige, and success in politics. Therefore some Western astrologers consider Rahu to be a most favorable force.

Rahu is responsible for intuition and can even cause clairvoyance. Psychologists, psychotherapists, fortune-tellers, astrologers, philosophers and scientists also need strong Rahu.

In the Vedas it was predicted that during the Kali Yuga age most scientific discoveries will be made in a dream. We know that Dmitri Mendeleev actually discovered the Periodic Table of Elements in a dream, and Albert Einstein wrote in his memoirs that the majority of his discoveries (including the Theory of Relativity) were made during his sleep (which is Rahu area of influence).

In terms of animals Rahu represents a crocodile and a shark. That's why you shouldn't look at these animals for a long time, as we absorb Rahu energy by doing so. Among birds, Rahu is the owl, which cannot see at daylight, as the Sun disturbs it. The Sun is the enemy of Rahu. Rahu represents also ants and all multi legged insects, especially wasps and scorpions. In food Rahu represents anything that has a bitter or spicy taste, as well as vinegar and garlic.

In the Vedas it was predicted that in the Kali Yuga age the most profitable business will be the trade in meat, alcohol and drugs, pornography, the funeral business and the pharmaceutical industry (based on chemistry). Rahu is responsible for all of these businesses. Occupation in some of these areas can bring big money, but strongly ruin the karma for several incarnations.

In our age there is another new business – gene engineering, biotechnology as well as cloning. Much money is spent on their development and implementation, although some independent researchers predict terrible consequences that may come out of introducing these scientific developments into human life.

Exchanges, speculation, gambling and casino are also expressions of Rahu. The modern economy is literally soaked with Rahu energy, it is built on speculation.

Rahu is responsible for the Southwest direction. This is where its influence is particularly strong. For example, in the Southern part of the USA there are cities, such as Los Angeles and Las Vegas, which are under huge influence of Rahu: there are many casinos, restaurants, Hollywood. In India it influences Bollywood with its film industry. Generally, Rahu is very strong in major cities.

The southwest of your home should be closed and protected; for example, there should be a heavy cabinet, a fence, trees or bushes. It is most unfavorable to have the entrance to the house or apartment in the southwest.

Rahu represents everything that is not natural, including artificial light. In the Vedas, it was predicted that in our time people will use artificial sun. What is it? This is electricity, 100% Rahu.

Corruption, sexual slavery, and trafficking of women are typical influences of Rahu during the Kali Yuga age. Rahu represents divorce, the majority of women cannot find a husband and are not under the protection of their fathers, so sexual slavery and prostitution flourish.

Politics today is also experiencing the strong influence of Rahu. An example from recent Russian history: in 1996 Yeltsin's rating was less than 1%, but a lot of money was spent on the elections, and the result we know – Yeltsin was re-elected. Using media and PR technology (Rahu) literally anyone can become powerful overnight.

Rahu is the planet of revolution; it is always in need of change. Rahu creates Robin Hoods and fighters for justice. Rahu influence is similar to that of Mercury in many respects. Like Mercury, Rahu

is an indicator of intelligence, but it represents the intuitive part of it. It provides wit, a sharp mind, communication skills, sarcasm and often an impressive sense of humor. If Rahu is very high, it manifests itself as the higher aspect of Mercury, which is associated with the true knowledge and gives the ability to pierce through illusions.

It is believed that only Jupiter and Mercury can control Rahu energy. Therefore, it is beneficial when in the chart Rahu should have contact with Mercury or Jupiter (better in the aspect).

Like Mercury, Rahu receives the strongest impact from the planets with which it is connected, but at the same time it doesn't lose its original qualities and nature.

Since Rahu reflects the energy of the planet with which it is connected, it can often behave like Mars, Jupiter, the Sun or even the Moon. It is impossible to predict exactly what to expect during the Rahu period. It requires careful analysis of which house and which sign it is placed in, with what it is connected, which planets are in aspect, where its dispositor is etc.

Rahu is especially strong from 10 pm to 2 am. According to the statistics, during that period the majority of crimes are committed and all sorts of accidents happen. Hardly anyone would think of going to a pub or bar early in the morning. This period is also suited for black magic, especially at the Full Moon.

If a person is not asleep at this time, then negative energy of Rahu enters his system

Other indicators of Rahu:

- mines, iron, steel, oil (the energy sources of our civilization);
- divorce or death of a partner (the practice shows if Rahu is in the 7th house, it causes divorce or widowhood in 99% of cases. As a prevention measure, such a person may go through a fake divorce and then remarry the

same partner, if Rahu hasn't destroyed the desire for the relationship);

- terrorism (especially if Rahu is associated with Mars and Saturn);
- physical force (if Rahu in the 3rd house or associated with Mars, it provides great energy and endurance; many famous athletes have this position). S. N. Lazarev (author of "Diagnostics of Karma") has Rahu in 3rd house and the dispositor in exaltation, which besides the talent for writing books, has given him enormous physical strength. He is in his fifties and his physical shape is impressive (for example, he can swim 50 metres under water);
- all artificial things (electricity, chemicals, synthetics, the pharmaceutical industry, chemical production);
- inclination to lewdness, pornography, promiscuous sex and sexual perversion;
- criticism, arguments, swearing, obscene speech;
- black humor and vulgarity;
- excessive sleeping (if a person is asleep after 6 am, in this time he is filled with Rahu energy), and if not asleep during the Rahu period (from 10 pm to 2 am), the nervous system does not rest, which is attested to by modern scientists;
- excessive risk, extreme sports;
- television, computer games, the film industry, photography;
- gambling, casinos, horse racing, the stock exchange;
- smoke (smoking);
- sex changes and plastic surgery;
- international political, economic and religious institutions (the Red Cross, UN, World Bank);

- foreigners, influence in foreign governments;
- paternal grandfather and maternal grandmother;
- disease: the majority of psychological and psychotherapeutic disorders, many types of cancer, AIDS and other modern diseases..

## **Rahu as an Indication of Karmic Challenges**

Rahu is the energy of expansion; it opens new karmic opportunities in this life. In particular, the position of Rahu in the horoscope chart shows the area of the new growth in this incarnation. The house in which Rahu is situated deserves close attention – the person needs to expand his energy in the areas represented by this house. This is the sphere of life where a person has great promise, but is afraid to take the first step. But if he overcomes himself, then he will receive a reward in the form of impressive success.

Dispositor of Rahu (the ruler of the sign in which he is situated) controls the expansion of Rahu energy, and its position also shows the area where people will expand their energy in this incarnation. How positive or negative (constructive or destructive) this expansion will be depends on the evolutionary level of the soul and on its karma.

The two signs and two houses that are occupied by Rahu and its dispositor determine the path of the soul chosen for this incarnation, and in terms of karma this is one of the most important points for encoding the chart. These homes require special attention, particularly the house where Rahu is situated. Usually this house brings good luck, but one has to check the dispositor's location too.

In “Lal Kitab” (the book of Signs and Omens) it is stated that well-developed, harmonized Rahu can have an effect similar to the effect of Venus and Jupiter united in the same house. Venus and Jupiter are two of the most favorable of the planets, and if they come together in one house, this house is flourishing. If a person

is working on his Rahu, then this house (and the corresponding area of life) will prosper in the same way as if there are Venus and Jupiter. Just imagine how this house can be improved if this person works on Rahu, improves and harmonizes it.

It is important to remember, however, that Rahu does not understand the concept of a happy medium. It is the planet of extremes: it acts either through the lower or the higher aspect. And it is fairly easy to translate from the lower to the higher aspect (and vice versa, the “law of the pendulum” activates).

If a person works on self-development, then the house where Rahu is situated gains a lot from it, as it is designed for growth. Therefore Rahu is the planet whose effects you should always work on, it can't be just ignored. Harmonized Rahu can quickly raise a person up, but if the energy of Rahu isn't used properly, it leads to degradation.

For example, how you can quickly move from the higher Rahu aspect to the lower? Very simple: you need to buy some alcohol and meat, rent a pornographic film, bring it all home and... after sunset you'll feel an irresistible desire to relieve stress. So after only several minutes of such manifestations of Rahu it is possible to fall from the highest level.

Another example: you work on self-development, eat healthily, purify your body, and lead a virtuous life, devoted to your partner, but when you just turn on the TV... the energy of Rahu can be a magnet: look at the TV screen – and you are fully engrossed in this artificial life, to the point that you can't be disrupted.

There are people who live with the fictional lives of the TV series characters; if some character gets married, they rejoice as if it were their own wedding, if someone died they sincerely mourn and weep. Western psychologists have proved that 90% of television programs have a harmful effect on the psyche. In the United States and Canada 80% of children have serious psychological problems. All these are the consequences of the negative impact of artificial life, television and the Internet.

It is important to understand that Rahu gives us a unique opportunity to develop ourselves. We just need to slow down mental activity, to live in the present moment, the here and now, to overcome fear and expand our energy in the right direction. Rahu strengthens good sense of humor without vulgarity and sarcasm.

We live in an era of Rahu, therefore we need to continuously improve its energy and keep harmonizing it throughout our life.

The number of Rahu is **4**. Anyone born on the **4th, 13th, 22nd, 31st** of any month are under the influence of this planet. Number 4 is a symbol of cosmic static integrity, the ideal stable structure. It represents the fourfold cosmic basis of the world, the four basic elements, the four cardinal directions and the four winds.

It symbolizes the supreme law of the cycles of time, expressed in the following order: morning – noon – evening – night, childhood – adolescence – adulthood – old age. Each individual life passes through four stages: birth – growth – degradation – death (or: birth – life – death – rebirth), respectively symbolic of the four cardinal directions. Similar to these stages of life are the four Yugas – the great eras.

## Rahu in Ignorance

Rahu in Ignorance is addiction, alcohol, deep immersion in Maya (illusory material energy), and the tendency to eat junk food, full of chemicals and genetically modified. Rahu in Ignorance causes a clouding of consciousness and loss of memory. Rahu, like Mercury, is responsible for the majority of mental health problems. It is therefore very important to bring both of these planets at least up to the Passion level. If both Rahu and Mercury are in Ignorance, it almost always causes severe mental illness. How was schizophrenia treated in the old days? Just by bringing the patient into Passion and Goodness level, prescribing more Sattvic lifestyle, he would get cured. People were moving to this level and healed by themselves. Schizophrenia is when the mind is in Ignorance.



It also causes obsession, especially when Rahu is under the influence of Saturn. Something suddenly gets into a man's head and he might be violent to someone or even kill somebody, not realizing at the time what is happening and how.

If Rahu is in Ignorance, and partly in Passion, a person can be addicted to hard rock, or (especially when Rahu is connected to Venus) can have strong desire to dance all night long at a disco, a smoky, filthy room full of dirty swearing. Or it could be drinking alcohol in a dirty bar etc. It means that Rahu in Ignorance overshadows consciousness, and the person willingly follows Rahu's influence.

If a person has Rahu in Ignorance, he can't eat and digest natural food, he feels bad from it. It is very important to regularly go outside and get sunlight, as it makes the mind more Sattvic and weakens the adverse influence of Rahu.

Rahu in Ignorance is horror movies, especially with violence, bullying, drug addiction and alcoholism.

In general the effect of Rahu manifests itself in the following patterns: a person can be comfortable living in a dirty and untidy environment, and speedily can fill his atmosphere with dirt wherever he goes, both in a physical and psychological sense. He has a preference for old, foul-smelling, and artificial food. He craves anything that leads the mind and psyche into a state of illusion: strong alcohol, toxic substances, highly potent drugs. He prefers to live in a non-ventilated, smoke-filled place and to listen to hard rock and other mind-numbing music without a break. He is dependent on TV and computer games. He has a very materialistic consciousness, and finds the word "God" and any discussions on spiritual topics infuriating. Nature and beautiful landscapes may seem annoying to him.

## Rahu in Passion

Rahu in Passion also overwhelms the consciousness. A person with Rahu in Passion has very strong insatiable passionate desires. When an alcoholic resorts to drinking liquid for washing windows or cologne, this is typical Rahu in Ignorance, whereas Rahu in Passion will stick to good wine. A person with Rahu in Passion can greatly influence a crowd and be a good speaker; he might inspire people with his passionate speeches.

Love for ticklish nerves situations, extreme sports (e.g. skydiving), the desire to live on the edge – this is all Rahu in Passion; also artificial entertainments, such as roller coasters, an artificially created (computer generated) picture. Computer games, being as addictive as a drug, are also Rahu and partly the effect of Ketu, as it is responsible for computers.

Rahu in Passion, like Jupiter, causes blind fixation on some idea, a certain fanaticism, which leads quickly to Rahu in Ignorance: for example, terrorist attacks begin as a struggle for an idea (Rahu in Passion) and culminate in the mass murder of innocent people (Rahu in Ignorance). Passion can't be maintained for a long time, it is either transformed into Goodness level by willpower, or automatically falls into Ignorance.

For a person with Rahu in Passion, for example in the 2nd house, money is very important; he is too attached to it. He has a very passionate, emotional speech, he often speaks gushingly with aspiration and among the group of people tries to outshine the others, makes fun of them and humiliates them. Such a person is overly attentive to his or her appearance, especially if Rahu is connected to Venus.

In short, the effect of Rahu in Passion is characterized by the following traits and models of behavior: massive material desires, striving to manipulate others, desire to make magic tricks, fanaticism. Such people use spiritual practice in order to achieve physical goals, power and prestige.

This person may look clean and well groomed on the outside, but in reality where it is unseen for others, he does not care about being clean and tidy: he can wear dirty underwear, his home only gets cleaned before the arrival of guests, on vacation he can “relax to the fullest” and make a mess in hotel rooms, etc. Such person is addicted to smoking, soft drugs and alcohol, though of better quality than when Rahu is in Ignorance. He also suffers addiction to TV and attraction to various electronic gadgets. Such person with Rahu in Passion longs to live in a big city, and visits the countryside only to have a meat barbeque and drink alcoholic beverages. His preferences in food are artificial, beautiful and filled with various chemical additives (coloring, preservatives, etc.). He mistakenly sees unusual excitement and hallucinations during narcotic trances as a sign of spiritual development. In spiritual matters the most important thing for him is to appear very advanced to others.

## Rahu in Goodness

Rahu in Goodness gives a person amazing intuition, because it is responsible for the intuitive part of the mind. Such person can even clearly see other worlds and accurately predict the future.

A person with Rahu in Goodness endeavors to live as close as possible to nature, most naturally, and eat only natural products.

Since Rahu is similar to Mercury, a person with Rahu in Ignorance is in the world of his dreams (schizophrenia), while a person with Rahu in Passion lives with obsessive ideas in his mind. Rahu in Goodness allows one to see the past, the present and the future, to penetrate into other worlds. Rahu in Goodness takes a person beyond the limits of illusion, beyond material Maya. He realizes that everything in this world is temporary, and does not cling to it.

## Summary

Rahu in Ignorance gives clouded consciousness and memory loss. If a person has Rahu in such a position, he generally can't eat and digest natural food, it becomes bad for him. This person is addicted to smoking, soft drugs and alcohol. He likes living in dirt and mess. Wherever he comes, he quickly fills the space around him with filth (both physical and psychological).

The influence of Rahu in Passion is represented by the following character qualities and behavior models: huge materialistic aspirations, the desire to manipulate others, to be able to make magical tricks, fanaticism. Such people use spiritual practice in order to achieve tangible goals, power and prestige.

The influence of Rahu in Goodness is represented by the following personality and behavior: aspiration to live close to nature, preference for natural products, healthy diet, regular meditation and clear awareness that this whole world is illusory. The ability to see the past and the future, intuitively understand the most subtle laws of the Universe. Unselfishness. Complete absence of fear of the future.

## How to Harmonize the Influence of Rahu

To harmonize Rahu, first of all one needs to read mantras and prayers. The mantra, harmonizing all levels of Rahu is: **Om Namō Bhagavate Varahadevaya**. It can be chanted daily.

Rahu is considered the son of Maya, or Durga (the material energy), and its representative, so the chanting of the mantra Om Namah Sri Durgaye harmonizes it very well (108 times on Wednesdays, Fridays or Saturdays, facing southwest).

The mantra of Shiva – Hum (with a long “U”) is also very good. It breaks illusion and purifies the psyche from negative influences and suggestions.

But the main mantra of Rahu is **Om Ram Rahave Namaha**. It is better to chant Rahu mantra after sunset. All canonical prayers of the various religions are also very harmonizing for Rahu.

To neutralize the negative influence of Rahu it is very good and useful to drink warm sweetened milk before sleep at night, as it calms the mind. Generally speaking, all dairy products are very good for this, especially clarified butter – ghee.

In order to harmonize Rahu we must comply with the basic religious principles:

- Ahimsa (nonviolence);
- repudiation of intoxication;
- prohibition of illicit sex;
- elimination of gambling.

**Highly desirable:**

- to stop eating meat, use only natural food without coloring, flavorings and other chemicals. It is also important to stop eating artificial and genetically modified food;
- to wear clothes made of natural fibers (linen, cotton, silk, etc.); to minimize the use of household items made of synthetic materials;
- maintain cleanliness and tidiness everywhere, especially in the place where you sleep (Vastu, the Vedic science of organizing space in accordance with the laws of nature, states: if the house is dirty, then Rahu energy enters it, that's why Brahmans devoted a lot of their time to cleanliness). It is highly desirable that the southwest corner of your home should contain something heavy (for example, a large closet), it blocks the penetration of destructive energy of Rahu into your house. A little statue of Ganesh can be used here too. It is very healthy to eat oranges, buckthorn, honey – they reinforce the beneficial effects of Rahu and weaken the negative ones.

Herbs are not that effective when working with Rahu, as it has a very subtle effect, but to make work with Rahu energies easier, it can be helpful to use fragrances that clean the psychological atmosphere: camphor, myrtle, sage, eucalyptus, and soothing spices such as sandalwood, lotus, and frankincense. The best herbs for providing harmonization of Rahu is calamus.

For purification it is good to use cow dung. This is a very strong antiseptic, and if one dilutes a small piece of dung in water and wash the floor with it, it will also clean the subtle energy of the home.

The color palette of Rahu matches the colors of Jupiter: light yellow and gold. Also good for harmonizing Rahu are the sun colors; orange, for example, as well as transparent colors. These colors will neutralize the negative dark effect of Rahu and will enhance its positive qualities.

Another method for the harmonization of Rahu is to donate black or blue blankets for religious charitable organizations; to place blue flowers into flowing water for 42 days; to do something beneficial to take care of one's maternal grandmother and paternal grandfather.

It is very important to try to spend as little time as possible in big cities, to minimize the use of technical devices, especially TV. As often as possible to be in nature; to adhere to a vegetarian diet, avoid all kinds of intoxication: alcohol, cigarettes, and drinks containing caffeine.

The most dangerous thing is drugs, even a short-term acquaintance with soft drugs can increase the adverse effects of Rahu for many years.

It is also important to avoid anything that weakens Rahu: excessively strong notions, hypnosis, and anything to do with black magic. It is important to talk less and do not give in to the false fantasies, to seek calmness and tranquility, and to develop the Jupiter qualities: kindness, compassion and faith.



It is essential to follow the pure and clear doctrine, to maintain discipline, moral and ethical standards and to avoid wishful thinking.

The hardest thing is to live in the present, not worrying about the past and not fearing the future. If we harmonize the influence of Rahu, our lives will change dramatically for the better. Shadow planets can manifest themselves through the highest aspect when being in any house and sign, although, certainly, we should remember that the position of dispositors, aspects and the connection with other planets is very important for Rahu.

## Examples of Rahu Position in Different Houses

Let's have a look, for example, at the effect of Rahu in **the 5th house**.

The 5th house signifies children, morals and ethics, higher knowledge, intelligence, the love of a partner. If Rahu is in this house, the extremes are at their utmost – the person is either the best of men, or the worst. Dr. K. N. Rao said that the human mind will be clouded (the 5th house represents the highest intelligence). Also, it's not good for procreation, so under no circumstances should a woman with Rahu in such a position have abortions done, and her health during pregnancy should be monitored very attentively. Preparation for childbirth is to be taken quite seriously. Parents-to-be should clean themselves in advance both at physical and mental level.

If you have Rahu in the 5th house, this requires serious work on self-development. The 5th house signifies morality, higher knowledge, intellect. Rahu can shatter these meanings very badly... A person may seem clever, but take a slippery road. Therefore, with such position of Rahu one should be very moral and ethical, but not attached to it, he cannot criticize other people.

If a person with Rahu in the 5th house does not comply with moral standards, it may have a negative effect on children and



higher intelligence. For women it is particularly dangerous – she can do something stupid, and her children would suffer.

Rahu in the 5th house often causes fear of having children. If such Rahu position is in the horoscope of a man, he often compels a woman to do an abortion. But if the couple overcomes the fear, such people will be the best parents. All it takes is to make first step – to go through “hard core ascetics” of conception and then during the period of pregnancy and childbirth. If a woman goes properly through pregnancy, it is the best period of her life.

If Rahu in the 5th house is strong and in a good aspect, its owner can be very clever and have good children, be successful in investments.

This situation is usually not the best for formal education. A person with Rahu in such a position is better fit for correspondence courses and self-study.

**Rahu in the 1st house** shows that this person mainly concentrated on his partners in his previous life, and in this life he has to become a harmonious person in all respects – to spend a lot of time working on his own self-development. He has to understand that in order to change the world, he first of all needs to change himself.

Such people usually have some unusual appearance, they often look very extravagant, and they may have a large ego, which manifests itself in pride and vanity.

If Rahu manifests itself through the higher dimension, it gives deep penetration into the essence of things, true knowledge about how cosmic forces work, deep understanding of mass psychology, a lack of pride and selfishness.

Those people often are lonely in their personal life and, in my humble experience, during their childhood they may lose one of their parents. Such a situation is quite common in the astrological maps of saints, scientists, philosophers (Krishnamurti, Bhaktivigyan Goswami, and Nietzsche).



**Rahu in the 2nd house:** for such people speech is very important. We should learn to speak the truth in pleasant words. The main thing for a person who has Rahu position in the 2nd house is a complete ban on alcohol and smoking. It is very helpful to become a vegetarian. This position of Rahu gives strong concern about money savings, sometimes greediness and bad eating habits.

**Rahu in the 4th house** is quite a tricky position; in my humble experience it may give emotional instability. The main challenges of the 4th house are contentment with life and real estate. Rahu is the planet of desire, the planet of expansion. Therefore, in the 4th house it can give internal dissatisfaction, fear ("Can I pay for the house?") and attachment to stability. Our soul needs to develop; it needs to grow, so if our goal is to never change, this leads to degradation. If Rahu in the 4th house is harmonized, it gives inner satisfaction of life and good real estate conditions. This placement of Rahu is favorable for real estate dealers, child psychologists, writers for children, farmers, transporters, architects, interior designers, construction engineers.

**Rahu in the 7th house** – such person must learn how to work as part of a team, trust one's partners, as well as one's husband or wife. If Rahu is in the 7th house, such a person will be successful overseas, and it is useful for him to travel frequently abroad and have business with foreigners, or even better, to fully immigrate. This situation is very favorable for achieving social status and success at work. It is believed that such a person will be guided by wisdom. Rahu in such a position enhances sexual desire and can harm relationships with spouses, which usually brings on divorce (at least in the first marriage). In this case, it is recommended not to get married until one is 21 years old, and marry the same partner twice, with a period of divorce in between. Usually this helps to avert total separation. For such a person it is important to learn how to serve one's spouse and to understand that success in a relationship depends on how much we give. These people work better independently and not under someone else's leadership. They make good psychologists,

consultants, experts in management and coordinators of various projects.

If **Rahu is in the 8th house** a person should learn to live by intuition. He can choose a profession that is relevant to death (for example, resuscitation doctor), it is good to be involved into some research work. Also suitable are such professions as insurance agents, investigators, writers of mystic novels. The work can be connected with mysticism. With this Rahu position it is important that the person is very much engaged in spiritual self-development and selfless service.

**Rahu in the 9th house** generally is quite favorable. As it shows the main area of interest and the work of a person, such a position underlines the importance of long journeys, foreign influence, philosophical understanding of life, acceptance of spiritual teachers, initiation, and self-realization. Such a person often should himself become a spiritual teacher or a political leader. Those people usually tend to create their own philosophy. If Rahu is weak, the person may be immoral, have an aggressive attitude towards the religious and philosophical schools, to spiritual teachers and his own father. Often a weakened Rahu in the 9th house denotes that the father is an alcoholic or drug addict.

If **Rahu is placed in the 12th house**, such a person should do yoga, get away for solitary retreats from time to time. This position gives preference for all kinds of intoxication. With this position of Rahu it is very useful to study foreign languages, to live in seclusion once in a while, to practice ascetic forms of yoga. Such a person can develop the correct vision of material energy (maya). Such people often become doctors, nurses, healers, preachers, lawyers, social workers and politicians.

**Rahu in upachai houses – 3, 6, 10, and 11** – usually is favorable. It brings good results and is an indicator of good karma. Both Rahu and Ketu can bring a lot of good if they become Raja Yoga Karaka. This occurs when they are in Kendra or Trikon and aspected by or connected with the hosts trikon or Kendra respectively. For

example, Rahu is in the 4th house and aspected by Jupiter, the owner of the 9th house. Alternatively, Ketu is in the 9th house and connected to the owner of the 10th house, etc.

## Case Studies

Rahu is a shadow planet, and great caution is necessary to work on it. For harmonizing Rahu it is very important to have a healthy lifestyle. I have made friends with a very noble and honest businessperson. Rahu is in fall in his horoscope, very weak and associated with the house children (of which he had three). When the period of Rahu began in his life, his eldest son became ill with cancer and suffered for some years. He and his wife did everything they could, but the child died. The businessman himself had problems in the chest area; Rahu gave him a few diseases. He was prone to drinking, meat eating, and smoking. Although he did not have very strong dependence on them, I advised him that it was still necessary to stop all that. I gave him some recommendations and he started working on self-improvement...

When Rahu is weakened in the house of partners, it usually causes widowhood, early death of a spouse, loss of husband or wife. Quite recently a man came to my consultation who had lost his very dear spouse at an early age. There are about a hundred similar cases in my practice.

Rahu in the 1st house, the house of personality, often causes very short temper, extravagance and difficulties in marriage, as Ketu in this case occupies the status of the house of marital relations.

A young boy, the son of one of my businessmen friends from the US, has a weakened Rahu in his chart. He is deeply into computer technology (Rahu is partly responsible for this), artificial food, and is unfortunately drawn towards alcohol and soft drugs. As a child he had mental problems and was not good with other people because

of his short temper and unpredictable character, he was lazy and did not want to learn.

I have been consulting him for quite some time, explaining the importance of a healthy lifestyle. I gave him a course for the harmonization of Rahu and working on hidden subconscious programs and psychological problems. I told him how to change internally, how to adopt a healthy lifestyle, enjoy nature, which mantras to repeat. He began to follow my advice and soon married an Israeli girl of the same age as him. He started helping his father, became calmer, more successful and harmonious. They got involved into big business; no long ago they had a wonderful child.



# Ketu

## South Descending Node

### Tail of the Dragon

#### General Significations of Ketu

Ketu is the oldest of the planets. Its symbol is a flag, it is associated with the deity Ganesha. Ketu is the most important of the planets, because it signifies the beginning and the completion of everything.

Geographically Ketu is represented by severe depressing places, particularly dry and hot (the Sahara desert, the Judean Desert, the Dead Sea area, and so on). That is why many hermits went out into the wilderness in pursuit of liberation. Ketu is represented by all uncultivated lands, cemeteries, prisons and shelters. Ketu is associated with renunciation of the world, so in the cemeteries its energy is very strong.

There is no universal opinion about the direction of Ketu: some say that Ketu has no direction at all, others claim that the direction of Ketu is northeast (in the US it is Alaska).

Ketu represents corpulent people, people with a belly, short and stocky types. Ketu increases oddity and hypnotism, especially if it is located close to the ascendant.

Ketu represents the sense of smell, and there are two extremes – either such people have an acute sense of smell (“sniffs like a dog”), or vice versa.

Ketu is an indicator of either great wealth or extreme poverty.

Ketu is the most unpredictable factor in the Universe. All extremes and irrational things are from Ketu, it always brings a

period of changes (especially in the beginning and in the end), but to predict how things will turn out is almost impossible.

All kinds of something coming to an end – this is Ketu.

Rahu likes to learn, and Ketu to teach. Rahu is the planet of knowledge, and Ketu is the planet of wisdom.

Due to its strong attachment to the past, Ketu represents inertia. If Rahu always worried about the future, Ketu is always focusing on the past. If a person is strongly attached to the past, he cannot take risks, he cannot start something new.

Understanding the role of the axis of Rahu-Ketu in the horoscope is very important for the astropsychologist. Rahu is responsible for the future, for expansion. Ketu represents the past and provides compression. So when a person begins to worry about the future, becomes afraid of it, then Rahu gets out of balance. On the other hand, if a person is immersed in the past, regretting it, constantly living in it, this brings disharmony to the Ketu energy. However, if a person lives in reality, in the here and now, is not worried about the future nor taken up with regretting the past, then Rahu and Ketu are in equilibrium.

All religions and spiritual teachings say that in the spiritual world there is neither future nor past, there is only the present. If we start living in the present moment, then comes the realization that the kingdom of God rests within us.

Everyone worries about tomorrow, but no one can know the future, only God. Whenever God gives us some information about the future, He gives us the opportunity to change it. According to the Gestalt therapy, the primary cause of all neuroses is that people do not live in the present. When a good psychologist works with a client, he first and foremost tries to understand how well attuned he is to time. If a person is not in the here and now, there is no point in talking to him; first he has to get back to the reality.

Therefore being in the present moment is very important, it harmonizes Rahu and Ketu. Eckhart Tolle describes this very well in his book “The Power of Now” and in his other books.

Ketu gives stubbornness, but it can give energy of intense concentration, deep immersion and enlightenment.

Ketu and the Sun are somewhat similar in their effect – they both can give life and affect us greatly. The solar side of Ketu manifests itself when Ketu is connected to the Sun in the chart, or placed in the 5th house or the sign of Leo. Nevertheless, Ketu may also represent the negative influence of the Sun; it can completely destroy and disrupt the Solar energy, which represents our sense of self-identity. For this reason it is considered the most powerful of the planets.

Ketu can act like the higher aspect of Mars; sometimes it can be even more impulsive than Mars. Both of these planets represent instinctive awareness, but with Ketu it is more profound.

Of all the planets Ketu pays attention only to Jupiter. If Ketu is somehow connected with Jupiter in the chart (connected, aspected by it or under its signs – Sagittarius or Pisces), the bad qualities of Ketu are suppressed, thus demonstrating a very good karma. But here too, the extremes can emerge, either as the character of a great saint or a great demon. For example, the charts of both Hitler and Mother Teresa contain Ketu associated with Jupiter.

Similar to Jupiter, Ketu can also represent benefits on all levels. If Ketu is well located, it means luck, mercy, success, etc. Ketu is positively manifested if it is in the 9th or the 12th house, which in the abstract horoscope represent Jupiter's signs – Sagittarius and Pisces.

The aspect of Jupiter on Ketu indicates good karma from previous lives. But we should also take into account Rashi-Drishti (aspects of the signs). Many teachers say they are even stronger than the Graha-Drishti (aspects of the planets).

Ketu is a very emotional planet, the planet of extremes. It is manifested through either an extreme constitution (a 48 size in shoes), or intense emotions. An example of the humor of Ketu is Charlie Chaplin (very unusual, unconventional, unpredictable and silent). Among animals Ketu represents dogs, so it is not very



favorable when a dog lives inside the house – it brings the energy of Ketu, the energy of separation, of unexpected negative changes. A dog should live in the yard of the house. Eagles also signify Ketu.

**Ketu represents the 8th house and the 8th sign (Scorpio).** Ketu is in charge of homeless, disadvantaged people, can cause unexpected profit as well as unexpected loss.

Other indicators of Ketu:

- biology (especially genetics);
- viruses, bacteria, HIV/AIDS;
- the insurance business;
- people with psychological problems and those who treat them (psychologists and psychotherapists);
- harsh and depressing places, dry and hot, uncultivated land, cemeteries, prisons and shelters;
- unexpected loss or achievement;
- the ancient pyramids and tombs.

Along with the Sun, Ketu is directly linked to our attention, it is responsible for awareness. Therefore, **in the 1st house Ketu** often gives, on one hand, sensitive nature, on the other – a great intuition and insight.

Ketu is a planet of the spiritual world; it is responsible for enlightenment and liberation. This is why it is considered the most important planet.

Ketu is a very intuitive, psychic and psychological power that can connect us either with a higher reality or with a lower reality and move us beyond the limitations of the physical level. This is the reason Ketu is considered one of the strongest of the planets, and it resembles the Sun in many ways.

Ketu is the force that connects us with the soul. It is responsible for yoga, whose purpose is liberation and immersion in pure love to God.

Ketu is the cosmic force that represents the beginning and the end of the drama of existence. Without Ketu it is impossible to go beyond the bounds of time and repetitive cycle of births and deaths.

The sign and the house where Ketu is situated show the sphere in which we worked in the past life, and where we possess profound realization. This is the area where our true talents are located, in which we have reached perfection in past incarnations.

The sphere affected by Ketu in a person's chart is always associated with some ambition and obsessions; it is the area of our disappointments and greatest vulnerabilities. This is the most difficult department in life, the usual source of most of our misfortunes. It is not recommended to be overly taken up with the achievements of the past, because in this life we have to walk a new path, to expand the energy of Rahu.

The talents connected with Ketu we have already got, this is in what we are already capable, but at the present moment we need to perform challenging Rahu tasks, but unfortunately many prefer to follow the path of least resistance and dive into the zone of Ketu.

For example, Rahu is situated in the 4th house and Ketu, correspondingly, is in the 10th. If Ketu is in a good position, such a person is usually successful in his career, but even if Ketu is harmfully placed (in its weaker sign, badly aspected, etc.) and as a result his career is not very successful, he may still feel more comfortable at work than at home. It is important for him to work specifically on Rahu, and then his career will improve automatically. A person should learn to control emotions and not to be their slave, to find peace for his soul. Until he discovers harmony and inner satisfaction and begins respecting his mother (relationship with one's mother is one of the principal values of the 4th house), his career will not thrive.

Another example: if Rahu is in the 5th house, the person has to work on deep wisdom, harmony in relationship with children, building a relationship with one's partner based on love. Ketu, being placed in the 11th house, represents powerful friends, business, and

an active social life. But if someone becomes a public figure, he may not have enough time left for his family. Therefore it is necessary to focus on finding balance, as money will come easily enough anyway.

If Ketu is in Leo sign, it brings awareness of oneself as an individual. It indicates that the person had a very strong personality in a previous life, and now his karmic task is to inspire others. For this he needs to be very flamboyant and stand out from others. It is important for such a person not to be selfish, but to serve others and learn to give, because his Rahu is in Aquarius, the sign of service and giving.

The higher the level of soul evolution, the more harmony and energy exchange there is between Rahu and Ketu. The dispositor of Ketu can be called a karmic exhaustion planet, or the planet that controls input and output of a certain kind of energy.

What does this mean? The talents of a person in this life can be easily encoded through the dispositor of Ketu and its position in the map. Ketu symbolizes our achievements. If the dispositor of Ketu is Venus, such a person can be very creative and can have a certain talent in art. If it is Saturn, then he will have organizational skills and an aptitude for serving others. If it is Mars, then he will have managerial and leadership skills, or can be a surgeon. If it is the Moon, then he will have intuition and be successful in psychology and parenting. If it is Mercury, then he can be an astrologer. If it is the Sun, then he may have qualities of leadership, success in medicine, spiritual knowledge, and spiritual psychology. If it is Jupiter, then he is good at pedagogy, teaching, science and religious service (of course, this is a very short description).

The two signs and two houses occupied by Ketu and its dispositor is the key to uncover the talents, abilities, and basics of human nature. Ketu indicates what we have learned from past incarnations. For example, Ketu in the 1st house gives intuition, inclination to philosophy, and keen insight. It shows that this person worked greatly on self-development in his previous life. The connection

between the two karmic control planets (the dispositors of Rahu and Ketu) usually defines the direction in which a person will have progress in this life. If there is a strong link between two planets, it may even indicate a certain fate in the present life.

Lal Kitab links Ketu with Mars and Saturn, saying that Ketu is somewhat of a bridge between their energies, and its location in the chart shows the sphere of life in which those energies should harmonize and get along with each other.

Therefore, in order to bring the house in which Ketu is situated to prosperity, we have to learn to find a balance between activity (Mars) and caution (Saturn), action and patience, impulsiveness and restraint. Learning how to control those energies is one of the most important karmic challenges in this lifetime.

## **Ketu in Ignorance**

The influence of Ketu in Ignorance is characterized by the following qualities and behavior: huge unreasonable temper tantrums that flare up at the slightest whim, difficulties with self-identity, tendency toward self-destruction, great sense of insecurity, the desire to escape from the world, to hide in one's hole, which is usually dirty and strange.

Since Ketu is a fiery planet, its energy in Ignorance may emerge as strong unreasonable anger and extremely impulsive behavior. Ketu in Ignorance can also give problems with identity and huge fears.

A person with Ketu in Ignorance is not able to accept variations in life, change of circumstances. Such person may live in slums on the outskirts of town, near the cemetery, in abandoned or strange places.

Ketu in Ignorance gives inability to concentrate. The actions of such a person completely defy all logic and common sense; he himself cannot even understand why he acts in this way and not otherwise.

## **Ketu in Passion**

The influence of Ketu in Passion is characterized by the following: unpredictable behavior, sudden mood swings, conservative attitude, the desire to fight for a variety of outdated values and ideas, participation in various wars, mass riots, etc.

Overconfidence is periodically replaced by self-doubt.

A person with Ketu in Passion tries very hard to avoid any and all changes; he is greatly attached to stability, and by that itself he attracts into his life those changes that frighten him so much.

## **Ketu in Goodness**

The influence of Ketu in Goodness is characterized by the following typical qualities and behavior: complete renunciation of the material world, absence of attachment to anything whatsoever, a gift of foresight, strong sensitivity, recognition of the Divine soul in all and everyone, wisdom, determination, discipline, great inner strength. Such person is not afraid of death at all, but neither does he strive towards it.

In contrast to people with Ketu in Goodness, who have amazing insight, and great vision people with Ketu in Ignorance can suffer hallucinations, for example, based on alcoholism, and in case of Ketu in Passion, a person may claim to see abnormal beings and similar things. Ketu in Sattva (Goodness) gives people a deep understanding of spiritual truths, as well as mystical abilities. Very many mystics are born with Ketu in Goodness.

## **How to Harmonize the Influence of Ketu**

Most problems due to Ketu arise because of a misunderstanding of the need for limits. The effect of Ketu becomes harmful if a person does not restrict himself at all: works too much or too little, reads, eats or sleeps too much or too little, etc.

Ketu is weakened when we insult someone. The beneficial effect of Ketu is terminated completely if the person insulted in any way someone who sincerely serves God. The adverse effects of Ketu are strengthened by living in a big city, or using various modern technical devices.

For harmonizing Ketu, it is very important to stop digging into the past or regretting it. It can appear, for example, if a person achieved something in life and then lost it due to relocation or a change in the political or economic scene. Such a person often cannot accept it, and instead of continuing to live and thrive, he just moans and mourns, feeling sorry for himself and remembering how good things were. One must concentrate on the present day.

Ketu is harmonized by visiting the wild and nature, but without the use of intoxications (alcohol, etc.) which by itself quickly takes the shadow planets out of balance.

We have to get rid of such character qualities as pessimism, hypocrisy, and limited worldview.

To enhance Ketu a person has to learn to trust his own thoughts and feelings, to develop intuition and foresight. He needs to introduce elements of self-discipline into his life, along with freedom of spirit and ability to be compassionate towards others, and develop willpower and determination.

Ketu energy, like Solar energy, is improved by strengthening spiritual knowledge, which develops the ability to plumb the depths of our inner world.

Ketu is greatly strengthened by “Buddhist psychological training”, when a person spends all day at the cemetery, seeing how people are buried, and realizing that he will be himself buried some day. Meditation on death and awareness that everything in this world is temporary increase the higher energy of Ketu, because psychologically Ketu symbolizes the illusory power of our fears and dependence on our achievements. This power is distracting us from constructive action and change. Ketu teaches us that in this world we will sooner or later lose everything: our health, loved ones, job,

money and even our body; that excessive attachment to anything or anyone will only disrupt us and the object of our attachment.

Usually, when a person enters the period of Ketu, it means that there will be some changes in his life. The weaker Ketu is, the more people are afraid of change and the more powerful and painful these changes will be.

I often had to work with the charts of people who have entered the period of affected Ketu, and usually these people received blows of fate in that area of life touched by Ketu in their horoscopes. Additionally, the stronger their attachments, the stronger were the strikes – rare and hard-to-diagnose diseases, utter professional collapse, loss of personality, etc.

Ketu requires us to be completely detached internally from anything in this world. On the external level, we need to lead an active life, fulfill our duties and exercise care towards our body and everything that surrounds us.

At the physical level, energy of Ketu is stimulated by colors of the Sun – bright, warm, clean and clear shades of yellow and orange.

Cloves, celandine, and wormwood neutralize adverse effects of Ketu. To harmonize the Ketu energy the following herbs that sharpen perception are helpful: sage, calamus, myrtle, and juniper. For a weak Ketu the following aromatic oils with powerful, deeply penetrating fragrance are suitable: camphor, cedar, myrrh, and frankincense. In cases of severely affected Ketu use these soothing herbs: elderflower and skull-cap flower.

Mantras for reinforcing Ketu and sharpening perception:

**Om Namo Bhagavate Matsyadevayya, Om Sri Ganeshayya Namah, Om Namah Ketave** and **Om Kem** (with a drawn out “e”).

Regular chanting of the mantra Om Namah Shivaya neutralizes the negative effects of both Rahu and Ketu.

Lal Kitab recommends the following in order to harmonize Ketu:

- to throw into flowing waters flowers of the earth color for 47 days;

- pierced ears or nose;
- to feed stray dogs for 47 days;
- to donate warm clothes to a religious organization;
- to do something positive for one's paternal grandmother or maternal grandfather.

But the best tool to help you neutralize the adverse effect of all the planets as soon as possible is devoted service to the world and development of the Divine unconditional love.

## From the Training Course

Ketu is the lower part of Rahu's body. According to the legend, it also received its share of ambrosia and became immortal. Ketu is the beheaded half-planet, a shadow planet as is Rahu, but not so negative, so Ketu is Moksha-Karak (the cause of liberation from the cycle of birth and death, or indication of enlightenment, which frees a person from the shackles of the material world). It provides spiritual tendencies, asceticism and detachment from worldly desires and ambitions. Ketu is also a semi-planet that gives wisdom, the ability to discern and jnana yoga – spiritual knowledge, a true understanding of one's purpose. To the people who are under Ketu influence it gives psychic abilities and makes them masters in the art of healing with herbs, spices, food and with the help of tantric practices, and it enables them to treat people afflicted with evil spirits, ghosts and astral forces. People under the influence of Ketu also have the ability to enter unnoticed or dissolve into the crowd.

Ketu can be more damaging if it is placed at a disadvantageous position or in close conjunction with another planet. Ketu destroys the force of the planet that it is connected to, or the house in which it is located, causing the planet to act in a very unpredictable manner. The zodiac sign of Ketu is Pisces. In some schools of astrology, it is considered that Ketu is exalted in Scorpio and falls in Taurus, while others believe that Ketu is exalted in Taurus and falls in Gemini. Rahu and Ketu are considered to be elemental and instinctive



forces. But the power of Rahu is hedonistic whereas Ketu has the energy, relieving from attachment to worldly desires. Its best (and worst) results Ketu gives in 48-54 years. It is believed that Ketu is connected to sesame seeds, black or dark green clothing, flags, oil, gold, iron, weapons and people with disabilities. K. N. Rao believes that computers are also under Ketu influence.

In numerology, Ketu is associated with the number 7.

Anyone born on the **7th, 16th or 25th** of any month is under the control of Ketu. Number 7 is symbolic in the Vedic tradition. It is one of the main numerical parameters of the Universe. It is the sum of the two main mystical numbers – 3 and 4 – and describes the general idea of the Universe. The number 7 plays a dominant role. The seven tones of musical scales are first mentioned in the Indian Vedas. This number is of particular importance in Hindu mysticism, it is a symbol of health. People perceive all the surrounding phenomena through the seven holes in the head: two eyes, two ears, two nostrils and the mouth. People tend to assimilate incoming information if it does not exceed seven units. If the number of characters, for example, dots on a paper is less than seven, then a person does not need to count them, but simply calls it intuitively. If the number of dots is greater than seven, then the mind begins to count.

The gem of Ketu is **Cat's Eye stone**.

Ketu is the personification of all kinds of endings and new unexpected beginnings.

The chapter on Ketu is the final one in this book. I hope that after reading it, you, dear reader, will begin a new life. How much better it will be than the previous one depends on you, how you will use this newly discovered knowledge.

## Case Studies

In Toronto I have been consulting a woman who had weakened Ketu in the house of children in her horoscope. I immediately pointed out that her first pregnancy was not successful in such

and such a period, and she confirmed it. I asked if she had hard to diagnose digestive diseases that started a year ago and continued up to the present time. She confirmed it. I gave her advice about what to do in order to get rid of it, told her what to do to resolve the issue of childbirth, and she began to follow everything very strictly. She is soon due to have a baby, and the pregnancy period has been favorable. And, as I understood, her digestive problems disappeared long before conception.

It is believed that Ketu period usually brings dramatic changes in life, and my practice confirms this. Once I told my friend, who had Ketu in a certain position in the House of career, that in two or three months he would stop working at his company. He replied that it seemed impossible, as he had just extended his contract and would not be able to leave – they would not let him go just like that, because he was much appreciated. Three months later, he called me and asked where he had better go to work, as his company had temporarily shut down.

## Mantras for each planet

The Sun – Om Namō Bhagavate Ramachandrayya

The Moon – Om Namō Bhagavate Vasudevayya

Mars – Om Namō Bhagavate Narasimhadevayya

Mercury – Om Namō Bhagavate Buddhadevayya

Jupiter – Om Namō Bhagavate Vamanadevayya

Venus – Om Namō Bhagavate Parashuramayya

Saturn – Om Namō Bhagavate Kurmadevayya

Rahu – Om Namō Bhagavate Varahadevayya

Ketu – Om Namō Bhagavate Matsyadevayya

## Conclusion

Dear readers, thank you for reading this book and I sincerely hope that it has not only aroused your interest, but also may become an impetus for changing your lives for the better in all respects. From my humble experience, it is more than possible.

The knowledge we have examined here can easily be verified in everyday life. By converting the energy quality of any planet to the level of Goodness, you will soon notice the favorable effect of this planet on those areas of life (health, career, relationship, etc.) for which it is responsible.

For example, by starting to live in a harmony with Jupiter, you will see how your financial affairs will improve, your children will become healthier and bring you more joy, a husband will bring more and more happiness to his wife, your immune system will work better, the state of your liver and bile passages will be improved, excessive fat in your body will decrease, or increase if there is a lack of it. You become truly spiritual. In addition, everything for what Jupiter is responsible directly in your chart will be improved.

You may notice that the planets which have been weakened from your past life, or the influence of which you lowered to the level of Ignorance in this incarnation, are very difficult to strengthen and improve and it requires much more effort... But this should be done in any case, otherwise you may feel enormous suffering and endure degradation, both in this life and in subsequent lives. Moreover, you may bring much suffering to your nearest and dearest.

Such improvements are quite possible if one only wishes it. I would like that this book as well as my other books will help you in these improvements. Moreover, I would like to create a system whereby you can progress on your own. Unfortunately, I can give consultations to only a limited number of people, even with the support of my best students. Although there now exists more and more counselors in Vedic astrology – the economic crisis has somehow contributed to that process - in my opinion, very few of

them have subtle vision, or are capable to advise and teach well at the same time. In this area of knowledge it is easy to cause harm by inept advice, even if a consultant has extensive theoretical knowledge.

I am often asked how to tell if an astrological adviser is reliable. This is easy to determine in the following ways:

- Pay attention to how widely he advertises his services. You will never see the real masters being advertised somewhere, offering free online or personal consultations for the purpose of attracting customers.
- Always carefully listen to your friends or relatives' comments and recommendations. 95% of what is written in newspapers regarding extraordinary healing abilities comes from advertising agents.
- Read books and articles by this particular counselor - his own works, not what he allows on his site without a signature; if he does not have any serious works, it is more than strange.
- Always listen to your heart and intuition, especially in this matter. Listen to your heart, how these people have inspired you. After consultations follow up as to whether you have received inspiration, positive energy and a desire to approach the Divine. When the level of the adviser is low it is visible by the various negative predictions he makes and by his rude language.

In my opinion, astrology is a Divine science, and it is intended for bringing people closer to the Divine and not for fortune telling. Only God knows the future, and it depends on our thoughts and actions in the present and the past.

As soon as I get time, I would like to issue a sequel to this book, where readers could learn and find out a lot simply by their birthdate, and pinpoint the primary ways of harmonizing their fate. It is relatively easy. I'm not sure that I will have free time to write such books-manuals in the coming couple of years, that is why we have started to put selected lectures on astrology and psychology on my site, [www.bleckt.com](http://www.bleckt.com), mainly in an audio format. Also this

is being done because many people due to the crisis unfortunately cannot obtain my full courses.

To my biggest regret there is no chapter in this book about the scientific basis of what we have discussed. For many years I have been collecting various scientific evidence (the influence of planetary rhythms, the moon, the other planets, etc.), but it all got lost as a result of moving to another country. In that absent chapter I intended to answer the most frequently asked questions: how the chart works for those who were born at the same hour, with twins, etc., etc. However, we are planning to do it in the coming books.

In conclusion, I want to thank with all my heart Boris Shitikov, Elena Skomorokhova, Olga Shiryayeva, Sergei Medvedev, Julia Shell, Maria Utkina, Anna Skorobogatova, Yulia Degerli, Natalia Agranat, Angela Arhipova, Alexandra Laguteeva and everybody who helped me to publish this book. This book was published thanks to their strong desire and great efforts. Many thanks to Arcady Zilberman for his valuable advice on the book design. I feel also deep gratitude for Sergey Buzatu and Svetlana Borzunova for their great assistance in organizing the distribution of my books.

A special profound gratitude for one of my teachers, David Frawley. I have always felt his support and desire to convey Knowledge to all people.

I would like also to wish all our readers to become harmonious, that means to become happy, healthy and successful!

Thank you for making it possible to help you somehow in this. I hope my teachers would be a little pleased with my efforts.

With respect and love,

Rami.

July 15, 2009

Ontario, Canada

# Supplement

## Main Differences Between Vedic Astrology and Western Astrology

1. Modern Western astrologers use the tropical abstract Zodiac, suggesting that the Sun comes to the same point on the vernal equinox. Vedic astrologers take into account the sidereal (fixed) horoscope. The Universe expands constantly, stars move little by little, they do not stand still. The Sun returns to the same point every year with a little displacement, which is approximately 50.26 arc-seconds. This Sun's shift back against the stars is called precession or Ayanamsha. Indian astrology considers this very slight shift, which is about 23 degrees for 2000 years. The coincidence of these two Zodiacs falls on the spring equinox of 285 AD. Thereby, the first difference between the Vedic and Western charts is that the planets and Lagna are shifted back by approximately 23 degrees, depending on the date of birth.

2. In Vedic astrology each house takes a whole sign even if the Ascendant sign falls on the first degree. In Western astrology one sign can cover up to three houses.

3. Western astrology does not take account (at least until recently) of Rahu and Ketu, the shadow planets, which are important characteristics of human karma and other important moments. Westerners use the planets Uranus, Neptune, Pluto, and now even Chiron. However, in order to check their influence we need hundreds of years. Moreover, the modern Western schools now begin to consider smaller planets and even comets.

On our sites you can find an article completely refuting their influence ([www.bleckt.com](http://www.bleckt.com), [www.alterp.com](http://www.alterp.com)).

Vedic astrology uses only the Sun, the Moon, Mars, Mercury, Jupiter, Venus, Saturn and the two lunar nodes, Rahu (Dragon Head) and Ketu (Dragon Tail). Thus, the Vedic astrologer works with nine planets, and in the interpretation of some moments also makes use of 10 upa-graha or invisible planets such as: Dhuma, Vyatipata,

Paridhi, Indrachapa, Upaketu, Mandi, Gulika, Kala, Yamakantaka, Ardhaprahara and Mrityu.

4. Western astrology attaches great importance to the position of the Sun in a specific sign (it is there for one month), whereas Vedic astrology works based on the position of the Moon in a sign (2 days) and Lagna, the Ascending sign, which varies every 2 hours on average. From the position of Vedic astrology it is rather strange to see people read their psychological characteristics, prognosis for the future and determine their compatibility with others on the basis of the month they were born.

5. Western astrologers use mostly transits of the planets for predictions, as well as progression, Solar and Lunar. So far there are few who have mastered the knowledge well and can make successful predictions. I have heard from people who have been teaching Western astrology and advising for many years that their system is unable to make successful predictions. Therefore, they began styling themselves as psychological astrologers, humanistic, etc., although in my view their psychological analysis is quite superficial.

Vedic astrology pays approximately 10% of attention to transits. The remaining predictions are made based on the various systems: Das (periods), primarily Vimshottri-dasa, where as a basis it is taken as a position of the Moon in a particular Nakshatra (Lunar mansion). Vedic astrology uses many different systems of periods of the planets, Dasa systems, the most common of which is Vimshottri-dasa, a 120-year cycle of the nine planets. Also, in Vedic astrology there are different systems of the signs periods, when signs and not planets rule certain spheres of a human life. In both cases each of the periods is ruled by a certain planet or a sign that brings into play the potential of a birth chart. In total, there are about fifty systems of periods (of the planets or signs) that allow the Jyotish to achieve high accuracy in predicting events of a human life, especially the time of their occurrence. In Western astrology such systems of periods are absent.

The Greeks were in possession of this knowledge, but later on it disappeared, was lost. Some Western researchers and astrologers have

been trying to restore this «Greek» system. According to many people dealing with Western Astrology for a long time and acquainted with such kind of knowledge, this system of periods amazes with its accuracy. During almost every one of my courses, several people attended who had been previously practicing Western astrology for many years. Afterwards most of them completely went over to the Jyotish (Vedic astrology), and the rest combined both systems.

6. Vedic astrology uses 27 Nakshatras (Lunar mansions) which are of great importance, they make it possible to see much deeper any person's chart, any event. Some Western astrologers have lately also started using this knowledge. The Arabs, in their turn, obtained it in the process of conquest, copied it from the Vedas, and gave it their name. Greeks and Persians also had knowledge of the Nakshatras.

The position of the planets in the Nakshatras (firstly of the Moon, the Ascending sign, the Sun) enables to reveal quite a lot. Each Nakshatra takes 13° 20' degrees and is divided into 4 parts (Pads). Nakshatras show quite exactly under what star a person was born.

7. Western astrologers use only one chart, the natal. Vedic astrologers say: yes, it is the most important one, but there is also the no less important moon chart, plus 16 extra charts (Vargas), which help to see in detail all aspects and areas of life, to penetrate deeply into human psychology, including the subconscious. Vedic Astrology also has many tools that are unique and are not used in Western astrology. These are Karaki or indicators that provide an understanding of different categories of people or other spheres of human life, and also other prediction methods such as: Ashtakavarga, Sudarshan Chakra Chakra Sarvatobhadra, Saham, etc. as well as dozens of Lagnas, argalas, Sahams, various chakras, varshaphal, ayurdaya, avasthas, Prashna, navatara, upagrahas, nadis, etc. All of them are a part of the objective reality and always act together. In Western astrology it is considered maximum 5% of the real picture.

8. Vedic astrologers use yogas - connections of the planets. There are thousands of yogas (planetary combinations), only a few hundred basic. There are still schools in India that teach only yogas, and due



to this can analyze a chart well enough and fairly deep. Western astrologers know nothing about it.

9. The system of aspects' interpretation is also different. An aspect in astrology means an influence of one object to another ("one planet looks at the other"), that is, the influence is transmitted over the distance. In Vedic astrology different planets «give» different aspects according to their nature, in Western astrology aspects of all the planets are the same. In Jyotish the aspects are asymmetrical (that is, the aspect of 90 degrees ahead of the planet is not the same as the aspect of 90 degrees in back of the planet), in Western astrology aspects are symmetrical. In Western astrology there are many aspects and they are calculated on the basis of the degrees of the planets, in Jyotish there are not so many aspects and they are calculated based on the houses of the planets (the planet in one house «looks» at all the planets in another house and the sign of the house). In Western astrology aspects themselves can be good and bad, in Jyotish planets are considered to be favorable or unfavorable and not their aspects. Also, there are no aspects of the signs in Western astrology, whereas in Jyotish along with the aspects of the planets there are aspects of the signs.

10. Vedic astrology uses a deeply studied upaya system (methods of the planetary influences harmonizing), as well as Ayurveda (medicine and psychology), etc.

11. In Vedic astrology much attention is paid to the personality, qualities of character and spiritual level and Sadhana (daily spiritual practice) of an astrologer. In Western astrology it is not important.

12. Vedic astrology was given by enlightened sages in meditation many years ago and was a part of the Vedas. Modern Western astrology is just fragments of some knowledge. Vedic astrology was transmitted by Parampara (the chain of disciples' continuity) for many millennia. From India it spread to Persia (it was the Persian astrologers who predicted the coming of Jesus Christ), then to ancient Greece where it was still at that time closely connected with its roots. Later on, with the spreading of Christianity, astrology was resolved and then

banned, much knowledge and many books were lost in Europe. In the 19th century in Europe astrology was completely forgotten, as it was believed that with the growth and development of technology it had become obsolete. It was revived in the 20th century and appeared more like a commercial project. It became popular for giving different kinds of predictions in the media (for the week, month, year, etc.), and mostly in accordance with the position of the Sun, which is, as a rule, far from objective; it was also mixed up with magic, etc. All this caused much damage to the very word Astrology.

Most importantly the Jyotish (Vedic astrology) places God in the center of the Universe, while Western astrology, with its characteristic materialist approach, keeps God out of the world picture, and aims at exploiting the resources of the material Universe. In Vedic astrology there is an important principle of the Guru (spiritual teacher), or Ishta Devata, without the blessing of whom an astrologer has no right to engage in predictions, whereas in Western astrology there are no restrictions, even someone self-taught can engage in astrology. Jyotish in Sanskrit means «light», the Divine light, and Vedic astrology is the science of how to shed God's light on people. The main objective of a real Vedic astrologer is to bring a person closer to God's love, at the same time helping to solve problems existing in the material world.

«Astrology» is just a «stars' science» and even the word itself is with the implication that a man is a master of nature (as in any other physical sciences).

The main objective of the real Vedic astrologer is to bring a person closer to God's love and of the secondary importance, helping at the same time to solve all kinds of problems existing in the material world.

Early Christianity had rejected astrology in its struggle with the authority of Magi, Druids, shamans, and in general any competing spiritual outlook, even though Christ's birth had been predicted and marked by the Ascending of the star, which is one of the branches of the astrology, prediction astrology.

Interestingly, the official prohibition of astrology was in the 4th century. Neither Jesus nor his disciples opposed the astrology. The

same applies to the Old Testament. Eight years ago in Israel I was given a book of a well-known Rabbi about the planetary influences on human health and the fate of the USA, who adduces hundreds of evidences, relying on the Holy Scriptures and sayings of sages, confirming the authority of astrology.

In the 3rd century, after the church rejected a treatise on the Transmigration of a soul and formulated religious dogmas that could help as well in political issues, governing a state, astrologers were quite useless.

This prohibition had a positive outcome, as it forbade people to turn to fortune tellers and astrologers for predicting the future. Only God knows the future. Astrology, apart from the approximate vision of the future, can tell quite exactly when to begin certain activities such as planting crops, taking medication, religious sacrifices, etc.

By putting aside this knowledge, civilization doomed itself to a lot of lean years, epidemics of many diseases, poverty. This prohibition broke the tradition of Western astrology and, most importantly, the spiritual basis of astrology was lost, it was alienated from the understanding of the law of causes and effects, i.e. the law of karma.

Although modern Western astrologers started using the words «karma» and «reincarnation», but obviously these words are new in their vocabulary. Even 50-100 years ago there were very few people in society who believed in the reincarnation of souls, and several hundred years ago it was possible to be burnt merely for expressing such ideas aloud.

Speaking about scientific character of Vedic astrology, we mean three factors that are assigned primary importance by those who practice the science of Vedic Astrology:

1. The basic principle is to mention the author of classic works on Jyotish (Vedic astrology) at discussing the astrological techniques, beginning with the great enlightened sages who lived thousands of years ago, to many famous astrology pundits of our time.
2. If this technique is consistent with the shastras principles (classical Vedic scriptures), then it must stand the test of logic and

common sense (nyaaya), that is, it should be the logical extension of existing established principles.

3. If the two factors above are confirmed, the proposed principle must also pass a test on a large number of randomly selected charts.

Along with these three factors it is also a requirement to study a detailed explanation of the principles of Vedic astrology, because the classical works are not complete, since many parts have been lost, and many topics are only a very brief explanation, which must be developed in order to become practically applicable.

In conclusion, I would like to say that I am a supporter of objective and unprejudiced opinion, but in this article Vedic astrology is presented in a beneficial way. That is my opinion after about 20 years of studying and teaching this science.

Finally, many people now have noticed the growing popularity of Vedic astrology and have started to teach or advise actively without having proper skills and knowledge. On the other hand, there are intuitive and very spiritually advanced people who use Western astrology in consultations. Therefore, in this issue the personality determines the result.

A harmonious personality, even using unsuitable tools, can help you more than one who uses a precise tool but unskillfully. The same medication may be prescribed by two different doctors and the result will be different. The energy and development personality level of a doctor, a psychologist, an astrologer, a teacher can scarcely be overestimated.

Rami Bleckt

## ABOUT AUTHOR

Dr Rami Bleckt is a well known Russian-born writer, psychologist, philosopher and a public figure.

After graduating from high school, he enrolled at a Military Academy in St. Petersburg (Russia) where he studied Sports Psychology in a special experimental group, which trained professional officers. Famous psychologists, psychotherapists and teachers were working with this selected group of students.

The goal of this work was to determine the limits of human psyche during overwork; how the internal state of a person influenced their ability to achieve specified results; if it was possible to create a super man from an average person by changing his internal state of being.

After studying many psychological disciplines and psychological techniques Rami achieved very impressive results in many sports.

All these factors cemented his trust in the power of psychological techniques, and the tremendous influence our sub-consciousness and internal state have on our life.

During his studies Rami began exploring Christian literature, and later Eastern Philosophy and Theology. After graduating from the Academy he continued studying sports Psychology wrote articles and served as an officer of Paratroopers Brigades. He also participated in anti-Communist movements.

Plunging deeper into the studies of yogic practices and Vedic literature he realized that they were the basis for those successful psychology techniques used by his teachers in the Academy. Rami understood that those techniques were a small part of the legacy left to the world by saint Indian sages.

After such a profound realization he left his military service and became a monk for 5 years. During that time he traveled and stayed in different Ashrams in India and other countries.

During those 5 years he studied spiritual practices, Indian Astrology, Eastern Philosophy and Psychology, and some Buddhist Philosophy and Psychology. He also studied Medicine and different

meditation techniques. Rami became a qualified Eastern Psychology specialist.

While continuing to study and work at his own character's improvement Rami started popularizing the received knowledge and wisdom. He is also one of the most popular Russian-speaking Vedic-astrologers in the world according to mass-media.

Rami holds a PhD in Psychology. The topic of his dissertation was "The Ancient Wisdom in Retrospective. Scientific Experiment".

He is Doctor of Philosophy in Alternative Medicines – Ph. D. (A. M.) and has a Master Degree in Alternative Medicine – M. D. (A. M.). (According to the Canadian Qualification Rami is Master Degree just in Psychology). Also he is Bachelor in Pedagogy.

In 1995 he began giving personal consultations to people. He also taught at college and university the fundamentals of Eastern Psychology and religious Psychology. Rami has been conducting educational lectures, seminars, which ignited great interest in Russia, Canada, the USA, Lithuania, Kazakhstan, Israel, the Great Britain, Ukraine, Germany and others.

Rami was even asked by Russian Ministry of Internal Affairs to conduct lectures for prisoners in four different prisons.

Rami Bleckt took the complete course of "Vedic Astrology" in the American Vedic Research Institute. He also took a course in Aurveda for Beginners and an Advanced Course for Professionals. He also took a Yoga Teachers Training Course at Shivananda Ashram in California.

Rami was awarded Joytish Guru Title. This highest Vedic Astrologer title was awarded to him by one of the best-known and trustworthy Indian schools.

On the basis of ancient knowledge of pure soul sages and on the basis of latest achievements of modern science, Rami developed several unique personal courses and workshops: "Learning Vedic Astrology and Alternative Psychology Easily with Love", "Anatomy of Success", "Vedic Astro-Psychology", "Practical techniques of Eastern psychology for a western person", "Alternative Psychotherapy", "The

Influence of Planets on our Destiny and Health”, “Four Steps on the Way to the Highest Harmony”, “The Alchemy of Happiness”, “Fast Personal Growth with the Help of Eastern Psychology”, “Ten Steps on our Way to Perfection”, “Harmony in Private Life – Relations between a Man and a Woman”, “The Secrets of Managing your Future or How to Live Happily in the Present”, “The Secrets of Sub-Conscience Operating. The Key Techniques to Solve any Problem”, “How to Grow a Genius out of your Child and Yourself”, “How to Turn Any Crisis into a Big Victory” and many others.

For 9 years Rami lived in Israel and studied ancient cultures and religion. For 6 years Rami has been a head of the Israeli center of Vedic Astrology and Aurveda. Rami participated in different charitable programs aimed at settling tensions between Jewish and Arabic population by peaceful means.

In 2004 Rami was selected as a Best Teacher in the 5th International Festival of Psychology and Psychotherapy Stars. In 2007 he was granted the International Award of Alchemy as “The Person of the Year in Workshop Trainings”

Rami is an author of various educational articles, dedicated to the consciousness research, super deep emotions, the role of sub-consciousness in human life, the influence of planets on human psyche, the nature of mind and its influence on our life, the dependence of fate on a person’s character, etc. He has written more than 100 publications.

Rami has written very interesting books that changed lives of many people: ”Destiny and Me”, “Ten Steps on our Way to Happiness” (click here to read the extract), “Three Energies. The Forgotten Canons of Health and Harmony” (click here to read the extract), “How to Deal with Universe or How Planets Influence our Health and Destiny”, “Alchemy of communication. The Art to listen and be heard.”, “How to become a seer. A Guide to the Vedic Astrology”.

Some of books have been already translated into English, Lithuanian, Czech and Lettish. Now they are being translated into German, French, Georgian and Hebrew.

Since 2006 Rami has been organizing annual International Festivals of Psychology and Psychotherapy Stars. According to the professional opinions, this forum was evaluated as one of the best in its category in the world. The festival is annually held in Israel.

He regularly participates in radio and TV programs of the main TV channels in various countries. His articles are published frequently in periodical popular newspapers and magazines.

The programs with his participation draw much public attention as he can easily and with a good deal of humor explain the most profound things to people and his speech sounds persuasively and trustworthy. The online consultations provided by Rami to unknown people during live broadcast are found very impressive as he can describe a person's character, sub-conscious programs, tell him/her about some past events from his/her life and give a piece of good advice.

In 2007 Rami founded an International magazine "Thanksgiving with Love" in the Russian language. He is the chief editor. The total number of all issues has reached 500 000 copies and it is spread in many countries of the world.

Rami is a personal, independent advisor and a consultant for many political leaders, famous public figures and known businessmen in several countries of the world.

Since 2004 he has headed non-commercial International Association of Eastern Psychology. The main goal of this organization is to provide people with opportunities to become healthy, happy and harmonious on the basis of ancient wisdom and modern science achievements.

In 1996 in Lithuania on the "International competition among the experts in Eastern Psychology and Philosophy" Rami was awarded a title "pandid" (a scientist, an expert – Sanskrit)



## Rami recommends you to read:

The Holy Scriptures: Bible, Bhagavad-Gita, Upanishad, Torah, and the statements of gurus of Sufism, Buddhism, and Cabbala.

1. The works of the Lubavitcher Rebbe (Menachem-Mendel Schneerson).

2. Ayurveda tractates: Charaka-Samhita, Sushruta-Samhita, Ashtangahridaya-Samhita.

3. Khita-Padesh – a tractate on the Eastern psychology and pedagogy.

4. The books by Doctor of Medicine David Frawley, primarily “Ayurveda and the Mind” and “Ayurvedic Therapy.”

5. The books by S. N. Lazarev “The Diagnosis of Karma,” 1-12.

6. The books by Shivananda Swami.

7. Professor Viktor Frankl’s books.

8. Joseph Murphy, “The Power of Your Subconscious Mind.”

9. Robert Svoboda’s books.

10. The books by Swami Rama and the books by the ancient Indian sage Patanjali: “Yoga-Sutras,” “Mahabhasya” and “Charaka.”

11. Abraham Maslow, “The Farther Reaches of Human Nature” and other books and articles by this author.

17. Father Alexander Elchaninov: “Notes,” (Moscow edition, company “Russian Way,” 1992).

18. Rudiger Dahlke and Thorwald Dethlefsen, “The Healing Power of Illness: The Meaning of Symptoms and How to Interpret Them.”

19. The books of Vishnu-Devananda Swami.

20. The books of Eckhart Tolle.

# THE JEWISH APPROACH TO ASTROLOGY

Today many Jews are wary of studying the science of the planets, and regard it as unnecessary at best. Some may even consider it as contrary to the Jewish faith. It may come as a surprise for some to know how many references there are in Jewish literature to the planets and constellations. With this article I hope to clear up some of the misconceptions on this subject.

The traditional Jewish view on astrology is somewhat of a mystery. On the one hand, the Torah warns us against practicing divination or soothsaying, and to “be perfect with the L-rd your G-d” (Deut. 18:13). Rashi interprets this as “do not delve into the future.”

On the other hand, there are many passages throughout Jewish literature that indicate the validity of astrology. Perhaps the most obvious yet overlooked manifestation of the Jewish attitude to astrology is the famous Jewish wish “Mazal tov!” This is commonly translated as “good luck,” yet the literal translation of “mazal” is planet or constellation!

According to the Talmud, on one’s birth date the specific mazal under which he or she was born is particularly powerful, and this can cause increased success for that person (see Jerusalem Talmud, Rosh Hashana 3:8).

The Talmud (Shabbat 156a) speaks of an hourly cycle in which alternate seven mazalot, in this order: Saturn, Jupiter, Mars, Sun, Venus, Mercury, Moon. (This cycle starts at roughly 6 PM on Tuesday evening, i. e. the beginning of the fourth day of Creation, when the heavenly bodies and stars first came into existence.)

It continues to describe various personalities that are affected by these planets. For example: “He who is born under Jupiter will be a person intent on doing the right thing (the Hebrew word for Jupiter is tzedek, which means righteousness)... One born under Mars will be a shedder of blood... [Instances of this may be] a blood-drawer, a thief, a slaughterer, a performer of circumcision, or a judge who decides capital punishment.”

However there is an opinion later in the passage that states: “The nation of Israel has no mazal, as it is written (Jeremiah 10:2): Do not learn the way of the nations, and do not be dismayed at the signs of Heaven, for the nations are dismayed at them.”

The example is further given of the patriarch Abraham, whose son Isaac was born to him in his old age, although the position of his stars showed he was not destined for it. G-d told him: “Why do you think [you will not have children], because your constellation Jupiter is in the west, I will put it back in the east!”

It is further explained that while there indeed is a certain destiny determined by a person’s mazal, we are given the opportunity to rise above them through prayer to G-d and the performance of His commandments.

In particular it is written (Proverbs 10:2): “Charity saves from death.” The Talmud brings a story to illustrate this: “Rabbi Akiva had a daughter, about whom the astrologers foretold that on the day she enters the bridal chamber, a snake will bite her and she will die. He was very worried about this.

However, on that day she took a brooch and stuck it into the wall and it happened to penetrate into the eye of a serpent. The following morning, when she took it out, the snake came with it. “What did you do?” her father asked her. “A poor man came to our door in the evening,” she answered, “and everybody was busy at the banquet, and there was none to take care of him. So I took my portion and gave it to him.””

The Midrash states that Haman chose the month of Adar to carry out his plan to destroy the Jewish people because its zodiac sign, Pisces – the fish, indicated that he would swallow the Jews as fish swallow each other. Ultimately however he himself was the fish that ended up being swallowed.

The zodiac signs are also enumerated in many Jewish liturgical poems. One such composition describes the sun, moon, stars and twelve signs of the zodiac as mourning for the exile and the destruction of the Temple in Jerusalem.

One of the greatest Jewish poets, Shlomo ibn Gabirol, in his most famous composition “the Royal Crown” describing at length the greatness and majesty of G-d and His Creation, devotes a paragraph to each of the seven planets and the properties associated with them.

For example, he describes Venus as “producing tranquility, joy, delight, song, and exultation...” and Saturn as “awakening wars, plunder, spoil, and hunger, destroying lands and uprooting kingdoms, by the will of the One who appointed it to do its work.”

We see from the above that all negative forces associated with the Universe can be counteracted. With this we can understand Rashi’s directive “to not delve into the future”; while it is fine to be aware of the planets’ influence on us, this should not cause us to be unnaturally dependent on them, to the point of our entire life revolving around them.

What we can do is to make the most of their favourable effects, which definitely are beneficial according to all opinions, and to deal with any negative aspects without giving way to excessive worry about them.

Similarly, in the positive aspects we have the ability to better ourselves at any time, and are not limited to when any particular mazal is “on our side”; however it is self-understood that any auspicious time will only add to our performance.

Thus, while we are commanded not to engage in activities solely on the basis of time, we may arrange it so that certain actions begin at a time that is deemed auspicious, as a good omen (siman tov). For example, many have the custom to hold Jewish weddings only during the first half of the lunar month, when the moon’s light is growing larger.

Above all, we must not lose sight of the fact that ultimately it is G-d who controls the planets; they do not have free will nor any powers on their own, but they are the tools chosen by G-d to run this world. Thus one should not pray to them as separate entities. Instead, “the heavens tell of the glory of G-d” (Psalms 19:2). By meditating on the magnificent heavenly beings, who act as servants and emissaries of G-d, we can develop a much greater appreciation for their Master and

Creator. Of course, any understanding of the energies G-d put in the world should be utilized in order to better perform His will.

Rami Bleckt, the author of this book, has put together a most practical and informative guide to understanding the influence of the planets. The information he has made available can inspire and help many people to understand how they can indeed “come to terms with the universe.”

Rabbi Shmuel Rabin

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# HOW TO MAKE A DEAL WITH THE UNIVERSE OR THE PLANETS' INFLU- ENCE ON OUR FATE AND HEALTH

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